

WAUPACA COUNTY TRACK MEET

Saturday, April 26, 2014

- PARTICIPANTS:** Clintonville, Iola-Scandinavia, Manawa, Marion, New London, Waupaca, Weyauwega-Fremont
- OFFICIALS:** Linda Kassera (Weyauwega), Walt Kobs (Iola), Robert Krueger (New London)
- MEET MANAGER:** Pam Steiger
Freshman Academy Principal/Activities Director
New London High School
Office Phone #: 920-982-8420 ext. 1004
E-mail: psteiger@newlondon.k12.wi.us
- ENTRY FEE:** \$250.00 – if you have not paid please pay as soon as possible
- COACHES MEETING:** Coaches meeting will be held @ 9:00 behind the press box
- TICKETS:** Tickets will be sold at the door
- Adults = \$4.00
 - Students = \$3.00
- All coaches, athletes and managers are admitted free
- ENTRIES:** Schools will be allowed entries as per WIAA Regional Format
- Each school may enter a maximum of:
- One entry in each relay event
 - 28 individual entries for boys and girls
 - There is a maximum limit of 3 in any individual event
 - A school not using all eligible entries may not fill those after Thursday's deadline
 - The number of entries per event can not change after Thursday's deadline
 - An athlete may enter a maximum of 4 events, but no more than 3 running or 3 field events
- For relays
- Schools must enter individual names and a seed time
 - A maximum of 6 runners may be listed
 - Being listed as a relay team member counts as one of the four allowed events whether or not the student participates
 - Coaches have until the Clerk of Course checks in teams to determine which runners will compete
 - Relay seed times should consist of actual running times of the athletes that you think will be running (coaches should estimate if necessary)
- FACILITIES:** New London has a rubberized 400 meter track with 9 lanes in the straight away and 8 in the curves

1/4 pyramid spikes will be allowed on the track and runways

Shot Put and Discus is located on the north end of the track with only coaches and competitors allowed inside the fence

Pole Vault is located in the southwest corner of the facility

Long & Triple Jump is located at the south end of facility inside of the track

High Jump is located at the north end of the facility inside of the track

AWARDS:

Awards to be given:

- 1st place team trophies for Male & Female
- Combined Champion trophy
- Male & Female MVP trophies
- 1st, 2nd & 3rd place medals for all events

Trophies and awards will be announced as soon as the results are finalized

Coaches will be asked to report to the bullpen following the final race to nominate and select meet MVP's

A short awards ceremony will take place at the conclusion of the meet

PRIME TIME TIMING:

PT Timing will seed the meet, post heat/flight sheets, entry lists and results on line as soon as they are available

The entry window will be open from Thursday, April 17th @ 12:00 until Thursday, April 24th @ 12:00

TRAINER:

A certified Athletic Trainer will present throughout the entire day

CONCESSIONS:

Concessions will be available at the stadium throughout the day

RUNNING EVENTS:

Running events will start @ 9:45

All runners in open events will be assigned a hip number and only anchor runners in relays will be assigned hip numbers

There will be no trials for running events

Sections will be conducted in the running events based on the "best times" with the slowest runners in the first section and fastest in the last section

FIELD EVENTS:

Field events will start @ 9:30

Top 9 will advance to finals in Shot Put, Discus, Long Jump, & Triple Jump

High Jump Starting Heights (*Subject to change based on the field*):

- Boys: 5'2"
- Girls: 4'2"

Pole Vault Starting Heights Heights (*Subject to change based on the field*):

- Boys: 8'0"
- Girls: 5'0"

SCORING: Team scoring will consist of eight places for individual events (10-8-6-5-4-3-2-1)

Team scoring will consist of six places for relays (10-8-6-4-2-1)

BULLPEN: Please have athletes report to the bullpen on the first call

The bullpen will be located at the end of the track near the starting line (northwest corner of the track)

TENTS: Team tents can be set up on the grass outside of the gate on the west side of the stadium that is located near the port-a-potty area

RESTRICTED AREAS: Non-participating athletes and spectators will not be allowed inside of the fence surrounding the track

Athletes will not be allowed to linger on the grass inside of the track

EXCHANGE ZONES: Schools will be assigned to have coaches cover exchange zones in the following races:

800 Meter Relay

- 1st & 3rd exchange zones: Waupaca & New London
- 2nd exchange zones: Starters

400 Meter Relay

- 1st exchange zone: Weyauwega-Fremont & Clintonville
- 2nd exchange zone: Iola-Scandinavia & Marion
- 3rd exchange zone: Waupaca & Manawa

MEDIA: Results will be faxed to the Post Crescent (920-733-1945) and the Green Bay Press Gazette (920-431-8379)

If you need the results faxed anywhere else please provide the number

GAMES COMMITTEE: The games committee will consist of:

- Starter: Linda Kassera
- Starter: Walt Kobs
- Meet Manager: Pam Steiger
- Boys Coach: Iola-Scandinavia
- Girls Coach: Clintonville

WHEELCHAIR ATHLETES: Please inform New London at least 24 hours prior to the meet if you will have a wheelchair participant

WAUPACA COUNTY TRACK MEET

Time Schedule

- 9:00 Coaches Meeting behind the press box
Weigh-ins for implements next to concession stand until 9:20
- 9:20 End of field event and track warm-ups
- 9:30 Field Events Start
- Girls High Jump (Boys to follow after completion)
 - Boys Pole Vault (Girls to follow after completion)
 - Girls Long Jump 9:30 – 11:00
 - Boys Triple Jump 9:30 – 11:00
 - Girls Shot Put (Boys to follow after completion)
 - Boys Discus (Girls to follow after completion)
 - Boys Long Jump 11:30 – 1:00
 - Girls Triple Jump 11:30 – 1:00
- 9:45 Running Events Start
- 3200 Meter Relay – Girls
 - 3200 Meter Relay – Boys
 - 100 Meter High Hurdle – Girls
 - 110 Meter High Hurdle – Boys
 - 100 Meter Wheelchair (if necessary)
 - 100 Meter Dash – Girls
 - 100 Meter Dash – Boys
 - 1600 Meter Wheelchair (if necessary)
 - 1600 Meter Run – Girls
 - 1600 Meter Run – Boys
 - 800 Meter Relay – Girls
 - 800 Meter Relay – Boys
 - 400 Meter Wheelchair (if necessary)
 - 400 Meter Dash – Girls
 - 400 Meter Dash – Boys
 - 400 Meter Relay – Girls
 - 400 Meter Relay – Boys
 - 300 Meter Low Hurdles – Girls
 - 300 Meter Intermediate Hurdles – Boys
 - 800 Meter Wheelchair (if necessary)
 - 800 Meter Run – Girls
 - 800 Meter Run – Boys
 - 200 Meter Dash – Girls
 - 200 Meter Dash – Boys
 - 3200 Meter Run – Girls
 - 3200 Meter Run – Boys
 - 1600 Meter Relay – Girls
 - 1600 Meter Relay – Boys

WAUPACA COUNTY MEET BOYS' RECORDS

<u>EVENT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
100 Meter Dash	Dominic Masiarchin	Clintonville	11.02	2012
110 Meter High Hurdles	Curt Johnson	Waupaca	14.8	1981
200 Meter Dash	Dominic Masiarchin	Clintonville	22.47	2012
300 Meter Inter. Hurdles	Zach Johnson	Clintonville	40.0	2003
400 Meter Dash	Aaron Soto	Clintonville	50.7	1990
800 Meter Run	Chris Rombough	New London	1:57.56	2005
1600 Meter Run	Chris Rombough	New London	4:21.35	2005
3200 Meter Run	Chris Rombough	New London	9:44.84	2005
400 Meter Relay	Robert Pfeifer Nick Rulseh Cody Zuehl A.J. Russell	Clintonville	45.74	2009
800 Meter Relay	Dominic Masiarchin Trenton Gauthier Cody Zuehl Colin Moon	Clintonville	1:33.5	2010
1600 Meter Relay	B. Paul M. Werth M. Jorgenson Dave Arneson	Clintonville	3:34.9	1979
3200 Meter Relay	Malachi Cate Charlie Bowen Chris Rombough Ben Uphoff	New London	8:23.5	2003
High Jump	Ben Mezera	Waupaca	6'6"	1997
Pole Vault	Gordan Zietlow	Marion	14'0"	1995
Long Jump	Stewart Dewhurst	Marion	20'10"	1986
Triple Jump	Jason Hoyord	Iola-Scandinavia	41'10"	1997
Shot Put	Gabe Roberts	New London	58'4 ¼'	2012
Discus	Kyle Petermann	Clintonville	162'11"	2013

WAUPACA COUNTY MEET GIRLS' RECORDS

<u>EVENT</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
100 Meter Dash	Karen Jirschele	Clintonville	12.1	1982
100 Meter High Hurdles	Jenny Lochner	Waupaca	15.9	1991
200 Meter Dash	Dena Beekman	Waupaca	26.1	1987
300 Meter Low Hurdles	Bridget Pethke	New London	48.13	2012
400 Meter Dash	Rebecca Remington	Iola-Scandinavia	59.3	2000
800 Meter Run	Allison Johnson	Clintonville	2:22.75	2013
1600 Meter Run	Josey Bellin	Weyauwega-Fremont	5:16.63	2006
3200 Meter Run	Josey Bellin	Weyauwega-Fremont	11:30.26	2006
400 Meter Relay	Tammy Pufahl Lisa Blowney Jill Johnson Dena Beekman	Waupaca	53.1	1986
800 Meter Relay	Laurie Scheuer Sherri Koeppen Michelle Olson Karen Jirschele	Clintonville	1:52.8	1983
1600 Meter Relay	Sara Walker Carrie Opperman Kristen Beyer Rebecca Remington	Iola-Scandinavia	4:19.7	1999
3200 Meter Relay	Ashley Johnson Sam Hohn Nicole Hanson April Hanson	Clintonville	10:15.10	2010
High Jump	Rachel Melum	Iola-Scandinavia	5'8"	2010
Pole Vault	Alicia Moon	Clintonville	9'3"	2013
Long Jump	Shaina Ferg	Manawa	17'6"	2007
Triple Jump	Jill Johnson	Iola-Scandinavia	35'1.5"	1986
Shot Put	Jill Bonikowske	Manawa	37'11.5"	1996
Discus	Kayla Oberstadt	New London	122'7"	2008

WAUPACA COUNTY TRACK MEET CHAMPIONS

<u>YEAR</u>	<u>BOYS CHAMPION</u>	<u>GIRLS CHAMPION</u>	<u>COMBINED CHAMPION</u>
2013	Weyauwega-Fremont	New London	New London
2012	Waupaca	New London	New London
2011	Iola-Scandinavia	New London	New London
2010	Clintonville	Clintonville	Clintonville
2009	Clintonville	Clintonville	Clintonville
2008	Clintonville	New London	Clintonville
2007	Clintonville	Clintonville	Clintonville
2006	Waupaca	Clintonville	Clintonville
2005	Waupaca	Weyauwega-Fremont	New London
2004	Iola-Scandinavia	Weyauwega-Fremont	Iola-Scandinavia
2003	New London	Weyauwega-Fremont	New London
2002	New London	New London	New London
2001	Clintonville	Iola-Scandinavia	Clintonville
2000	Weyauwega-Fremont	Iola-Scandinavia	Iola-Scandenavia
1999	Iola-Scandinavia	Iola-Scandinavia	Iola-Scandenavia
1998	Waupaca	Clintonville	Waupaca
1997	Waupaca	Waupaca	Waupaca
1996	Waupaca	Waupaca	Waupaca
1995	Waupaca	New London	New London
1994	Waupaca	New London	Waupaca
1993	New London	New London	New London
1992	New London	Waupaca	Waupaca
1991	New London	Waupaca	New London
1990	New London	Waupaca	New London
1989	New London	New London	New London
1988	Waupaca	Waupaca	Waupaca
1987	Waupaca	Waupaca	Waupaca
1986	Waupaca	Waupaca	Waupaca
1985	Waupaca	Waupaca	Waupaca
1984	New London	New London	New London

WAUPACA COUNTY TRACK MEET MVP'S

<u>BOYS MOST VALUABLE</u>	<u>YEAR</u>	<u>GIRLS MOST VALUABLE</u>
Bryce Behn, Weyauwega-Fremont	2013	Allison Johnson, Clintonville/Amber Pethke, New London/ Tatiana Sotka, Waupaca
Dominic Masiarchin, Clintonville	2012	Amber Pethke, New London
Dominic Masiarchin, Clintonville/Tamas Peterson, Iola-Scandinavia	2011	Amber Pethke, New London
Devin Peterson, Iola-Scandinavia	2010	Rachel Melum, Iola-Scandinavia
Logan Malueg, Marion	2009	April Hanson, Clintonville
Quaye Meisenhelder, Weyauwega-Fremont	2008	Amanda Meagher, New London
Bryan Lindsley, Clintonville	2007	Shaina Ferg, Manawa
Nick Schaefer, New London	2006	Josey Bellin, Weyauwega-Fremont
Chris Rombough, New London	2005	Jess Pankow, Weyauwega-Fremont
Kasey Koch, Iola-Scandinavia	2004	Margaret Novak, Iola-Scandinavia
Chris Rombough, New London	2003	Michelle Schwartz, Iola-Scandinavia
Bryce Goetsch, Weyauwega-Fremont	2002	Meghan Mullaney, Waupaca
Dan Austin, Clintonville	2001	Rebecca Remington, Iola-Scandinavia
Alf Block, Clintonville	2000	Rebecca Remington, Iola-Scandinavia
Mark Nolan, Manawa	1999	Rebecca Remington, Iola-Scandinavia
Craig Gunderson, Waupaca	1998	Kristen Krubsack, Clintonville
Ben Mezera, Waupaca	1997	Erin Loeser, Iola-Scandinavia
Mike Milbauer, Marion	1996	Sarah Lochner, Waupaca
Eric Finger, Waupaca	1995	Erin Slosarek, New London
Corey Peterson, Manawa	1994	Paula Lochner, Waupaca
Shannon Lettau, Manawa	1993	Kristi Koplien, New London
Greg Kranzusch, New London	1992	Molly Lieberman, Manawa
Aaron Soto, Clintonville	1991	Erica Truman, Waupaca
Tim Bristol, Manawa	1990	Jenny Lochner, Waupaca
Tim Bristol, Manawa	1989	Katie Bellile, New London
Ryan Whitford, Marion	1988	Dena Beekman, Waupaca
Greg Lacey, Iola-Scandinavia	1987	Dena Beekman, Waupaca
NA	1986	Jill Johnson, Waupaca
Al Goris, Manawa	1985	Chris Milbauer, Marion
NA	1984	NA
Geoff Reynolds, Waupaca	1983	Karen Jirschele, Clintonville
Chad Cassiani, Clintonville	1982	Cindy Teague, New London
Kirk Johnson, Waupaca	1981	NA
Dave Arneson, Clintonville	1980	NA