

ELEVA-STRUM EARLY BIRD 2016

DATE: Tuesday, April 12, 2016

SITE: Eleva-Strum Central High School

TIME: 3:50P Coaches meeting
4:15P Field events and 4x800 Relay
4:30P Track events (no trials)

ENTRIES: Three athletes per event, one relay team.
WIAA 4 event limit enforced (no more than 3 field or 3 running)
Deadline to post entries **NOON Sunday, April 10** on pttiming.com

SCORING: 10 8 6 5 4 3 2 1

EQUIPMENT: Blocks will be provided. ¼" spikes allowed on all weather surface.

FIELD EVENTS: 3 Vertical Jumps, 3 Throws, no finals
Long/Triple Jump Cafeteria style
Will run Boys & Girls – Pole Vault together
Girls – High Jump and Shot first
Boys – Discus first

ADMISSION: \$1 for all spectators

CONCESSIONS: Available throughout the meet.

TEAMS: Augusta, Alma Center Lincoln, Altoona, Cadott, Durand, Eau Claire
Immanuel, Independence-Gilmanton, Osseo-Fairchild, Owen-Withee,
Prescott, Stanley-Boyd, Thorp, and Eleva-Strum

QUESTIONS: Nadine Hanke, Head Coach
Day Phone: 715-833-6510
Email: nolson4@cvtc.edu Fax: 715-695-3938