

BIG 8 “CONFERENCE” TRACK MEET PROCEDURES

Entries: Each school is allowed 3 entries in each individual event and one relay team in each relay event. 36 Individual Maximum entries. Entries are due on May 12th at NOON.

Eight Place Scoring: 10, 8, 6, 5, 4, 3, 2, 1

Timing: Automatic

Running Events

All lanes are assigned by seed times.

Lane assignments for the 100, 200, 400, 400 Relay, 800 Relay, High Hurdles, and

300 Hurdles are: 4, 5, 3, 6, 2, 7, 1, 8, 9

Lane assignments for the 800, 1600, 3200, 1600 Relay, and 3200 Relay are: 1,2,3,4...

Trials: 100, 200, High Hurdles:

9 lane track: 3 heats, first 2 in each heat qualify and the next 3 fastest times also qualify. In case of a tie for the 3rd fastest time, there will be a run-off immediately following trials and before the break.

Qualifiers: When automatic timing is used, heat winners qualify plus the next fastest competitors to fill all lanes.

Timed finals: In all timed finals the fastest section will be last.

300 Hurdles: 3 sections.
400: 3 sections
800: 2 sections with a 1 turn stagger
1600: 2 sections with a waterfall start
3200: 1 section with a waterfall start

Field Events

Pole Vault / High Jump

Competitors compete in order of submitted heights, lowest to highest.

Boys compete first in pole vault and girls compete first in high jump during odd dated years.

Five alive will be used.

Long Jump/Triple Jump

Girls long jump first and Boys triple jump first during odd dated years. Open pit trials for ninety minutes followed by fifteen-minute break and finals to completion.

Shot Put/Discus

Girls' shot put precedes discus during odd dated meets and goes to Discus completion. Three flights. Compete in order of shortest to longest.

Boys' discus precedes shot put during odd dated meets and goes to completion. Three flights. Compete in order of shortest to longest.

~~**NOTE: Field event procedures listed above are opposite for even dated years.**~~

NOTE: Follow WIAA tournament sequencing of events for throws.

DISCUS NOTE: Host school must provide a minimum of two spotters for the discus at the conference meet with at least one of them being an adult.

ANNUAL JV CONFERENCE INVITATIONAL

- 3 entries in running events, 4 entries for field events and two relay teams in each relay event.
- no seed times necessary as entries will be seeded by matrix with one entry per school in the first, second, and third heats (heats will progress from fastest to slowest throughout the meet)
- score will not be kept and there will be no awards
- JV Conference meet to be held 1st Thursday of Conference competition.
- Each School will provide a timer for their own runner.

TIME SCHEDULE FOR CONFERENCE TRACK MEET

NOTE: 3:45 running trials with a rolling schedule, 15-minute break minimum, ~~5:00 running finals with a rolling schedule, follow the approved time schedule on the current time sheet but subtracting 25 minutes. Examples: If trials end at 4:50, finals start at 5:05. If trials end at 4:30, finals start at 5:00.~~

| <u>Running Trials</u> | | | <u>Field Events</u> | |
|-----------------------|-------|----------------------------|---------------------|--|
| 3:45 | Girls | 100 Dash | 1:30 | Boys Pole Vault followed by Girls for <u>ODD DATED YEARS</u> |
| 3:57 | Boys | 100 Dash | 3:00 | a) <u>ODD DATED YEARS</u> |
| 4:15 | Girls | 100 H.H. | | Girls High Jump, followed by Boys |
| 4:32 | Boys | 110 H.H. | | Girls Long Jump, followed by Boys |
| 4:50 | Girls | 200 Dash (not before 4:25) | | Girls Shotput, followed by Boys |
| 5:02 | Boys | 200 Dash | | Boys Discus, followed by Girls |
| | | | | Boys Triple Jump, followed by Girls |
| | | | | b) <u>OPPOSITE FOR EVEN DATED YEARS</u> |

| <u>Running Finals</u> | | | |
|-----------------------|-------|------------|-------------|
| 3:00 | Girls | 3200 Relay | 1 section |
| 3:15 | Boys | 3200 Relay | 1 section |
| 5:25 | Girls | 100 H.H. | |
| 5:35 | Boys | 110 H.H. | |
| 5:40 | Girls | 100 Dash | |
| 5:45 | Boys | 100 Dash | |
| 5:50 | Girls | 1600 Run | 2 sections* |
| 6:05 | Boys | 1600 Run | 2 sections* |
| 6:20 | Girls | 800 Relay | * * |
| 6:30 | Boys | 800 Relay | * * |
| 6:40 | Girls | 400 Dash | * * |
| 6:55 | Boys | 400 Dash | * * |
| 7:10 | Girls | 400 Relay | * * |
| 7:20 | Boys | 400 Relay | * * |
| 7:30 | Girls | 300 L.H. | * * |
| 7:50 | Boys | 300 I.H. | * * |
| 8:05 | Girls | 800 Run | 3 sections |
| 8:20 | Boys | 800 Run | 3 sections |
| 8:35 | Girls | 200 Dash | |
| 8:40 | Boys | 200 Dash | |
| 8:45 | Girls | 3200 Run | 1 section |
| 9:00 | Boys | 3200 Run | 1 section |
| 9:15 | Girls | 1600 Relay | * * |
| 9:30 | Boys | 1600 Relay | * * |

WHEELCHAIR COMPETITION:

In the event of a wheelchair competition, the schedule will be as follows:

- 100 m (after the boys 100m dash trials)
- 1600m (~~during the break~~) (following 200 trials)
- 400m (after the boys 400m dash)
- 600m (after the boys 800m dash)
- Shot Put will be at 2:30

* If there are 24 or fewer competitors, there will be only 1 section.

** Number of heats will be determined by number of lanes and number of entries.

NOTE #1: Conference meet will not be held on tracks with less than nine lanes.

NOTE #2: All running and field events for Annual Conference JV Invitational will begin at 4:30.

NOTE #3: ~~Schools will supply one worker to be assigned by host school.~~