

WEST DE PERE INVITATIONAL

DATE: Tuesday, May 9th
SCHOOLS: West De Pere, Green Bay Preble, Manitowoc,
Green Bay Southwest, Luxemburg-Casco, Notre Dame
OFFICIALS: Mary DeYoung, Bob Krueger, Don Tolkacz

MEET MANAGER:

Scott Eggart
Assistant Principal/Activities Director
West De Pere High School
Email: seggart@wdpsd.com

COACHES MEETING:

- Meeting will be held in the press box at 3:30
- Scratches ONLY at coaches meeting. No replacements for scratches.
- **Games Committee:** Field Referee and one head coach from each school

MEET ENTRY INFORMATION:

- **ENTRY FEE: \$150**
- INDIVIDUALS MAY ENTER FOUR EVENTS, IN ACCORDANCE WITH WIAA RULES.
SCHOOLS MAY ENTER:
 1. One relay per event
 2. 28 individual event entries for boys and girls
 3. There is a maximum limit of three in an individual event
- Prime Time Timing will seed the meet, post heats/flights, and post results online
- **Entries must be submitted on pttiming.com by Sunday, May 7th at 11:59 AM**

ADMISSION TO THE MEET:

- All coaches, athletes, managers, and spectators will be admitted free

SCORING:

- Team scoring will consist of six places for individual events (10-8-6-4-2-1)
- Team scoring will consist of five places for relays (10-8-6-4-2)
- Medals will be awarded for 1st and 2nd places.

FACILITIES:

- Rubberized 400 meter track with 6 lanes all around and 8 in the straight away
- 1/4 inch pyramid spikes will be permitted on the track and runways
- Shot Put and Discus is located east of the track outside the fenced area
- Long and Triple Jump pits are located on the east side of the track behind the visitor bleachers
- Pole Vault is located on the North end of the facility inside the track
- High Jump is located on the South end of the facility inside the track
- Use **CHALK ONLY** for markings in field events and relays
- Concessions will be available at the stadium during the meet

RUNNING EVENTS:

- Start @ **4:00** with the 3200 Meter Relay(Girls followed by Boys)
- Running trials will be held in this order: Girls 100, Boys 100, Boys 110 High Hurdles & Girls 100 High Hurdles.
- ****15 Minute Break****
- Running Finals: 100 HH Girls then 110 HH Boys and the remaining running events will follow in proper order.

FIELD EVENTS:

- Field events will start @ **4:00**
- Pole Vault and High Jump will be conducted in the five alive continuing flight procedure
- Competitors will be allowed 3 attempts in long jump, triple jump, shot put & discus with top 8 advancing to finals for an additional 3 attempts.
 - Boys Pole Vault (Girls to follow after completion)
 - Girls High Jump (Boys to follow after completion)
 - Girl Long Jump - **SOUTH PIT – OPEN PIT (4:00 – 4:45) FINALS (5:00-5:30)**
 - Boys Triple Jump - **NORTH PIT – OPEN PIT (4:00 – 4:45) FINALS (5:00-5:30)**
 - Boys Long Jump and Girls Triple Jump will follow Finals
 - Girls Shot Put (Boys to follow after completion)
 - Boys Discus (Girls to follow after completion)

ATHLETIC TRAINER:

- A certified Athletic Trainer will be present and located near the finish line throughout the meet
 - Jeanine Zeamer - Bellin Health

BULLPEN:

- Please have athletes report to the bull pen located on the north end of the track on the first call
- All runners in open events will be assigned a hip number and only anchor runners in relays will be assigned hip numbers

TENTS:

- Team camps/tents can be set up outside the track area on the grass behind the concession stands on the west side of the stadium

RESTRICTED AREAS:

- Non-participating athletes and spectators will not be allowed inside the fences surrounding the track.
- Only athletes warming up will be permitted on the infield/turf area

WHEELCHAIR:

- Please inform West De Pere at least 24 hrs. prior to the meet if you will have a wheelchair participant.

MEDIA:

- Results will be faxed to :
 - Green Bay Press Gazette: (920) 431-8379

WEST DE PERE INVITATIONAL TRACK MEET

Time Schedule

3:30 **Coaches Meeting in the press box**

4:00 **Field Events Start**

- Boys Pole Vault (Girls to follow after completion)
- Girls High Jump (Boys to follow after completion)
- Girls/Boys Long Jump - **SOUTH PIT**
- Boys/Girls Triple Jump - **NORTH PIT**
- Girls Shot Put (Boys to follow after completion)
- Boys Discus (Girls to follow after completion)

4:00 **Running Events Start**

- 3200 Meter Relay – Girls
- 3200 Meter Relay – Boys
- 100 Meter Dash Trials - Girls
- 100 Meter Dash Trials - Boys
- 110 Meter High Hurdle Trials – Boys
- 100 Meter High Hurdle Trials – Girls
- ***15 MINUTE BREAK*****
- 100 Meter High Hurdle Finals – Girls
- 110 Meter High Hurdle Finals – Boys
- 100 Meter Dash Finals – Girls
- 100 Meter Dash Finals – Boys
- 1600 Meter Run – Girls
- 1600 Meter Run – Boys
- 800 Meter Relay – Girls
- 800 Meter Relay –Boys
- 400 Meter Dash – Girls
- 400 Meter Dash – Boys
- 400 Meter Relay – Girls
- 400 Meter Relay –Boys
- 300 Meter Low Hurdles – Girls
- 300 Meter Intermediate Hurdles –Boys
- 800 Meter Run – Girls
- 800 Meter Run – Boys
- 200 Meter Dash – Girls
- 200 Meter Dash – Boys
- 3200 Meter Run – Girls
- 3200 Meter Run – Boys
- 1600 Meter Relay – Girls
- 1600 Meter Relay – Boys