

BIG 8 CONFERENCE TRACK MEET

Friday, May 15^h, 2015
Hosted by Verona at Curtis Jones Field



- ENTRIES:** **36 Individual Entries Maximum**
Entries should be made at pttiming.com
No more than three entries in each individual event
One relay team entry in each relay event
WIAA rules determine which events an individual may enter
Entries must be entered on pttiming.com* by 11:59am Wednesday May 13th
*Also, e-mail wheelchair entries to Mark Kryka (krykamj@verona.k12.wi.us)
Teams not entering line-ups on pttiming.com by deadline will incur a \$50 fee
Coaches should pick up their team packet next to the concession stand when they arrive.
- SCRATCHES/
CHANGES:** Please make all scratches/changes at the finish line tent as soon as you arrive
Deadline for ALL changes is 2:45pm
- SCORING:** Eight place scoring for all events (10, 8, 6, 5, 4, 3, 2, 1)
- TIMING:** Fully Automatic Timing (PT Timing)
- AWARDS:** Medals will be awarded for the first 8 individual and 5 relay places
Awards and meet results may be picked up in the press box at the conclusion of the meet. Results will also be posted at pttiming.com

RUNNING EVENTS

All lanes are assigned by seed times.

100, 200, 400, 400 Relay, 800 Relay, High Hurdles, and 300 Hurdles are →4, 5, 3, 6, 2, 7, 1, 8, 9

800, 1600, 3200, 1600 Relay, and 3200 Relay are →1,2,3,4...

Trials: 100, 200, High Hurdles (unless 9 or less total athletes)

Qualifiers: Heat winners qualify plus the next fastest competitors to fill 9 lanes

Timed finals: In all timed finals the fastest section will be last

FIELD EVENTS

Pole Vault/High Jump

Competitors compete in order of submitted heights, lowest to highest
Five alive will be used

Long Jump/Triple Jump

Open pit trials for ninety minutes followed by fifteen-minute break and finals to completion

Shot Put/Discus

Three flights - Compete in order of shortest to longest
Finals will follow trials to completion

NOTE: Follow WIAA tournament sequencing of attempts for throws

- FACILITIES:** All running and jumping areas have an all-weather surface
The shot and discus areas are concrete; competition areas are outside the stadium
- RESTRICTED AREAS:** The infield area is off limits to athletes & coaches → all warm ups should occur outside the track area once the meet has begun (exception – during the break)
The press box is off limits to everyone except coaching staff & meet officials
The finish area is off limits to everyone except meet officials
Coaching boxes will be marked at all field events
- TEAM TENTS:** Team tents may only be set up in the grass behind the press box side of the stadium
- VALUABLES:** Please secure your own clothes and valuables, as we cannot be responsible for loss or theft.
- EQUIPMENT:** Please remind your runners that spikes may not be longer than 1/4”
Starting blocks will be the only equipment provided
Shot and discus will be checked in the track shed at the NW corner of the track prior to the meet. Hip numbers should be picked up in the track shed at the NW corner of the track
- TRAINER:** An athletic trainer will be available for athletes during the meet in the garage area
- CONCESSIONS:** Concessions will be available for athletes and spectators
There will be meal tickets to use at the concession stand for coaches in the team packet
- T-SHIRT SALES:** Big Eight Conference Meet shirts will be available next to the concession area
- ADMISSION:** \$5.00 – Adults
\$3.00 – Student & Children
- WEATHER:** If bad weather occurs the meet announcer will clear the stadium and instruct all athletes and spectators to enter the school.
- MEET STAFF:** Officials: Steve Barr, Bill Jabs, and Bill Semmens.
Meet Manager: Mark Kryka (Athletic Director)
Coaches on the Jury of Appeals: Doug Maughan (Sun Prairie Boys Coach)
and Stephanie Greiber (Madison La Follette Girls Coach)
- QUESTIONS:** Mark Kryka 608-845-4490 (Meet manager)



BIG 8 CONFERENCE



Order of Events & Time Schedule

FIELD EVENTS (Odd years, opposite for even years)

- 2:15 Co-ed Wheelchair Shot Put**
- 3:00 Boys Pole Vault, followed by Girls**
Boys Triple Jump, followed by Girls
Boys Discus, followed by Girls
Girls High Jump, followed by Boys
Girls Long Jump, followed by Boys
Girls Shot Put, followed by Boys

RUNNING EVENTS

- | | |
|---------------------------------|-------------------------------|
| 3:30 Girls 3200m Relay | Boys 800m Relay |
| Boys 3200m Relay | Girls 400m Dash |
| Girls 100m Dash Trials | Boys 400m Dash |
| Boys 100m Dash Trials | Co-ed Wheelchair 400m |
| Co-ed Wheelchair 100m | Girls 400m Relay |
| Girls 100m Hurdle Trials | Boys 400m Relay |
| Boys 110m Hurdle Trials | Girls 300m Hurdles |
| Girls 200m Dash Trials | Boys 300m Hurdles |
| Boys 200m Dash Trials | Girls 800m Run |
| Co-ed Wheelchair 1600m | Boys 800m Run |
| 15 Minute Break | Co-ed Wheelchair 800m |
| Girls 100m Hurdle Finals | Girls 200m Dash Finals |
| Boys 110m Hurdle Finals | Boys 200m Dash Finals |
| Girls 100m Dash Finals | Girls 3200m Run |
| Boys 100m Dash Finals | Boys 3200m Run |
| Girls 1600m Run | Girls 1600m Relay |
| Boys 1600m Run | Boys 1600m Relay |
| Girls 800m Relay | |

BIG 8 “CONFERENCE” TRACK MEET PROCEDURES

Entries: Each school is allowed 3 entries in each individual event and one relay team in each relay event with a maximum of 36 individual entries.

Eight Place Scoring: 10, 8, 6, 5, 4, 3, 2, 1

Timing: Automatic

Running Events

All lanes are assigned by seed times.

Lane assignments for the 100, 200, 400, 400 Relay, 800 Relay, High Hurdles, and

300 Hurdles are: 4, 5, 3, 6, 2, 7, 1, 8, 9

Lane assignments for the 800, 1600, 3200, 1600 Relay, and 3200 Relay are: 1,2,3,4...

Trials: 100, 200, High Hurdles:

9 lane track: 3 heats, first 2 in each heat qualify and the next 3 fastest times also qualify. In case of a tie for the 3rd fastest time, there will be a run-off immediately following trials and before the break.

Qualifiers: When automatic timing is used, heat winners qualify plus the next fastest competitors to fill all lanes.

Timed finals: In all timed finals the fastest section will be last.

Field Events

Pole Vault / High Jump

Competitors compete in order of submitted heights, lowest to highest.

Boys compete first in pole vault and girls compete first in high jump during odd dated years.

Five alive will be used.

Long Jump/Triple Jump

Girls long jump first and Boys triple jump first during odd dated years. Open pit trials for ninety minutes followed by fifteen-minute break and finals to completion.

Shot Put/Discus

Girls' shot put precedes discus during odd dated meets and goes to completion. Three flights. Compete in order of shortest to longest.

Boys' discus precedes shot put during odd dated meets and goes to completion. Three flights. Compete in order of shortest to longest.

NOTE: Follow WIAA tournament sequencing of events for throws.

DISCUS NOTE: Host school must provide a minimum of two spotters for the discus at the conference meet with at least one of them being an adult.