TO: Athletic Directors & Track Coaches
Amery, Barron, Flambeau, Frederic, Glenwood City, Grantsburg, Hayward, Luck, Osceola, Prescott, St. Croix Central, Somerset, Spring Valley, Webster

FROM: Renee Chapek – Meet Manager
Phone: 715-268-9771, ext. 234 or 342
FAX: 715-268-7792

RE: **AMERY INVITE – MAY 3, 2011**

DATE: Tuesday, May 3 – 4:00 p.m.

COACHES MEETING: Bottom level of press box at 3:45.

TIME: Field Events 4:00 PM/Running Trials 4:30 PM. Note: we will start promptly at 4:00; so if you need extra time for approach runs, get here early!

OFFICIALS:
Steve Eichman
Tim DeJardin
Doug Hjersjo

MEET FORMAT: This meet will use the WIAA regional format. 28 total entries, up to 3 per event. 3 jumps/throws in prelims, trials in 100, high hurdles and 200

BUS PARKING: Busses will park in the north parking lot of the middle school. Please **do not** park along the fence near the track. This is handicapped parking only.

ORDER OF EVENTS:
All field events should occur simultaneously followed by the 3200 meter relay and if necessary, by trials in specified running events (sprints and hurdles).
45 minutes prior to the running events
Boys Pole Vault
Boys Triple Jump
Boys Discus
Girls High Jump
Girls Long Jump
Girls Shot Put
These events will be contested first, followed by the other gender when the event is completed.
3200 Meter Relay (Girls)
3200 Meter Relay (Boys)
100 Meter Dash (Girls)
100 Meter Dash (Boys)
100 Meter High Hurdles (Girls)
110 Meter High Hurdles (Boys)
200 Meter Dash (Girls)
200 Meter Dash (Boys)
Break – 15 minutes
100 Meter High Hurdles (Girls)
110 Meter High Hurdles (Boys)
100 Meter Dash (Girls)
100 Meter Dash (Boys)
1600 Meter Run (Girls)
1600 Meter Run (Boys)

800 Meter Relay (Girls)
800 Meter Relay (Boys)
400 Meter Dash (Girls)
400 Meter Dash (Boys)
400 Meter Relay (Girls)
400 Meter Relay (Boys)
300 Meter Low Hurdles (Girls)
300 Meter Intermediate Hurdles (Boys)
800 Meter Run (Girls)
800 Meter Run (Boys)
200 Meter Dash (Girls)
200 Meter Dash (Boys)
3200 Meter Run (Girls)
3200 Meter Run (Boys)
1600 Meter Relay (Girls)
1600 Meter Relay (Boys)

FORMAT FOR COMPETITION: See WIAA booklet. A 15 minute break will occur between preliminaries and finals.

EXCHANGE ZONE JUDGES: Will be assigned at coach's meeting.

SPIKES: 1/4" spikes are allowed on all competition surfaces (except shot and disc)

ENTRY FEE: **$150** which should be in by Friday, April 29

ADMISSION: We will charge $3.00 admission at the gate, which includes a program. There will be concessions sold at the meet.

AWARDS: Trophies for 1st place teams in both a LARGE AND SMALL school division. A combined team trophy will also be awarded, medals for the top finishers and relays in each event.

ENTRIES: Entries will be done with PtTiming at www.pttiming.com. Entries will open on April 25 at noon and close on **Friday April 29, 2011 at midnight.**

FACILITIES: We have an 8 lane track with provisions to run the 100/110 hurdles and 100 dashes in the opposite direction should wind conditions require that change. We also have separate pits and runways for the long and triple jump. We also have a ticket booth, concession stand, and permanent bathroom facilities on site. Please do not have your athletes enter any of our school buildings to use restroom facilities.

INFIELD: **Only coaches and participants are allowed in the infield during running events.**

MEET MANAGER: Renee Chapek, 715-268-9771, ext. 234 or email at chapekr@amerysd.k12.wi.us

RESULTS: The results will be posted online at www.pttiming.com as soon as possible after the conclusion of the meet.