

Dairyland Conference Track Meet
Cochrane – Fountain City High School
Thursday, May 11, 2017
Rain Date – Monday, May 15, 2017
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Teams: Alma – Pepin, Augusta, Blair – Taylor, C – FC, Eau Claire Immanuel, Eleva – Strum, Independence – Gilmanton, Lincoln, Melrose – Mindoro, Whitehall

Times: Coaches meeting will be held at 3:40 pm in the press box. Field Events will begin promptly at 4:00 pm and running events will begin at 4:45 pm with the 3200-meter relay, followed by preliminaries in the 100 Meter Dash, High Hurdles, and 200 Meter Dash. The top 8 times in each event will advance to the finals. A 15-minute break will follow the completion of the preliminaries and the meet will continue with the High Hurdle Finals followed by the 100 meter dash finals and regular meet schedule. In the field event finals, the top 9 competitors will advance to the final.

Officials: Karl Bisek, David Durni, Jim Hanke

Entries: Entries will be done online through PT Timing. Go to pttiming.com to submit your online entries. Entries will close on Tuesday, May 9 at 12:00 pm (noon).

Entries will be limited to WIAA tournament series regulations.

- **28 individual entries**
- **3 entries maximum for each individual event**
- **1 relay entry in relay each event**

Order of Events: The WIAA order of events for the tournament series will be followed. This can be found on pages 53 and 54 of the spring regulations book or by following the link below.
https://www.wiaawi.org/Portals/0/PDF/Publications/Spring_Sport_Regs/tracktounregs.pdf

Boys Discus Followed by Girls

- 3 Preliminary throws; top 9 competitors advance to finals

Girls' Long Jump Followed by Boys (Schedule will run earlier if possible)

- 3 preliminary jumps; top 9 competitors advance to finals
- Girls Open pit from 4:00 – 5:15 and finals from 5:15 – 5:45
- Boys Open pit from 6:00 – 7:15 and finals from 7:15 – 7:45

Boys' Triple Jump Followed by Girls (Schedule will run earlier if possible)

- 3 preliminary jumps; top 9 competitors advance to finals
- Boys Open pit from 4:00 – 5:15 and finals from 5:15 – 5:45
- Girls Open pit from 6:00 – 7:15 and finals from 7:15 – 7:45

Girls Shot Put Followed by Boys

- 3 Preliminary throws; top 9 competitors advance to finals

Boys' Pole Vault Followed by Girls

Girls' High Jump Followed by Boys

WIAA season regulations will govern all competition.

Facility: The track is an 8 lane Fisher Track. ¼ inch pyramid spikes may be used on the track, On all runways, and jumping surfaces. Tape is not allowed on any of the surfaces. Chalk will be provided for athletes to mark starting points.

Scoring: NFHS scoring will be used for an eight (8) team meet. Individual events will be score At a 10-8-6-5-4-3-2-1 basis, scoring the top 8 places. Relay events will be scored 10-8-6 5-4-3-2-1, scoring the top 8 places.

Additional Information: Admission for this meet will be \$4 for adults and \$1 for students, with under 6 being free. The team entry fee total for boys and girls combined is \$150 payable to Cochrane – Fountain City High School. Buses are asked to park around the back side of the school in the marked off area. Concessions will be available for purchase. Please keep team camps outside the track in the designated area next to 100 and hurdle starting line. Athletes should not be warming up in the infield area. In recent meets we have also had athletes move to the infield area as spectators once events are completed for them. Please keep spectators out of the infield area. Only meet officials, event workers, and athletes in the next event on the track will be allowed in the infield. Please talk with athletes about the pacing rule (i.e. running with a runner, or back and forth across the infield) as we have had to give warnings out on this in meets already hosted.

Awards: 1st and 2nd place finishers will receive All Conference certificates following the completion of the meet in high school gym. Bleachers will be pulled out. Please keep track spikes out of the building.