

Middle Border Conference

Track Meet



Date: May 17, 2016

Location: Fuller-Symes Field (Behind Ellsworth High School)
323 Hillcrest Street
Ellsworth, WI 54011

Starting Time: Field Events 4:00 pm/Running Trials 4:30 pm.

Entries: Place your entries with P-T Timing at www.pttiming.com.
P-T Timing charges a \$50 late entry fee if not done by the deadline.
Entries Close Sunday, May 15th at midnight.

Meet Format: We will be using the WIAA regional tournament entry format.

- 1 entry in each relay event
- 28 individual event entries
- A maximum limit of 3 in any individual event

Exchange Zone Judges:

4x200: 1 & 3 New Richmond & Osceola
4x200: 2 Prescott & Amery
4x100: 1 Baldwin
4x100: 2 SCC
4x100: 3 Somerset

Parking: Parking is on the south side of high school—between the school and field

Officials: Tom Carroll, Tim DeJardin, Dan Klaustermeier

Jury of Appeals: Tom Carroll, Tim DeJardin, Dan Klaustermeier
Boys Coach – Amery (Alternate – SCC)
Girls Coach – Baldwin (Alternate – Somerset)

Coaches:	Ellsworth Boys – Wade Kowalchyk	kowalchykw@ellsworth.k12.wi.us
	Ellsworth Girls – Marcie Jahnke	jahnkem@ellsworth.k12.wi.us
	Athletic Director – Ann Anderson	andersona@ellsworth.k12.wi.us

Order of Running Events:

4x800

100m trials

HH trials

200m trials

(heat winners + next fastest times to fill 8 lanes advance to finals)

15 minute break

100m/110m high hurdles

100m dash finals

1600m run

4x200 relay

400m dash

4x100m relay

300m lh/ih

800m run

200m dash

3200m run

4x400m relay

Order of Events:

- Boys Discus followed by Girls – weighed in at shed behind concessions
- Girls Long Jump Followed by Boys
- Boys Triple Jump followed by Girls
- Girls Shot Put followed by boys – weighed in at shed behind concessions
- Boys Pole Vault followed by Girls
- Girls High at the south pit
- Boys High Jump at the north pit

The LJ and TJ pits will be open cafeteria style for prelims from 4:00 until 5:45. Finalists will be announced and finals will begin as close to 6:00 as possible with the pits open for 75minutes from the time they are open. Starting heights for PV and HJ will be two increments below the 8th place entry.

Parking: Busses should park in the lot between the high school and the track.

Concessions: Will be available for purchase

Admission: \$3 for adults, \$2 for students.

Reminders: Please remind athletes that they are not to be in restricted areas unless they are participating in an event or on the way to an event. This includes the infield.