

2023 ROC 7k Trail Run

Age Group Awards

Place	Bib	Name	Age	Gender	Pace	ChipTime	GunTime
7k Trail Run							
Female 19 & Under							
1.	204	Vestal, Shayden	17	F	11:56	51:58	52:12
2.	153	Link, Hayden	15	F	13:05	56:58	56:58
Female 20-29							
1.	125	Elder, Rebecca	27	F	9:21	40:44	40:50
2.	108	Baum, Megan	28	F	11:05	48:16	48:27
3.	195	Spencer, Samantha	29	F	11:30	50:05	50:18
Female 30-39							
1.	158	Marler, Rachael	39	F	11:02	48:01	48:07
2.	147	Klein, Meagan	31	F	11:35	50:25	50:37
3.	111	Bessey, Chelsea	39	F	11:38	50:39	50:44
Female 40-49							
1.	113	Blomquist, Rachel	44	F	10:21	45:04	45:07
2.	203	Vestal, Sara	43	F	12:40	55:09	55:24
3.	206	Walton, Lindsay	41	F	12:47	55:40	55:49
Female 50-59							
1.	109	Behlmann, Kelly	56	F	11:32	50:12	50:16
2.	149	Kyle, Cheryl	59	F	14:19	1:02:19	1:02:29
3.	186	Schatz, Enid	50	F	15:02	1:05:25	1:05:39
Female 60+							
1.	143	Hennessy, Rebecca	60	F	12:24	53:59	54:05
2.	196	Stelle, Cheresa	64	F	12:42	55:18	55:24
3.	110	Bennett, Linda	65	F	14:51	1:04:39	1:04:51
Male 19 & Under							
1.	187	Schneider, Neal	14	M	7:42	33:32	33:32
2.	163	Meyerhoff, Carter	17	M	9:18	40:31	40:31
3.	198	Sumner, Trenton	13	M	13:02	56:42	56:43
Male 20-29							
1.	159	Marshall, Jacob	24	M	8:27	36:50	36:50
2.	137	Gibson, Joshua	28	M	8:32	37:11	37:14
3.	176	Pilliard, Lowell	20	M	9:51	42:52	42:52
Male 30-39							
1.	104	Aldred, Corey	30	M	8:13	35:48	35:48
2.	106	Angell, Jardyn	33	M	8:47	38:13	38:15
3.	117	Crull, Christopher	38	M	8:48	38:17	38:18
Male 40-49							
1.	166	Murashita, Takashi	44	M	7:43	33:37	33:37
2.	107	Barker, Lauren	41	M	8:55	38:48	38:50
3.	169	Orland, Uriah	45	M	9:36	41:46	41:48

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Male 50-59							
1.	126	Emerson, Andy	54	M	8:39	37:39	37:39
2.	145	Kannel, Tom	52	M	9:26	41:02	41:06
3.	170	Parker, Dale	53	M	10:33	45:55	45:57
Male 60+							
1.	131	Fraser, John	60	M	9:47	42:35	42:39
2.	133	Friedrichsen, Jed	66	M	12:15	53:21	53:29
3.	116	Campbell, David	64	M	17:38	1:16:44	1:16:59