

2016 Verona CC Invitational-40th Annual-Sept 3, 2016

Welcome to the Verona Invitational, a great way to start your CC season. You will be running in one of Wisconsin's largest prep cross country races. **We will be running at the High School course this year on county trunk M. (1/2 mile north of HWY 151)**

email- Randy.Marks@verona.k12.wi.us and rtmarks@tds.net ANY QUESTIONS?

Entry Fees- \$ 145.00 per squad(\$ 290.00 for both boys and girls teams) \$ 30.00 per runner for incomplete teams- \$2 per runner for Middle School runners- Please contact your AD's to get the entry fee in promptly. Thanks.

You must run at least your top five runners in the varsity race!

Northwest Designs T shirts will be on sale – prices vary

Awards: Team Championship plaques for the top 2 teams in each varsity division. **The Bill Niederberger Award and Lisa Lubich Award** will be awarded for the teams with the lowest overall total in each varsity race. Individual awards: medals for runners 8-40 in each varsity race. The top seven in each race will be awarded statuettes. Junior varsity awards will be medals for the top 30 in each race. There will also be medals for the top freshman and sophomore in the meet. Each member of the winning varsity teams will also receive a medal.

Pick up chips and maps at the concessions stand

8:10 am- Coaches meeting at Concessions

8:30 am- Middle school 2.5K run 6th,7th, and 8th grade girls and boys- NO TEAM Scores- medals top 3 in each grade for middle school.

9:00 am - Boys Varsity- 5K

9:40 am - Girls Varsity- 5K

10:20 am- Boys JV- 5K

11:00 am – Girls JV- 5K

11:40 am -Open 5K- Must sign waver at concession stand to run. No athletes who have run in the earlier HS races may run the open race!!

12:40 pm- awards

Scoring : CHIP TIMING!! EACH RUNNER WILL WEAR ONE CHIP AND WILL CROSS THE TIMING WIRE AND BE TIMED AND PLACED IN THAT MANNER. JV RUNNERS and middle school runners WILL WEAR ONE CHIP. WE ASK THAT RUNNERS, PARENTS, AND MANAGERS DO NOT REENTER THE FINISH AREA WITH CHIPS AS THESE MAY BE ACCIDENTIALLY RECORDED AGAIN.

Entry Information: Do NOT include athletes you KNOW will NOT be able to run. If in doubt list them. Changes can be made race day but we want to minimize these as PT charges by the chip entered. Please enter on line at www.pttiming.com

Middle school runners are to be entered on line at pttiming. There will be no entrees on meet day. Separate checks can be sent later for MS runners entered. If you have 8 MS runners it would be \$16 more for them to run. All MS entrees should be made by the high school coach or middle school coach of one of the teams entered in our meet

<https://sites.google.com/site/veronacrosscountryboosters/home/verona-cc-invite>

The same with the 5K map, updated 5K map is in your email

Please: Send a team photo in digital form to this address: dave@wilemanprograms.com

by August 22nd

*** If you are not planning on running in this year's meet please email or call asap.**

*** If we have one of your teams running and they are not running please email with that information.**

	A	B	C	D	E	F
1	Teams for 2016 Verona CC Invite					
2						
3						
4				size	Lane	Division
5	KENOSHA INDIAN TRAILS		Div 1- Girls & Boys	2597		1
6	SUN PRAIRIE		DIV-1 Girls & Boys	2271		1
7	MIDDLETON		Div 1- Girls & Boys	2148		1
8	MADISON WEST		Div 1- Girls & Boys	2134		1
9	MADISON MEMORIAL		Div 1- Girls & Boys	1955		1
10	JANESVILLE CRAIG		Div 1- Girls & Boys	1809		1
11	VERONA		Div 1- Girls & Boys	1585		1
12	MADISON LAFOLLETTE-Boys		Div 1- Boys	1525		1
13	OREGON		Div 1- Girls & Boys	1157		1
14	STOUGHTON		Div 2- Girls & Boys	1047		2
15	WAUTOSA WEST		DIV-2 Girls & Boys	1038		2
16	BARABOO		Div 2 - Girls & Boys	991		2
17	MONONA GROVE		Div- 2 Girls & Boys	968		2
18	FORT ATKINSON		Div 2- Girls & Boys	923		2
19	LACROSSE LOGAN		Div-2 Girls	822		2
20	MCFARLAND		Div-2- Girls & Bpys	698		2
21	MONROE		Div-2 -Girls & Boys	690		2
22	WHITEWATER		Div-3 Boys & Girls	573		3
23	MADISON EDGEWOOD		Div 3 - Girls	544		3
24	MAUSTON		Div 3 Girls & Boys	512		3
25	PLATTEVILLE		Div 3- Girls & Boys	443		3
26	RIVER VALLEY		Div-3- Girls & Boys	421		3
27	WISCONSIN DELLS		Div 3-Girls & Boys	415		3
28	WESTFIELD		Div 3- Girls & Boys	352		3
29	WESTBY		Div- 3 Girls & Boys	349		3
30	NEW GLARUS MONTICELLO		Div 3- Girls & Boys	333		3
31	AQUINAS		Div-3 Girls and Boys	305		3
32						
33						

Meet Instructions for Verona Invite

- 1. Please follow instructions for handing out your chips from pttiming. Carefully check the numbers you issue to your runners and make sure they are properly assigned. There may be a transfer from Varsity to JV so make sure they are transferred to the proper runners. When you are finished with all your races please return ALL chips to the chip table. Do not allow your runners to leave for home without turning in their chips. The charge for a lost chip is listed in PT's instructions**
- 2. Coaches and athletes: After each race the results will be posted on the boards near the concessions area. Check these carefully to make sure you have the correct place and have been recorded as running. If there are any errors in individual or team scoring report these immediately to pttiming so they can be corrected. Do not wait until awards to report any errors.**

Athletes: check results so you know your place and time. If you are in the top 40 in varsity and top 30 in JV you will be earning an award. Please be present or have a teammate present to accept your award. Awards will NOT be mailed.

Verona CC Invitational 2016-40th Annual

One of Southern Wisconsin's Oldest Meets

The Verona Invitational is held on a hilly, twisting, wooded terrain that is true cross country. It is probably one of the toughest courses in the state rating 8.5 out of a possible 10 difficulty. It is a great spectator course with multiple views of the competing athletes.

Boys Course Records- Verona Country View Course Girls Course Records 5K

Country View Course-Present Course						Country View 5000 Meter Records-Present Course					
9th Grade	5000 M	16:25	Andrew Perkins	Watertown	2004	9th Grade	5000M	19:49	Payton Sippy	Janesville Craig	2014
10th Grade	5000 M	15:54	Ryan Nameth & Finn Gessner	Verona	2012	10th Grade	5000M	19:58	Bailey Cronin	Beloit Memorial	2014
11th Grade	5000 M	15:45	Olin Hacker	Madison West	2013	11th Grade	5000M	19:33	Trista Pringle	Sun Prairie	2015
12th Grade	5000 M	15:21	Olin Hacker	Madison West	2014	12th Grade	5000M	18:24	Amy Davis	Madison Edgewood	2014
Individual Champions Verona Invitational											

Boys		Girls
1977	Chip Lindenlaub - McFarland	Lynell Gordon- Monona Grove
1978	Chris Thompson- Madison Edgewood	Lynell Gordon- Monona Grove
1979	Ben Hoffland- Fennimore	Lynell Gordon- Monona Grove
1980	Ben Hoffland- Fennimore	Becky Beachley- Verona
1981	Kelly Delany- Madison Edgewood	Jackie Anderson- Mt. Horeb
1982	Matt Radke- Stoughton	Sue Keeney- Middleton
1983	Brian Pahnke- McFarland	Mari Thomas- Madison LaFollette
1984	Tom Rolling- Madison LaFollette	Lori Wolter- Sauk Prairie
1985	Eric Staab- Janesville Parker	Ginny Claas- Lake Mills
1986	Mike Raemisch - Waunakee	Molly McClimon- Madison Edgewood
1987	Jeff Malloy- Nekoosa	Molly McClimon- Madison Edgewood
1988	Chad Englekes- Platteville	Molly McClimon- Madison Edgewood
1989	Phil Downs- Madison Memorial	Amy Wickus- Baraboo
1990	Phil Downs- Madison Memorial	Shannon Hunt- Verona
1991	Phil Downs- Madison Memorial	Anne Koenigs- Fond Du Lac
1992	Jeffers Egan- Middleton	Tiffany Speckman- Juda
1993	Tom Marks- Verona	Tiffany Speckman- Juda
1994	Mike Barnhardt- Eau Claire North	Kristina Betzhold- Eau Claire North
1995	Gabe Jennings- Madison East	Kendra Fredrick- Fond Du Lac Goodrich
1996	Gabe Jennings- Madison East	Jolene Hanson- Mauston
1997	Keachen Abing - Onalaska	Liz Ruesser-Middleton
1998	Dan Sutton-West Bend East	Liz Ruesser-Middleton
1999	John LeRoy -Oshkosh North	Erin Blum- Baraboo
2000	Noah Kauffman- Madison West	Megan Hakomaki- LaCrosse Central
2001	Allen Thompson- LaCrosse Central	Krista Jahamiak-LaCrosse Central
2002	Ryan Gasper- Fort Atkinson	Krista Jahamiak- LaCrosse Central
2003	Ryan Gasper-Fort Atkinson	Maggie Hippman-Madison Memorial

2004	Ryan Gasper-Fort Atkinson	Asia Myrland- Verona
2005	Andrew Perkins- Watertown	Nicole Burr- Onalaska
2006	Josh Lund – Janesville Craig	Ashley Beutler- New Glarus-Monticello
2007	Spencer Agnew- Fort Atkinson	Ashley Beutler-New Glarus-Monticello
2008	Alex Brill- Madison LaFollette	Kiah Ehrke- Stoughton
2009	Abdou Seye- Madison LaFollette	Maddie Hibshman- Onalaska
2010	Tommy Meister- Janesville Craig	Tricia Serres- Platteville
2011	Tommy Meister- Janesville Craig	Oliva Pratt- Madison West
2012	Ryan McCoy- New Glarus-Monticello	McKaela Christenson- Baraboo
2013	Olin Hacker- Madison West	Siena Casanova- Madison Memorial
2014	Olin Hacker-Madison West	Amy Davis- Madison Edgewood
2015	Finn Gessner- Madison LaFollette	McKensey Van Wie- Sun Prairie

Team Champions Verona Invitational

Verona Invitational Team Champions			
Boys		Girls	
1977	Verona	1977	No team score
1978	Fennimore	1978	Monona Grove
1979	Fennimore	1979	Verona
1980	Mt. Horeb	1980	Verona
1981	Fennimore	1981	Verona
1982	Madison LaFollette	1982	Middleton
1983	Verona	1983	Verona
1984	Madison LaFollette	1984	Verona
1985	Div I Beloit Turner 210	1985	Div I - Lake Mills 135
	Div II Madison LaFollette 72		Div II - Middleton 47
1986	Div I Wausau Newman 146	1986	Div I Steven Pt Pacelli 108
	Div II Sun Praire 132		Div II Verona 104
1987	Div I Nekoosa 126	1987	Div I McFarland 143
	Div II Verona 75		Div II Monroe 89

1988	Div I Fennimore 295	1988	Div I Fennimore 297
	Div II Oregon 34		Div II Oregon 106
	Div III Middleton 163		Div III Monroe 115
1989	Div I Albany 132	1989	Div I Albany 212
	Div II Verona 156		Div II Oregon 77
	Div III Middleton 117		Div III Madison Memorial 143
1990	Div I Madison Memorial 128	1990	Div I Madison Memorial 114
	Div II Verona 140		Div II Verona 110
	Div III Fennimore 209		Div III Albany 227
1991	Div I LaCrosse Logan 122	1991	Div I Madison LaFollette 161
	Div II Verona 135		Div II Verona 132
	Div III Albany 180		Div III Albany 218
	Scores from 1992 on are scored within Division only!		
1992	Div I Middleton 44	1992	Div I Madison LaFollette 75
	Div II Monroe 75		Div II Verona 37
	Div III Albany 42		Div III Albany 61
1993	Div I Madison Memorial- 41	1993	Div I Sun Prairie- 46
	Div II Verona-35		Div II Verona- 24
	Div III- Albany 53		Div III- Columbus 50
1994	Div I- Madison Memorial- 60	1994	Div I- Fond Du Lac- 150
	Div II- Verona- 70		Div II- Baraboo- 154
	Div III- West Salem- 182		Div III - Albany- 147
* Overall scores in 1994 due to computer error			
1995	Div- I Verona- 88	1995	Fond Du Lac- 70
	Div- II -Onalaska - 51		Onalaska- 56
	Div- III- Fennimore- 49		Fennimore- 32
1996	Div I- LaCrosse Central- 42	1996	Div I- Middleton- 47
	Div II- Onalaska- 31		Div II- Oregon- 71
	Div III- Lakeside Lutheran		Div III- Westby- 52
1997	Div I- Verona-60	1997	Div I- LaCrosse Central-38

	Div II- Onalaska-58		Div II-Monroe-51
	Div III- Lakeside Lutheran-53		Div III- West Salem- 45
1998	Div I-LaCrosse Central-51	1998	Div I- LaCrosse Central-32
	Div II- Monroe-37		Div II- Monroe-33
	Div III- Lakeside Lutheran-52		Div III- Mauston-71
1999	Div I- LaCrosse Central-57	1999	Div I- LaCrosse Central-30
	Div II- Monroe-23		Div II- Monroe-21
	Div III- West Salem-46		Div III-Mauston-41
2000	Div I-LaCrosse Central- 44	2000	Div I-LaCrosse Central-18
	Div II- Monroe-52		Div II-Baraboo- 60
	Div III-Mauston-40		Div III-Lakeside Lutheran-54
2001	Div I- Middleton-37	2001	Div I-LaCrosse Central-22
	Div II- Baraboo-61		Div II-Baraboo-48
	Div III- Lake Side Lutheran-49		Div III-Lakeside Lutheran-39
2002	Div I- LaCrosse Central-48	2002	Div I-LaCrosse Central-49
	Div II-McFarland- 57		Div II-Monroe- 37
	Div III-Lake Side Lutheran- 35		Div III-Mauston-54
2003	Div I-Janeville Craig-71	2003	Madison Memorial-42
	Div II- Fort Atkinson-60		Monroe-27
	Div III-Lakeside Lutheran-21		Lakeside Lutheran-35
2004	Div I- Verona-65	2004	Div I- LaCrosse Central-70
	Div II- Monroe-33		Div II- Monroe-34
	Div III- Lakeside Lutheran-17		Div III-Lakeside Lutheran-25
2005	Div I- Madison LaFollette-80	2005	Div I- LaCrosse Central-80
	Div II-Monroe- 23		Div II- Sauk Prairie-27
	Div III- Lakeside Lutheran-40		Div III- Lakeside Lutheran-33
2006	Div I- Madison LaFollette-40	2006	Middleton- 42
	Div II- Oregon- 52		Fort Atkinson- 64
	Div III- McFarland-44		Lakeside Lutheran- 37
2007	Div I- Madison LaFollette-20	2007	Middleton-54
	Div II- Port Washington-38		Onalaska-47
	Div III- McFarland- 39		Lakeside Lutheran- 34
2008	Div I- Madison West-49	2008	Janesville Craig-79
	Div II- Port Washington-53		Onalaska- 38
	Div III- Platteville- 44		Lakeside Lutheran-42

2009	Div- I- Verona- 62	2009	Madison West- 43
	Div II- Port Washington-59		Port Washington- 55
	Div III-New Glarus-Monticello - 53		Westby- 48
2010	Div-I Madison West- 49	2010	Madison West- 25
	Div-II Baraboo- 43		Oregon- 48
	Div-III New Glarus Monticello 64		Aquinas-44
2011	Div I- Janesville Craig- 35	2011	Madison West-16
	Div II- Baraboo- 42		Fort Atkinson- 40
	Div III- Aquinas - 35		Aquinas- 41
2012	Div I- Madison LaFollette-43	2012	Madison West- 22
	Div II- Baraboo- 24		Fort Atkinson- 35
	Div III- Aquinas- 40		Westby- 50
2013	Div I- Madison West-46	2013	Middleton- 41
	Div II- Baraboo- 23		Stoughton- 35
	Div-III- Madison Edge- 40		Mauston- 30
2014	Div- I Madison LaFollette	2014	Middleton- 42
	Div- II Baraboo- 29		LaCrosse Logan- 29
	Div- III Mauston- 34		Madison Edgewood- 28
2015	Div-I Madison LaFollette- 39	2015	Sun Prairie- 54
	Div II – Baraboo- 37		LaCrosse Logan - 54
	D-III - Aquinas - 62		Westby - 61