

ELEVA-STRUM EARLY BIRD 2015

DATE: Tuesday, April 14, 2015

SITE: Eleva-Strum Central High School

TIME: 3:50P Coaches meeting
4:15P Field events and 4x800 Relay
4:30P Track events (no trials)

ENTRIES: Three athletes per event, one relay team.
WIAA 4 event limit enforced (no more than 3 field or 3 running)
Deadline to post entries NOON Sunday, April 12 on pttiming.com

SCORING: 10 8 6 5 4 3 2 1

EQUIPMENT: Blocks will be provided. ¼" spikes allowed on all weather surface.

FIELD EVENTS: 3 Vertical Jumps, 3 Throws, no finals
Long/Triple Jump Cafeteria style
Will run Boys & Girls – Pole Vault together
Girls – High Jump and Shot first
Boys – Discus first

ADMISSION: \$1 for all spectators

CONCESSIONS: Available throughout the meet.

TEAMS: Alma/Pepin, Alma Center Lincoln, Altoona, Augusta, Cadott, Durand, Fall Creek, Independence, Osseo/Fairchild, Prescott, Stanley-Boyd, Spooner and Eleva-Strum

QUESTIONS: Nadine Hanke, Head Coach
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