

**DAIRYLAND CONFERENCE TRACK AND FIELD MEET**  
**THURSDAY, MAY 12<sup>th</sup>, 2011**  
**WHITEHALL HIGH SCHOOL**

- Date:** Thursday, May 12<sup>th</sup>, 2011
- Rain Date:** Monday, May 16<sup>th</sup>, 2011
- Site:** Whitehall High School Track
- Entries:** A school may enter a maximum of:
- one entry in each relay event
  - 28 individual entries
  - maximum of three individuals in any individual event
- Rules:** WIAA (four-event limit, no more than 3 field events or 3 running events)
- Entries:** Entries are due by 11:59 P.M., Tuesday, May 10<sup>th</sup>. Go to [www.pttiming.com](http://www.pttiming.com) to enter athletes. Scratches only at the coaches meeting. No additions will be allowed.
- Lanes:** Lane 4 will be seeded with the fastest time with lanes 5-3-6-2-7-1-8-9 with next fastest times.
- Awards:** All-Conference certificates will be awarded to the top three place winners in each individual and relay event. The winner of each event will be 1<sup>st</sup> team all-conference, 2<sup>nd</sup> place will be 2<sup>nd</sup> team all-conference, and the 3<sup>rd</sup> place finisher will be honorable mention all-conference. I would like to start awarding the certificates during the 3200 meter run. We will have an awards area on the infield in front of the grandstand. We will try and get a picture of each group of athletes and post this picture on our district web site.
- Equipment:** Blocks will be provided. Be sure your athletes use spikes longer than ¼ inch. You must bring your own batons.

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**General:** Absolutely no one except contestants running in races and meet officials will be allowed on or inside the track. We ask team set up “camps” between the high school building and the track. We ask schools help cleaning up their camp area at the conclusion of the meet. Concessions will be provided by the Whitehall Booster Club.

**Admission:** We will charge admission for the event.  
Adults: \$3:00                      Children: \$1:00  
No more than \$10.00 per family

**Implements:** Implements will be weighed at door closest to the track.

**Throws:** Each competitor will get three throws with the top 9 throwers given 3 additional throws in the finals.

**Long and Triple Jump:** Each jumper will be get three jumps in the preliminaries to be taken between 4:15 and 6:15 taken cafeteria style. Finals will start at 6:30 with jumps taking place in reverse order. Moving to the finals will be the top 9 jumpers in each event.

**Running Prelims:** Moving to the finals will the winner of each heat plus the next fastest times until all lanes are filled.

**Questions:** Phone:           (715) 538-4364 Ext 165 (School)  
                              (715) 985-3022 (Home)  
Fax                    (715) 538-4639  
Email                [walekc@whitehallsd.k12.wi.us](mailto:walekc@whitehallsd.k12.wi.us) (School)  
                              [walekla@triwest.net](mailto:walekla@triwest.net) (Home)

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**Time Schedule:**

- 3:45 Coaches meeting  
Room 108 (Enter door closest to track)  
4<sup>th</sup> room on the left.
- 4:00 Girls pole vault
- 4:15 Field Events:  
Girls shot put followed by the boys  
Boys discus followed by the girls  
Boys and girls long jump (4:15-6:15 preliminaries)  
Boys finals first followed by the girls (6:30 finals)  
Boys and girls triple jump(4:15–6:15 preliminaries)  
Girls finals first followed by the boys (6:30 finals)  
Boys and girls high jump
- 4:30 3200 meter relay finals (girls)  
3200 meter relay finals (boys)  
100 meter dash trials (girls)  
100 meter dash trials (boys)  
100 meter hurdle trials (girls)  
110 meter hurdle trials (boys)  
200 meter dash trials (girls)  
200 meter dash trials (boys)

**15 minute Break**

- 100 meter hurdle finals (girls)  
110 meter hurdle finals (boys)  
1600 meter run (girls)  
1600 meter run (boys)  
4 X 200 meter relay (girls)  
4 X 200 meter relay (boys)  
400 meter dash (girls)  
400 meter dash (boys)  
4 X 100 meter relay (girls)  
4 X 100 meter relay (boys)  
300 meter hurdles (girls)  
300 meter hurdles (boys)  
800 meter run (girls)  
800 meter run (boys)  
200 meter dash finals (girls)  
200 meter dash finals (boys)  
3200 meter run (girls)  
3200 meter run (boys)  
4 X 400 meter relay (girls)  
4 X 400 meter relay (boys)

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