

UW-La Crosse Phil Esten Challenge

Friday, April 22nd, 2016

FIELD EVENTS:

3:00 High Jump (W)
Triple Jump (M & W)
Pole Vault (W)
Javelin Throw (M)

5:00 High Jump (M)
Pole Vault (M)
Javelin Throw (W)
Long Jump (M & W)

THROWS EVENTS:

3:00 Hammer Throw (M)-*North Ring*
Discus Throw (W)-*South Ring*

TBD Discus Throw (M)-*Venue tbd*
**venue for men's discus will be assigned following the completion of the men's hammer throw*
Shot Put (W)-*South Ring*

TBD Hammer Throw (W)-*North Ring*
Shot Put (M)-*North Ring*

TRACK EVENTS: 3:00pm start time for running events.

Time	Heats	Event	Round	Gender
3:00	3	100h	P	W
3:09	3	110h	P	M
3:20	6	100m	P	W
3:35	5	100m	P	M
3:50	1	5000m	F	W
4:12	1	5000m	F	M
4:31	1	4 x 100 Relay	F	W
4:37	1	4 x 100 Relay	F	M
4:45	4	400m	F	W
4:59	4	400m	F	M
5:15	1	110h	F	M
5:20	1	100h	F	W
5:27	1	100m	F	M
5:32	1	100m	F	W
5:37	3	800m	F	W
5:50	4	800m	F	M
6:06	3	400h	F	W
6:16	3	400h	F	M
6:35	1	3000m ST	F	W
6:53	1	3000m ST	F	M
7:08	6	200m	F	W
7:26	6	200m	F	M
7:47	4	1500m	F	W
8:14	5	1500m	F	M
8:45	2	4 x 400 Relay	F	W
9:05	1	4 x 400 Relay	F	M
9:15	1	10k	F	W
10:02	1	10k	F	M

Field Events

Decathlon Day 2 schedule: (all times are tentative)

12:00pm 110m Hurdles
Discus
Pole Vault
Javelin
1500m

Heptathlon Day 2 schedule: (all times are tentative)

12:00pm Long Jump
Javelin
800m