

Mondovi Track and Field Invite
Mondovi High School Track & Field Complex
Monday, May 7, 2018

Teams: Arcadia, Augusta , Boyceville, Durand, Elk Mound, Elmwood/Plum City, Menomonie, Mondovi, Mondovi Blue, Neillsville, Saint Croix Central

Entries:

- Entries will be done online at <http://www.pttiming.com>
- The meet will be by FAT timed courtesy of PT Timing
- Entries will open on Wednesday, May 2nd at Noon and will close at Noon on Saturday May 5th.
- Entry fee is \$200 for both genders
- Schools may enter up to **3 athletes per event and one relay team**

Facility:

We have an 8 lane 400 meter polyurethane structural all-weather track surface. The long jump, triple jump and pole vault runways and high jump area is of the same track surface (***all markings should be done in chalk-do not use tape***). The throwing circles are concrete. All running surfaces allow for up to ¼ inch pyramid spikes.

- Team camps will be located north of grandstand in roped off area
- No tape will be allowed on track surface-ONLY USE CHALK (provide your own)

Awards:

- Medals to the top two individuals and relays in each event
- Team trophy for the first place team

Concessions:

There will be a full concessions stand available for this meet.

Scoring:

10-8-6-5-4-3-2-1

PV/HJ:

Opening heights will be determined at the coaches meeting.

Pole Vault:

Please make sure to have the appropriate PV verification form. The form can be downloaded at:
https://www.wiaawi.org/Portals/0/PDF/Sports/Track/tf_pvweight.pdf

Admission Fee:

\$4 for adults \$3 for students

Clerk of Course:

The clerk of course and bullpen area will be located at the start of the 100m dash starting line. Athletes need to be checked in by the second call of the event in which they are running. Field event athletes need to check in at their event area prior to the start of event competition.

Bus Parking

Bus parking is available in the parking lot behind the grandstand.

Jury of Appeals:

Randy Pongratz (Meet Manager), Paul Bielmeier (Mondovi), Herb Schneider (Durand), TBA

Relay Exchange Zone Judges: *(Relay flags will be located at starting line)*

4x200 M Relay

- Exchange 1 and 3: Menomonie and St. Croix Central

4x100 M Relay

- Exchange 1: Arcadia and Augusta
- Exchange 2: Mondovi and Elk Mound
- Exchange 3: Neillsville and Durand

Hurdle Judges: *(Observe hurdle races watching for infractions)*

- Mondovi and any team willing to supply a volunteer or two

Contact:

Randy Pongratz – AD/Meet Manager

rpongratz@mondovi.k12.wi.us or 715.926.3656 x1356

Jamie McGuire – Head Track Coach

jmcguire@mondovi.k12.wi.us or 715.926.3656 x1233

Schedule

- 3:15 Implement Weigh-In (Underneath grandstand)
- 3:30 Coaches Meeting (Press Box)
- 4:00 **Girls HJ** – followed by **boys**
Boys PV – followed by **girls**
Girls Shot – followed by **boys**
- 3 throws- Prelims and Finals (9 advance to finals)
 - Finals will begin ten minutes after prelims
- Boys Discus**- followed by **girls**
- 3 throws- Prelims and Finals (9 advance to finals)
 - Finals will begin ten minutes after prelims
- Boys Long Jump**- open pit from 4:00-5:00 (North Runway)
- 3 jumps- Prelims and Finals (9 advance to finals)
 - Finals will begin ten minutes after prelims
 - **Girls Long Jump**- 20 minutes warm-up upon the completion of the boy's long jump. One hour for the completion of prelims with the finals to follow ten minutes later
- Girls Triple Jump**- open pit from 4:00-5:00 (South Runway)
- 3 jumps- Prelims and Finals (9 advance to finals)
 - Finals will begin ten minutes after prelims
 - **Boys Triple Jump**- 20 minute warm-up upon the completion of the girl's triple jump. One hour for the completion of the prelims with finals to follow ten minutes later.
- 4:30 **Running Events**

We will operate on a rolling time schedule. Athletes need to listen for race calls and announced start times for field events. Girls races will be run first, followed by boys **(with the exception of the 100/110 m high hurdle final)**.

4 x 800 M Relay
100 M Dash Prelims
100/110 M Hurdles Prelims
200 M Dash Prelims

15 minute break

110 M High Hurdle Finals
100 M Hurdles Finals
100 M Dash Finals
1600 M Run
4x200 M Relay
400 M Dash
4x100 M Relay
300 M Hurdles
800 M Run
200 M Dash Finals
3200 M Run
4 x 400 M Relay