



Seymour High School

2015 Cross Country Invitational

Date: **Saturday, October 10, 2015**

Location: Seymour High School
10 Circle Drive, Seymour

The start and finish are closest to Rock Ledge Park
Enter Rock Ledge Park off of High Street

Parking: At Rock Ledge Park – enter park off of High Street and park just south of varsity baseball and softball diamonds

Course Info: Boys - 5,000m
Girls - 5,000m
Coaches: *Maps will be included in your envelope packet, which you will receive upon arrival.*
***Please impress upon your runners that sportsmanship is very important today**
***Course will make 2 1/2 laps.**

Awards: There will be a 1st place team trophy for the boys and girls varsity races for each division.
Varsity medals 1st-20th and J. V. medals 1st-15th (Based on ALL runners)

Order Of Events:

Girls JV (unlimited)	10:00 a.m.
Girls Varsity (8 runners)	10:30 a.m.
Boys Varsity (8 runners)	11:00 a.m.
Boys JV (unlimited)	11:30 a.m.
Awards	ASAP

These are approximate times after 10 am.

We will do our best to keep on schedule.

Entry Fee: \$120 – if costs are lower then entry fee will be adjusted down

Entry Format: All entries have already been entered. Changes (I believe) can be made on site. Please bear with us as we are still working on details. If you have questions regarding the meet or the above information, please contact Scott Michalski at: smichalski@seymour.k12.wi.us or Mark Zahn at mzahn@seymour.k12.wi.us or cell # 920-366-2768

Note: Commemorative long-sleeved and short-sleeved T-shirts will be available for \$15/\$10. Make checks payable to: "Thunder Runners". Outdoor bathroom facilities will be available. Concessions will be available

Green Bay
Southwest 1

Hortonville 1

Kimberly 1

Little Chute 2

Neenah 1

New London 2

Notre Dame 2

Oshkosh North 1

Peshtigo 2

Seymour 2

Xavier 2

**Number on side of
school is division**

*On behalf of Seymour Community Schools,
we look forward to seeing you on October 8th!*

Scott Michalski - Varsity Cross Country Coach
Mark Zahn - Athletic Director
920-833-2306, Ext. 498 - 920-366-2768 (cell)