

UW Oshkosh Titan Challenge

Saturday, February 16, 2019

Kolf Sports Center

Teams: Beloit College, Carroll University, Carthage College, Concordia University Wisconsin, Edgewood College, Lake Forest, Lawrence, Northern Michigan, Ripon College, St. Norbert, UW-Oshkosh, UW-Eau Claire, UW-Stevens Point, UW-Stout, UW-Whitewater

Entry Procedure: Entries will be done online **ONLY** – Please do not fax or call with entries.

[http: www.directathletics.com](http://www.directathletics.com) Must use current season TFRS marks.

Online entry procedure:

- Current 2018-19 season indoor entry marks from TFRS only
- If No Mark available, an NM or NT will be the other option
- Additions/changes will not be made after **entries are closed**

Entry Fee:

\$200 for Men's team

\$200 for Women's team

\$20 per individual (not to exceed \$200 per team/gender)

Cash or institutional check-payable to *UW Oshkosh Track & Field*; no personal checks

*Unattached Athletes please contact Head Coach Justin Kinseth at kinsethj@uwosh.edu

Entry Deadline: Wednesday, February 13th at 11:59 PM

Weigh-in: All implements must be weighed prior to competition @ competition venue.

Illegal implements will be impounded – pick up after event ends.

Weigh-in time: 8:30am-9:30am

Finals: Field events – 9 advance to finals; 60m/60 Hurdles – 8 advance to finals

Exhibition athletes, if racing, will NOT be eligible for Finals

Scoring: Individuals: 10-8-6-5-4-3-2-1

Relays: One relay per gender, per institution can be entered.

Starting Heights: will be determined when heat sheets are completed

200m Declaration: All open 200m athletes must declare at the check in table by the end of the 400m.

200m and 400m Lane Assignments: All lanes will be used. Slow to Fast.

Lane Order: 5,6,4,3,2,1. Top seeded marks will be placed in 3,4,5, or 6 until complete, bottom seeds will be placed in lanes 1 and 2 throughout all heats.

Scratch Lines: Will be implemented once entries are complete.

TEAM CAMPS LOCATIONS WILL BE ASSIGNED: Locations will be downstairs in hallways and/or on the infield upstairs.

If you have any questions, please contact Head T&F Coach Justin Kinseth at 920-424-7134 or kinsethj@uwosh.edu

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TIME SCHEDULE

*We will update time schedule when we have heat sheets.

WE WILL "SOFT" ROLL (10 minutes max) AHEAD OF SCHEDULE

TRACK EVENTS: All Running Events Slow to Fast

9:30am	3000m Meter Run (Slower Heat for each gender)
10:00am	60m Qualifying Rounds
10:20am	60m Hurdles Trials Women then Men
10:45am	60m Dash Trials
11:05am	Mile Run
11:45am	400m Dash
12:40pm	60m Hurdles Finals Men then Women
12:50pm	60m Dash Finals
12:55pm	800 Meter Run
1:25pm	200m Dash
2:30pm	3000 Meter Run
3:20pm	4X400 Meter Relay

- Women will race first in all track events. *

FIELD EVENTS:

9:30am	Pole Vault	Women Starting Height 2.86m THEN Men 3.95m Women: 2.86-3.06-3.26-3.46-3.66 Men: 3.95-4.15-4.35-4.55-4.75
10:00am	Long Jump	Women AND Men (two runways) Triple Jump to start 20 minutes after completion of Long Jump for both genders on two runways
10:00am	High Jump	Women Starting Height 1.40m THEN Men 1.77m Women: 1.40-1.45-1.50-1.55-1.60-1.65 Men: 1.77-1.82-1.87-1.92-1.97-2.02
10:00	Women's Weight Throw, Men's Shot Put	THEN Switch

- Throwing events will take place downstairs in Gym A. All throwing events are contested on wooden rings.