

Trempealeau County Meet
Monday, April 30, 2018
Eleva-Strum High School

General information:

1. Participating schools: Arcadia, Blair-Taylor, Eleva-Strum, Galesville-Ettrick-Trempealeau, Independence/Gilmanton, Osseo-Fairchild, Whitehall
2. WIAA Regional format entries. . . 28 individual entries / one relay.
3. Scoring: 8 places (10-8-6-5-4-3-2-1), 6 places for relays (10-8-6-4-2-1)
4. Awards: Team trophies for boys and girls champion, medals for 1st– 3rd place.
5. Spikes (No longer than 1/4”) are allowed on the track and all jumping surfaces.
6. We will be using on-line entry through pttiming.com. Entries will be due by NOON, Saturday, April 28.
7. Scratches only at the coaches meeting!
8. Coaches meeting: 3:40pm (in the press box)
Field Events : 4:00 pm
Running Events: 4:30 pm
Note: There will be no trials – all events will be finals by time.
Please be accurate and truthful with your entry times.
9. Entry Fee: \$150.00
10. Spectator Admission: \$3 Adults, \$1 Students

Questions: Call (715-833-6510 or Cell 715-579-5691) or email nolson4@cvtc.edu with questions!

Nadine Hanke
Head Track and Field Coach
Eleva-Strum High School

TREMPEALEAU COUNTY MEET ORDER OF EVENTS

3:40 COACHES MEETING (press box)

4:00 FIELD EVENTS Girls Shot followed by Boys
Boys Discus followed by Girls
Long & Triple Jump - 4 jumps – no finals
(cafeteria style 4:00 – 6:30)
Boys High Jump followed by Girls
Girls Pole Vault followed by Boys

4:30 RUNNING

3200 meter relay

100/110 Hurdles

100 Dash

1600 m Run

800 m Relay

400 m Dash

400 m Relay

300 m Hurdles

800 m Run

200 m Dash

3200 m Run

1600 m Relay

Awards Presentation