

2014 Green Bay City Cross Country Meet Colburn Park

Date: Thursday, September 18th

Location: Colburn Park, Green Bay. From Hwy 41 exit east on West Mason St., turn right at Fisk St., go two blocks and turn left into the park.

Participating schools: Green Bay East, Green Bay Preble, Green Bay Southwest, Green Bay West, N.E.W. Lutheran and Notre Dame Academy.

Host School: Notre Dame Academy

General Information: Entries will be done online thru www.pttiming.com Entries will open 9/9 at noon and close 9/16 at noon. Late entries will result in a \$50 late fee.

Race Schedule:

3:30 - Middle School Co-ed	3,200 meters
4:00 - JV Boys	5K
4:30 - JV Girls	4K
5:00 - Varsity Boys	5K
5:30 - Varsity Girls	4K

Eight (8) varsity runners are permitted, unlimited JV runners. All eight (8) varsity runners will receive a place number and act as either team scorers (5) or displacers (3). The sum of the top five (5) place finishers for each team will comprise the varsity team score.

Minimal changes may be made prior to the start. A coaches meeting will be held at 3:00 in the shelter on the northeast end of the park.

Athletic Trainer:

Prevea Sports Medicine Trainer Terry Hess will be available for any medical assistance needed during the event. Also, Dr. Tim Pavek will be on site. Restrooms will be open adjacent to the shelter.

Lane Assignments:

1. Notre Dame Academy
2. Green Bay West
3. Green Bay East
4. Green Bay Southwest
5. Green Bay Preble
6. N.E.W. Lutheran

Awards: Presentation at the shelter.

Plaques to the first place girls & boys varsity teams. The first eight finishers will be first team all-City, followed by the next eight finishers (9-16) second team all-City. These runners will be recognized at the awards presentation ceremony with medals.

Plaques to the first place girls & boys junior varsity teams. Medals to the top 16 runners will be presented at the awards ceremony.

Results: Will be available at www.pttiming.com immediately after the race.

Concessions: Will be available at the park.

T-Shirts: Event T-shirts will be available at Colburn Park – Cost \$ 15.00

Entry Fee: \$ 150.00 – Please Make the check out to Notre Dame Academy.

If you have any questions concerning this meet, please contact Ken Flaten via email at kflaten@notredameacademy.com or via phone at 920 429-6108 or John Gard at 920-860-6780.

Green Bay City Cross Country Meet Coaches Information

Thursday September 18th 2014

1. A coaches meeting will take place at 3:00 in the north park shelter.
2. Welcome to the 2014 Green Bay City Meet!
3. The race schedule will be as follows:
 - Middle School Race: 3:15 PM 3,200 M
 - Boys JV race: 3:45 PM 5K
 - Girls JV race: 4:15 PM 4k
 - Boys Varsity Race: 4:45 PM 5k
 - Girls Varsity Race: 5:15 PM 4k
4. The games committee will consist of Bruce Zellner (Ref) and John Gard (ND).
5. Lanes are as follows:
 1. Notre Dame Academy
 2. Green Bay West
 3. Green Bay East
 4. Green Bay Southwest
 5. Green Bay Preble
 6. N.E.W. Lutheran
6. There will be concessions,