

SEYMOUR COMMUNITY SCHOOL DISTRICT



Seymour High School 2022 Cross Country Invitational October 6, 2022 - Seymour High School & Rock Ledge Park

TEAMS	Appleton North, Appleton West, Ashwaubenon, Denmark, Fox Valley Lutheran, Freedom, Green Bay East, Green Bay Preble, Green Bay Southwest, Little Chute, Marathon, Marinette, Menasha High School, New London, Notre Dame, Oshkosh North, Oshkosh West, Peshtigo, Seymour, Shawano, West DePere, and Xavier.
COURSE INFO	Teams and spectators should refer to the Course Map . Buses are asked to abide by the Directions and Drop Off Information and locations on the map. The course is 5,000m.
ENTRIES	PT Timing will provide timing services. Your entries must be submitted by October 4th at Noon. If you have any questions regarding entries please contact Scott Michalski .
OFFICIALS	Don Tolkacz and Bruce Zellner
ATHLETIC TRAINER	Kassie Yeazel, L.A.T., of Bellin Health will provide medical coverage of the event.
APPAREL	Apparel order information was sent out on September 22nd. Shirts will be pre-bagged and ready for pickup on the day of the meet near the finish line.
ORDER OF EVENTS	Girls JV - 4:00pm Boys Varsity - 4:45pm Girls Varsity - 5:15pm Boys JV - 5:45pm Awards at the Stadium as soon as possible Order of Events and Lane Assignments *These are estimated start times. *Varsity is restricted to 8 runners per team.
AWARDS	The varsity teams will be broken down into 2 divisions based on WIAA enrollment for team awards. There will be a 1st place trophy for the boys and girls varsity races in each division. Varsity medals 1st-20th (based on all runners). JV medals (1st-10th) will be handed at the finish chute (based on all runners).

We look forward to hosting your team and a great invite. If there is anything we can do to assist, please contact me or, on meet day, any one of our event staff.

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