



Seymour High School 2014 Cross Country Invitational

Appleton North
 Appleton West
 Ashwaubenon
 Clintonville
 Freedom
 Green Bay East
 Green Bay Preble
 Green Bay Southwest
 Hortonville
 Kaukauna
 Kimberly
 Little Chute
 Menasha
 Neenah
 New London
 Notre Dame
 Oshkosh North
 Peshtigo
 Pulaski
 Seymour
 Shawano
 Waupaca
 West De Pere
 Xavier

Date: **Thursday, October 9, 2014**

Location: Crystal Springs Golf Course
N8055 French Road, Seymour

The start and finish lines of the race will be near the clubhouse.

Course Info: Boys - 5,000m
Girls - 5,000m
Coaches: *Maps will be included in your envelope packet, which you will receive upon arrival.*
***Please impress upon your runners that they need to stay off the 'greens' and 'tee areas'**

Awards: The varsity teams will be broken down into 2 divisions based on WIAA enrollment. There will be a 1st place team trophy for the boys and girls varsity races in each division

Varsity medals 1st-20th and J. V. medals 1st-15th

Order Of Events: Coaches meeting at 3:30 p.m. at the Finish Line.

Girls JV (unlimited)	4:00 p.m.
Boys Varsity (8 runners)	4:30 p.m.
Girls Varsity (8 runners)	5:00 p.m.
Boys JV (unlimited)	5:30 p.m.
Awards	ASAP

These are approximate times. Races will not be started until the course is cleared from the previous race. We will do our best to keep on schedule.

Entry Fee: \$120

Entry Format: We will utilize **pttiming.com** for entry submission. Your entries **must** be submitted via this website by **Tuesday, October 7 at noon**. A late fee will be assessed if your entry is late!

- Log onto the website and scroll down to the Seymour meet
- Click on meet entries and follow the prompts and directions.
- You will be able to make changes at the meet, if needed.
- You must designate varsity and JV runners on the forms.
- Rosters and timing chips will be provided.

If you have any questions regarding the meet or the above information, please contact Scott Michalski at: smichalski@seymour.k12.wi.us

Note: Commemorative long-sleeved and short-sleeved T-shirts will be available for \$15/\$10. Make checks payable to: "Thunder Runners". Outdoor bathroom facilities will be available. Concessions will be available.

*On behalf of Seymour Community Schools,
we look forward to seeing you on October 9th!*

Scott Michalski - Varsity Cross Country Coach
 Mark Zahn - Athletic Director
 920-833-2306, Ext. 498 - 920-366-2768 (cell)