

ELEVA-STRUM EARLY BIRD 2019

- DATE: Tuesday, April 9, 2019
- SITE: Eleva-Strum Central High School
- TIME: 3:50P Coaches meeting
4:15P Field events and 4x800 Relay
4:30P Track events (no trials)
- ENTRIES: Three athletes per event, one relay team.
WIAA 4 event limit enforced (no more than 3 field or 3 running)
Deadline to post entries NOON Sunday, April 7 on pttiming.com
- SCORING: 10 8 6 5 4 3 2 1
- EQUIPMENT: Blocks will be provided. ¼" spikes allowed on all-weather surface.
- FIELD EVENTS: 3 Vertical Jumps, 3 Throws, no finals
Long/Triple Jump Cafeteria style (pit open from 4:15-6:45P)
Boys – Pole Vault and Discus first
Girls – High Jump and Shot first
- ADMISSION: \$3 for Adults, \$1 for students
- CONCESSIONS: Available throughout the meet.
- TEAMS: Augusta, Alma Center Lincoln, Cadott, CV Lightning Bolts, Durand, EC Immanuel, Elk Mound, Greenwood, Independence/Gilmanton, Osseo-Fairchild, Owen-Withee, Stanley-Boyd, and Eleva-Strum
- QUESTIONS: Nadine Rovang, Head Coach
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