

Ashland Optimist Eagle Run Southern Boone Middle School Cross Country Invitational

Wednesday, September 23, 2020

Location: Ashland Optimist Club, 511 Optimist Drive, Ashland, MO

Race Times: 2:30 Coaches Meeting
3:00 Middle School Girls (7th-8th grade only)
3:30 Middle School Boys (7th-8th grade only)

ENTRY FEES \$100 – UNLIMITED NUMBER OF ENTRIES PER SCHOOL

The Ashland Optimist Club is proud to sponsor this cross country event in support of the Southern Boone Middle School's cross country program for boys and girls. We hope you can accept our invitation to participate in this MSHSAA sanctioned cross country event in Ashland. We welcome all of your student athletes to run in this event who have met eligibility requirements for MSHSAA and your school.

Schools which have been invited to this event include Atlanta, California, Columbia Independent School, Glasgow, Harrisburg, Higbee, New Bloomfield, New Franklin, Russellville, St. Joseph (Salisbury), St. Mary's (Glasgow), St. Pius X (Moberly), Salisbury, South Callaway, Southern Boone and Thomas Jefferson.

Course Description: Middle school distance is 2500 meters. The course will consist of a single loop with gently rolling hills. The loop will cross a gravel pathway.

Awards: Medals for top 20 finishers in each race. Team awards for top teams in each race. (Five runners minimum for team scoring). All awards will be presented after team scoring is completed for both races.

Rosters: Please turn in rosters by Monday, September 21. Send rosters via email to dlong@ashland.k12.mo.us or cody.branch@pttiming.com

Facilities: Grassed space is available if you wish to set up a tent. There are shade trees as well. In case of inclement weather, please set up your team camp inside of the Optimist building.

Bus parking will be at the rodeo arena. Plenty of other parking is available at the Optimist building and baseball field.

We hope to make this a "fan-friendly" event where most of the race can be viewed without too much running.

Directions: From Highway 63, turn west on Highway M (East Broadway). Proceed to the 4-way stop and turn right onto North Henry Clay Blvd. At the end of Henry Clay blacktop, turn left onto Optimist Drive. The road ends at the Optimist building parking lot.

If you have any questions, please contact Dale Long at 573-657-2147 or dlong@ashland.k12.mo.us

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School: _____ Coaches: _____

Girls Roster:

[illegible]

Boys Roster:

[illegible]

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