

Waupaca High School is proud to host the 40th annual

Waupaca County Meet
Saturday, April 28th, 2018
Waupaca High School Track

Prime Time Timing (www.pttiming.com) will be used for entries, timing, and results. The entry window will be open from **noon on April 19th through noon on Thursday, April 26th** and once your entries are in, you can edit them anytime until the deadline. Participating schools are Clintonville, Iola-Scandinavia, Manawa, Marion, New London, Waupaca, and Weyauwega-Fremont.

Teams that fail to meet the deadline will be charged a late fee of \$50, which must be paid prior to the start of the meet in order for their entries to be accepted.

Prime Time will seed the meet, as well as post heat/flight sheets, entry lists, and results online as soon as they are available. Results will also be sent to local media.

Scratch / replacements will be allowed the day of the meet. Individuals involved in substitutions will not be reseeded, but will assume the same section, heat, lane, and/or flight assignment of the original entry.

Facilities: Waupaca has an eight-lane rubberized 400 meter track. One-quarter pyramid spikes will be allowed on the track and runways. The surface for the shot put and discus circles are concrete. Starting blocks will be provided.

Entries: Schools will be allowed entries as per the WIAA Regional format.

Each school may enter a maximum of:

1. One entry in each relay event.
2. 28 individual entries for boys and girls.
3. There is a maximum limit of three in any individual event.
4. A school not using all eligible entries may not fill those after Thursday's deadline.
5. The number of entries per event can **not** change after Thursday's deadline.
6. An athlete may enter a maximum of four events, but no more than three running or three field events.

For Relays

1. Schools must enter individual names and a seed time.
2. A maximum of six runners may be listed.
3. Being listed as a relay team member counts as one of the four allowed events whether or not the athlete participates.
4. Coaches have until the Clerk of Course checks in teams to determine which runners will compete.
5. Relay seed times should consist of actual running times of the athletes that you think will be running. Coaches should estimate if necessary.

Running Events: All runners in open events will be assigned a hip number. Only anchor runners in relays will be assigned a hip number. Qualifying from trials to finals will be the winner in each heat plus the next fastest times from any heat until all eight lanes are filled. Sections will be conducted in the remaining running events based on the "best times" with the slowest runners in the first section and fastest in the last section.

Field Events: Preliminaries will be conducted in the Long Jump, Triple Jump, Shot Put, and Discus. Each competitor will receive three trials. The best nine will qualify for Finals. The finalists will receive three additional trials with the winning distance coming from either the preliminaries or the finals.

In the long jump and triple jump, preliminaries will be one hour and will be done “open pit”. Finalists will be announced as soon as possible. Finals will begin at 10:45 and will be done in rounds (1,1,1). A strict 15 minute time limit for checking out will be enforced. The other jumping event will begin 20 minutes after the finals for both events are completed.

Shot put and discus will be conducted in flights. The better throwers will be in the last flights. Finalists will be announced as soon as possible after the conclusion of the last flight. The preliminaries and finals will be done in rounds (1,1,1). A strict 15 minute time limit for checking out will be enforced. The other throwing event will begin 20 minutes after the finals for both events are completed.

Weigh in for implements will be by the bathrooms.

The starting height for the Pole Vault and High Jump shall be determined by using the eighth best height and then subtracting two increments.

Scoring: Team scoring will consist of eight places (10-8-6-5-4-3-2-1) for individual events and six places for relays (10-8-6-4-2-1).

Coaches Meeting: Will be held under the pressbox at 9:00. Coaches should also report to the pressbox following the conclusion of the meet to nominate and select meet MVP's.

Awards: Trophies and awards will be announced as soon as the results are finalized. Awards for this meet include: first place team trophies, a combined champion trophy, male and female MVP trophies, and medals for first, second, and third place winners in all events.

Admission: Adults = \$4.00 Students = \$2.00

All coaches, managers, and athletes in uniform are admitted free. Be sure to have your hand stamped by the official upon entering the main gate.

Animals on School Grounds: Please get the word out to your parents and spectators that animals are not allowed at school events.

Supervision: Coaches are responsible for all their team members. Non-participating athletes and spectators will not be allowed in restricted areas. They will need to stay behind the fenced in area of the track. Team areas must be located past the ticket stand between the fences that separate the track area from the baseball outfield.

We need your help to spread the word that there is to be no gum, sunflower seeds, or any food on the track or on the football/soccer field at any time. Food particles can and will ruin our new facilities. So if you can please let your athletes know that they have to spit out their gum before entering the track that would be greatly appreciated. Thank you for your help.

Fee: Please send the \$250.00 entry fee to Waupaca High School, E2325 King Road, Waupaca, WI 54981 Attn: Carl Eggebrecht before Thursday, April 19th or bring it the day of the meet.

Concessions: Concessions will be available providing brats, hamburgers, cheeseburgers, and hot dogs, along with a variety of drinks and snacks.

If you have any questions, please contact Carl Eggebrecht, Waupaca Middle School Principal / Waupaca High School Athletic Director, Waupaca High School at (715) 258-4131.

WAUPACA COUNTY MEET TIME SCHEDULE

9:00 Coaches meeting under the pressbox.

9:20 Warm-up in field events will end and competitors will check in and be given final instructions.

9:30 Field events begin

Girls High Jump - Boys to follow after completion of event.

Boys Pole Vault - Girls to follow after completion of event.

Girls Long Jump - Boys to follow after completion of event.

Boys Triple Jump - Girls to follow after completion of event.

Girls Shot Put – Boys to follow after completion of event.

Boys Discus – Girls to follow after completion of event.

10:00 3200 meter Relay - girls

3200 meter Relay - boys

100 meter High Hurdle trials - girls

110 meter High Hurdle trials – boys

100 meter Dash trials - girls

100 meter Dash trials - boys

15 minute break

100 meter High Hurdle final - girls

110 meter High Hurdle final - boys

100 meter Dash final - girls

100 meter Dash final - boys

1600 meter Run - girls

1600 meter Run - boys

800 meter Relay - girls

800 meter Relay - boys

400 meter Dash - girls

400 meter Dash - boys

400 meter Relay - girls

400 meter Relay - boys

300 meter Low Hurdles - girls

300 meter Intermediate Hurdles - boys

800 meter Run – girls

800 meter Run - boys

200 meter Dash - girls

200 meter Dash - boys

3200 meter Run - girls

3200 meter Run - boys

1600 meter Relay - girls

1600 meter Relay – boys

The final decision about having finals only or having preliminaries and finals in Long Jump, Triple Jump, Shot Put, and Discus will be made Saturday morning based on the weather and the number of entries. This also applies to finals only or having trials and finals in the 100 meter Dash and High Hurdles.