

46th Annual Jim Duncan Invitational - 4/15/2023**Drake Stadium****Drake University - Des Moines, IA****Results - Saturday****Event 13 Girls 800 Sprint Medley**

Team	Relay	Finals
Finals		
1 Dowling Cath		1:49.09
1) Shea Johnson 11	2) Emily Heitzman 10	
3) Ashley Hall 12	4) Lauren McCoy 09	
2 Waukee NW		1:49.72
1) Ke'Ayla Madison 12	2) Kiana Carnes 12	
3) Aunya Van Zetten 10	4) Avery Winter 10	
3 Johnston		1:51.79
1) Karli Wagner 11	2) Kennedy Godfredsen 12	
3) Giada Grimes 11	4) Olivia Fehn 09	
4 North Polk		1:53.15
1) Maddy Simoens 10	2) Ashley Owen 12	
3) Kylie Rasmussen 11	4) Megan Elliott 12	
5 Pella		1:53.28
1) Kamryn Long 09	2) Marissa Hackman 12	
3) Delanie Reynolds 12	4) Jacie Trine 11	
6 Carroll		1:53.60
1) Brenna Goins 11	2) Aubrie Drake 09	
3) Madison Tunning 12	4) Marie Dea 11	
7 SE Polk		1:53.63
1) Ericka Thielen 12	2) Sienna Larsen 11	
3) Felicity Severs 11	4) Anna Van Kooten 11	
8 Dsm Roosevelt		1:54.69
1) Promise Zandy 11	2) Arriana Johnson 12	
3) Julia Knapp 09	4) Arianna Jackson 12	
9 Valley Wdm		1:55.01
1) Gabby Clark 11	2) Ashley Buchholz 11	
3) Bella Mavinga 10	4) Kaelyn Wieland 09	
10 De-Grimes		1:55.47
1) Ashlyn Menough 10	2) Abby Osborn 12	
3) Asia Jahangir 11	4) Olivia Curtis 11	
11 Ankeny Cent		1:55.89
1) Kambria Leazer 11	2) Mariah Belzer 12	
3) Malin Vallejo 12	4) Elizabeth Mahama 11	
12 Winterset		1:56.25
1) Neela Applegate 10	2) Ashlynn Devine 10	
3) Jaya Kleemeier 11	4) Avary Darling 12	
13 Ottumwa		1:56.38
1) Miya Fuller 10	2) Kendra Cole 09	
3) Autumn Damm 10	4) Vanessa Simmons 11	
14 Indianola		1:56.69
1) Kaydence Eaton 11	2) Hadley Vetter 09	
3) Kiley Kindelspire 10	4) Emily Naughton 12	
15 Carlisle		1:57.05
1) Danica Penman 10	2) Aubrey McDaniel 10	
3) Mallie Stoner 09	4) Kira Fisk 10	
16 Waukee		1:57.28
1) Valerie Jepkosgei 12	2) Miranda Peters 12	
3) Jenna Jones 11	4) Josie Moreland 12	
17 Norwalk		1:57.44
1) Hailey Gear 11	2) Jaylynn Brandt 11	
3) Kennedy Robbins 11	4) Ashlyn Brown 11	

18 Gilbert		1:57.64
1) Averie Bruner 11	2) Lila Kruckenberg 09	
3) Taylor Banning 11	4) Laurel Mizerak 10	
19 Grinnell		1:58.00
1) Amanda Small 12	2) Alyssa Flander 09	
3) Lauren Loudon 09	4) Aiden Gosselink 09	
20 Ankeny		1:58.14
1) Larissa Miller 12	2) Kennedy Palmer 12	
3) Zoe Shadravan 12	4) Alex Gloviak 12	
21 Boone		1:58.47
1) Kelsea Moorman 12	2) Erin Ades 11	
3) Sydney Adams 10	4) Natalee Danner 12	
22 Adm Adel		1:58.49
1) Lauryn Troster 09	2) Brianna Young 12	
3) Peyton Standley 09	4) Brenna Seidl 09	
23 Dsm Lincoln		2:00.76
1) Jade Kennedy 11	2) Trinity Vansylalom 10	
3) Aiyana Pack 09	4) Elizabeth Fong 10	
24 Urbandale		2:01.29
1) Emma Smith 09	2) Avery Smit 09	
3) Maggie Walker 09	4) Vanessa Twitty 09	
25 Ames		2:01.45
1) Angelica Attinger 09	2) Asia Ross 12	
3) Holly Dettbarn 10	4) Edyn Cowles 09	
26 Dsm North		2:04.86
1) Faith Pyne 09	2) Alydia Wright 09	
3) Savannah Kual 09	4) Larresha bundy-Jewett 11	
27 Dsm East		2:07.98
1) Barbara Caceres 11	2) Nayelli Sandoval 12	
3) Alexia Sanachit 11	4) Honey Hanawalt 11	
28 Dsm Hoover		2:11.27
1) Camari Williams 09	2) Ernestine Kennedy 09	
3) Meleah Davis 09	4) Salome Hurst 09	

Event 33 Boys 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Mason City		1:33.62
1) Justyn Rivera 11	2) Drew Hobart 09	
3) Kaden Tyler 12	4) James Fingalsen 12	
2 Ankeny		1:35.59
1) Jackson Belding 11	2) Tyson Miller 11	
3) Tyler Sickerson 10	4) Bram Van De Mortel 12	
3 Waukee		1:36.17
1) Gabriel Chayee 11	2) Eeon Martens 12	
3) Santino Anzevino 11	4) Travis Lembechwa 10	
4 Ankeny Cent		1:36.51
1) Elijah Porter 11	2) Lawson Langford 11	
3) Isaiah Bassett 10	4) Bennett Blakeslee 12	
5 North Polk		1:37.64
1) Brady Miller 12	2) Kaden Halterman 12	
3) Cooper Spurgeon 12	4) Ross Muhlbauser 12	
6 Grinnell		1:37.80
1) Maxwell Mintle 11	2) Broc Heishman 10	
3) Kellan Harter 09	4) Evan Mahoney 11	

46th Annual Jim Duncan Invitational - 4/15/2023**Drake Stadium****Drake University - Des Moines, IA****Results - Saturday****Finals ... (Event 33 Boys 800 Sprint Medley)**

Team	Relay	Finals
7 Johnston		1:38.46
1) Menson Martin 11	2) Collin Hodapp 11	
3) Caulier Cason 10	4) Jack Meyer 11	
8 Indianola		1:38.73
1) Byron Taylor 10	2) Micah Duey 12	
3) Luke Rockhold 11	4) Jack Hilton 11	
9 Pella		1:38.93
1) Kenson Fuller 12	2) Ethan Hol 12	
3) Bailey Shetterly 10	4) Cooper Lautenbach 11	
10 Dsm Roosevelt		1:39.48
1) Eddie Fulton 10	2) Sam Wandera 12	
3) Rylan Malloy 10	4) Isaiah Roundtree 12	
11 Valley Wdm		1:39.75
1) Jack Funk 12	2) Noah Hager 09	
3) Cam Cribari 10	4) Gage Olsen 10	
12 Gilbert		1:40.24
1) Paul Marpe 09	2) Will Hawthorne 10	
3) Nolan Weber 12	4) Carson Ragaller 12	
13 Adm Adel		1:40.51
1) Talan Guile 11	2) Talon Harvey 10	
3) Grant Engleman 10	4) Carter Padgett 11	
14 Ames		1:40.55
1) Robert Casey 11	2) Dallas Sauser 12	
3) Jeffery Roberts 09	4) Gavin Clouser 10	
15 Dsm East		1:40.61
1) Nate Burkheimer 10	2) Alf Clark 09	
3) Craig Farley 10	4) Tayte Warren 10	
16 Waukee NW		1:40.78
1) Carter Blakely 11	2) Harry Leinen 11	
3) Alex Carr 12	4) Drake Walker 10	
17 Dsm Hoover		1:40.84
1) Moses Gorh 12	2) Elias Young 09	
3) Xzavijhon Taylor 11	4) Justice Parkey 10	
18 Carroll		1:41.06
1) Reece Ziegmann 10	2) Jake Jorgensen 09	
3) Trey Hunter 12	4) Jack White 12	
19 Norwalk		1:41.47
1) Jackson Campbell 12	2) Caleb Ochanpaugh 11	
3) Alex Ubben 11	4) Xavier Bush 09	
20 Dowling Cath		1:42.29
1) Izayk Dolo 11	2) Ryan Bobo 09	
3) Trey Wilson 10	4) Sam Drexler 09	
21 Bond-Farrar		1:44.01
1) Levi Wendt 12	2) Jordan Rial 10	
3) Parker Ernst 10	4) Jaxson Fried 12	
22 Boone		1:44.62
1) Jordan McCloud 10	2) Grant Weisbrod 11	
3) Joshua Ingram 10	4) Easton Klein 12	
23 Marshalltown		1:44.70
1) Brylan Bethke 12	2) LaMar Johnson 10	
3) Cory Smith 11	4) Salvador Ruiz 11	

24 Carlisle	1:46.17
1) Jack Brewer 12	2) Tate Heidemann 11
3) Mason Lucas 10	4) Charlie Peterson 11
25 Dsm North	1:52.33
1) Bryant Powe 10	2) Damonte Hardiman 09
3) Ray Ford 11	4) Augustine Sleh 11
--- Ottumwa	DNF
1) Koby Chanthalavanh 10	2) Donald Golec 12
3) Javen Rominger 11	4) Luke Graeve 12

Event 6 Girls 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 Addison Dorenkamp	11	Valley Wdm	9:46.06
2 Marley Turk	10	Ames	10:14.47
3 Olivia Verde	11	Johnston	10:25.39
4 Michelle McConkey	09	Waukee	10:29.38
5 Alyx Woodley	09	Johnston	10:31.73
6 Cohen Kooker	11	Valley Wdm	10:31.91
7 Marissa Ferebee	09	Pella	10:34.58
8 Lauren Risdal	10	Ames	10:52.00
9 Haley Hveem	10	Ankeny Cent	10:59.62
10 Liv Hall	11	Dowling Cath	11:00.45
11 Abi Hahn	12	Dsm Roosevelt	11:04.90
12 Sydney Berger	11	Waukee	11:05.10
13 Marie Daggett	11	Carlisle	11:06.49
14 Ivy Glendening	11	SE Polk	11:12.65
15 Morgan Sutton	11	Winterset	11:18.20
16 Cora DenHartog	10	Ankeny Cent	11:22.42
17 Abbey Angus	11	De-Grimes	11:24.11
18 Olivia Graber	12	Ankeny	11:28.18
19 Bree Tenges	12	Indianola	11:32.57
20 Tenley Mertz	11	Waukee NW	11:46.86
21 Tess Paulsen	11	Pella	11:50.19
22 Taylor Hoyer	10	Indianola	11:54.03
23 Elizabeth Marsh	10	Dowling Cath	12:22.06
24 Julia Kanne	11	Carroll	12:37.34

Event 26 Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Chase Lauman	12	Pella	9:15.30
2 Carson Owens	12	SE Polk	9:26.54
3 Canaan Dunham	09	Pella	9:32.68
4 William Wadsley	12	Gilbert	9:33.27
5 Zach Spora	12	North Polk	9:39.70
6 Ahmed Aldamak	11	Ames	9:40.80
7 AJ Schermerhorn	11	Ankeny Cent	9:51.68
8 Joseph Lawry	10	Waukee	9:55.51
9 Weston Wise	11	Dsm Roosevelt	9:58.23
10 Brody Roth	11	Carlisle	9:58.37
11 Brennen Bhawe	10	Ames	9:59.21
12 Dashiell Coyier	10	Waukee	10:00.47
13 Will Chase	12	Norwalk	10:00.58
14 Owen Martin	11	Johnston	10:00.62

46th Annual Jim Duncan Invitational - 4/15/2023**Drake Stadium****Drake University - Des Moines, IA****Results - Saturday****Finals ... (Event 26 Boys 3200 Meter Run)**

Name	Yr	School	Finals
15 Elias Arbuckle	10	Dc-Grimes	10:01.05
16 Patrick Wainwright	11	Dowling Cath	10:03.15
17 Torin Timmerman	10	Adm Adel	10:06.84
18 Jack Cavan	11	Valley Wdm	10:08.78
19 Ryan North	11	Carroll	10:08.84
20 Will Gessmann	12	Waukee NW	10:09.55
21 Kiefer Barnes	09	Indianola	10:09.80
22 Collin Kessler	10	Winterset	10:10.28
23 Ethan Easter	12	Winterset	10:13.04
24 Ike Smith	09	Ankeny	10:15.95
25 Jonas Conner	12	Grinnell	10:16.45
26 Brice McNeley	11	SE Polk	10:16.51
27 Jacob Forney	11	Valley Wdm	10:17.42
28 Max Spora	12	North Polk	10:18.73
29 Elijah Gumm	12	Dsm Roosevelt	10:19.40
30 Aidan Farrell	11	Ankeny	10:19.65
31 Brendan Owens	11	Ankeny Cent	10:20.97
32 Ben Neville	11	Johnston	10:26.17
33 Sam Parker	09	Norwalk	10:27.26
34 Andrew Donoho	12	Urbandale	10:27.90
35 Sidney Shide	10	Urbandale	10:28.45
36 Nick Klocke	12	Dowling Cath	10:34.24
37 Cadel Conner	09	Grinnell	10:38.08
38 Juan Reyes	11	Waukee NW	10:46.77
39 Blake Gradoville	10	Boone	10:57.58
40 Ebenezer Yafeti	09	Dsm North	10:59.97
41 Hunter Landphair	11	Adm Adel	11:04.69
42 Ian Meyer	11	Marshalltown	11:07.00
43 Caleb Rasmussen	09	Marshalltown	11:08.91
44 Kale DiMarco	12	Mason City	11:17.68
45 Constant Rashidi	10	Dsm North	11:20.25
46 Max Johnston	12	Boone	11:37.69
47 Greyson Brandt	11	Mason City	11:49.37

Event 12 Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Dsm Roosevelt		9:35.03
1) Arianna Jackson 12	2) Meredith Gentry 09	
3) Elena Gentry 11	4) Adrienne Buettner-Cable 12	
2 SE Polk		9:40.47
1) Taylor Barbour 10	2) Carli Bennett 11	
3) Alyssa Bartlett 10	4) Libby Hartz 11	
3 Johnston		9:40.80
1) Krissy Spear 11	2) Morgan Sullivan 10	
3) Marissa Pewe 10	4) Olivia Verde 11	
4 Dc-Grimes		9:44.59
1) Meredith McDermott 12	2) Maddy Stevens 10	
3) Emerson McDermott 09	4) Tess Meggison 11	
5 Gilbert		9:51.70
1) Clare Stahr 11	2) Sophia Bleich 10	
3) Keira Andersen 09	4) Sarah Feddersen 10	

6 Pella	9:52.82
1) Abby Teagarden 11	2) Raegan Snieder 10
3) Lizzie Neumann 09	4) Macy Schroeder 11
7 Ankeny Cent	9:55.00
1) Julia Flick 10	2) Anika Mohrhauser 10
3) Rondi Quass 12	4) Tallie Plueger 10
8 Dowling Cath	9:55.06
1) Ella Anliker 11	2) Elise Huegerich 09
3) Molly O'Halloran 10	4) Sally Gaskell 12
9 Valley Wdm	9:56.78
1) Mya DouBrava 12	2) Klaire Lietz 10
3) Raneen Rheem 12	4) Mandy Overton 12
10 Ankeny	10:01.34
1) Reagan Prendergast 09	2) Lauren Jackson 10
3) Sophia Graber 10	4) Madisyn Gholson 11
11 Waukee	10:16.04
1) Mallory Wurth 10	2) Eden Ransom 10
3) Taylor LeBlanc 11	4) Isabella Webb 12
12 Indianola	10:19.25
1) Aspen Nelsen 10	2) Jordyn Brown 10
3) Leah Hartford 09	4) Micheala Appel 09
13 Waukee NW	10:24.71
1) Jamison Reinders 09	2) Aubree Lalone 10
3) Taryn Begley 09	4) Clara Olson 09
14 Adm Adel	10:28.76
1) Madi James 10	2) Brecken Morse 09
3) Alaina Nelson 09	4) Mackealin Sutton 10
15 Ames	10:37.06
1) Marley Turk 10	2) Meredith Frandsen 09
3) Payton Stewart 12	4) Katie Campbell 09
16 North Polk	10:40.63
1) Hannah Haaland 09	2) Mya Bond 09
3) Elyse Engebretson 10	4) Shea Feller 12
17 Winterset	11:16.88
1) Mackenzie Craven 09	2) Morgan Back 09
3) Luci Davis 10	4) Siena Evans 09
18 Carroll	11:39.00
1) Katelyn Aden 10	2) Averi Burke 11
3) Kiyah Wittrock 10	4) Tahlia hahn 09
19 Ottumwa	11:45.97
1) Yaeli Carapia 11	2) Bailey Baxter 09
3) Kaelin McElderry 09	4) Sarah Hunger 12

Event 18 Girls Shot Put

Name	Yr	School	Finals
Finals			
1 Kileigh Lachacz	12	Dc-Grimes	37-05.50
2 Delilah Subsin	09	Ottumwa	36-10.25
3 Kendall McDaniel	11	Indianola	36-09.25
4 Kendra Winfrey	12	Ankeny	36-05.00
5 Hannah Kling	12	Grinnell	35-06.50
6 Carolyn Miller	12	Bond-Farrar	35-03.50
7 Zuri Patterson	10	Waukee NW	35-01.75
8 Kylie Krumm	11	Grinnell	34-06.50
9 Julianne Lundvall	12	Gilbert	34-03.75

46th Annual Jim Duncan Invitational - 4/15/2023

Drake Stadium
Drake University - Des Moines, IA
Results - Saturday

Finals ... (Event 18 Girls Shot Put)

	Name	Yr	School	Finals
10	Tatum Johnson	09	Urbandale	33-07.25
11	Ava Smith	12	Waukee NW	33-06.25
12	Lydia Smith	11	Waukee	33-00.75
13	Gracelynn Brown	10	Winterset	32-07.75
14	Kennedy Stanford	10	Adm Adel	32-05.50
15	Lauren Hagedorn	09	Adm Adel	32-02.25
16	Qwynn Nerem	10	North Polk	32-00.50
17	Mackenzie Mohler	10	Valley Wdm	31-07.00
18	Maggie Thompson	10	Pella	31-00.50
19	Payton Lyons	12	Pella	30-09.50
20	Emma Kuhlmann	10	Carroll	30-08.50
21	Katie Kluver	09	Indianola	30-01.50
22	Leann Petrak	10	Johnston	30-00.50
23	Kennedy Borud	10	SE Polk	29-03.75
24	Andrea Sander	12	Carroll	28-11.75
25	Rori Cook	12	Boone	28-11.25
26	Kelly Hoffman	10	Waukee	28-10.25
27	Jessica Neith	12	Ankeny Cent	28-07.00
28	Alivia Sheridan	09	Dsm East	27-02.75
29	Ava Tomlinson	11	Ankeny	27-02.25
30	Delaini Thompson	11	Carlisle	26-08.00

Event 38 Boys Shot Put

	Name	Yr	School	Finals
Finals				
1	Hanson King	11	Pella	52-07.75
2	Brandon Fischer	12	Pella	51-07.50
3	Jackson McNulty	12	North Polk	50-01.00
4	Sam Dietz	12	Ankeny Cent	49-08.75
5	Cody Heikes	12	Dowling Cath	48-08.25
6	Malcolm Mutai	11	Waukee NW	47-02.50
6	Nathan Rotherham	11	Dowling Cath	47-02.50
8	Maddux Borcharding-Johr	12	Norwalk	47-00.00
9	David Souvongsavath	10	Waukee	46-09.00
10	Trystin Irvin	12	Valley Wdm	45-10.75
11	Drew Hickey	11	Adm Adel	45-09.75
12	Hunter Lyon	10	Winterset	45-08.00
13	Seth VanDerLinden	10	Winterset	44-09.50
14	Teague Cantrall	09	SE Polk	42-11.00
15	Cade Meyer	10	Mason City	42-10.00
16	Darren Lampley	12	Ames	42-05.50
17	Tony Bell	12	Ames	42-01.00
18	Tim Thomason	12	Waukee NW	41-10.50
19	Ramez Naba	11	Valley Wdm	41-10.25
20	Lathan McDaniel	10	Indianola	41-09.75
21	Aidan Charlson	11	Dc-Grimes	41-07.25
22	Ben Gard	12	Adm Adel	41-05.75
23	Owen Cambron	10	Indianola	41-05.00
24	Braegyn Carter	11	Ankeny	41-03.75
25	Mitchell Grider	10	Ankeny Cent	39-09.50
26	Nicholas Amdahl	12	Dc-Grimes	38-08.00
27	Brayden Harmon	11	SE Polk	38-00.25
28	Harrison Tripp	10	Norwalk	35-08.00

--- Kaiden Brobst 12 Grinnell FOUL

Event 39 Boys Discus Throw

	Name	Yr	School	Finals
Finals				
1	Brandon Fischer	12	Pella	174-10
2	Hanson King	11	Pella	155-07
3	Drew Hickey	11	Adm Adel	148-07
4	Nathan Rotherham	11	Dowling Cath	144-09
5	Caleb Chebuhar	11	SE Polk	141-09
6	Cody Heikes	12	Dowling Cath	141-05
7	Trystin Irvin	12	Valley Wdm	140-03
8	Noah Kimpston	11	Waukee NW	139-05
9	Obald Niyonkuru	12	SE Polk	137-10
10	Trevor Zarkowski	12	Waukee NW	137-04
11	David Souvongsavath	10	Waukee	137-02
12	Spencer George	12	Valley Wdm	136-00
13	tyler fitz	11	Ames	133-09
14	Darius Davenport Jr.	10	Dsm Lincoln	132-09
15	Conrad Schoening	12	Bond-Farrar	131-03
16	Blaine Sandquist	11	Ankeny Cent	129-11
17	Ben Gard	12	Adm Adel	129-10
18	Noah Cromie-Roche	12	Boone	129-07
19	Kaiden Brobst	12	Grinnell	126-04
20	Jamil Musignac	11	Johnston	126-01
21	Will Clark	11	Norwalk	124-02
22	Brayden Meints	12	Dc-Grimes	124-01
23	William Koehler	11	Johnston	123-04
24	Andrew Hine	09	Waukee	121-06
25	Eli Boatman	11	North Polk	121-01
26	Owen Cambron	10	Indianola	117-10
27	Joshua Binstock	12	Ankeny Cent	114-02
28	Yousuf Abdulmahdi	12	Dsm East	109-10
29	Lathan McDaniel	10	Indianola	106-07
---	Gage Ouverson	12	Ankeny	FOUL

Event 19 Girls Discus Throw

	Name	Yr	School	Finals
Finals				
1	Kileigh Lachacz	12	Dc-Grimes	137-09
2	Hannah Baier	12	Ankeny	131-04
3	Audrey Ott	11	Dowling Cath	117-09
4	Hannah Kling	12	Grinnell	116-11
4	Abbie Kluver	09	Indianola	116-11
6	Erin Ades	11	Boone	111-01
7	Ella Stobbe	09	Waukee	110-03
8	Jordan Pauls	12	Ottumwa	110-00
9	Lauren Hagedorn	09	Adm Adel	107-09
10	Mackenzie Mohler	10	Valley Wdm	107-05
11	Olivia Rowedder	10	Carroll	107-01
12	Athena Singharaj	12	Ankeny	106-07
13	Ava Smith	12	Waukee NW	105-06
14	Delilah Subsin	09	Ottumwa	103-05
15	Yalayzah Lovan	12	Dowling Cath	103-02
16	Dharma Woodruff	12	Urbandale	102-02

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	Name	Yr	School	Finals
17	Ava Tichy	10	Indianola	101-01
18	Izabella Taylor	10	Winterset	99-03
19	Kennedy Borud	10	SE Polk	98-11
20	Katie Strotman	12	Ames	98-07
21	Kelly Hoffman	10	Waukee	96-04
22	Heather Fincel	12	Waukee NW	94-11
23	Carolyn Miller	12	Bond-Farrar	94-03
24	Maggie Thompson	10	Pella	93-00
25	Lindy Neer	11	Carlisle	92-10
25	Lauren Black	11	Norwalk	92-10
27	Emma Kuhlmann	10	Carroll	92-04
28	Dawn Saili	11	Ames	91-02
29	Maya Owens	12	Dsm Roosevelt	83-02
30	Brylee Binstock	10	Ankeny Cent	81-01

Event 32 Boys 4x800 Meter Relay

	Team	Relay	Finals
Finals			
1	Dowling Cath		7:54.47
	1) Max Derocher 11	2) Jack Flori 10	
	3) Matthew Bootman 11	4) Jackson Heidesch 12	
2	Ankeny		8:03.56
	1) Ethan Zuber 10	2) Levi Hill 12	
	3) Abel Squires 11	4) Jake Bosch 11	
3	Waukee		8:05.60
	1) Jonas VanDis 10	2) Colin Driscoll 12	
	3) Kyle Robinson 12	4) Garrett Weber 12	
4	Urbandale		8:11.41
	1) Landon Hartley 11	2) Blake Smith 10	
	3) Ethan Smith 12	4) Tommy Hensley 11	
5	Winterset		8:13.81
	1) Mason Back 12	2) Eli Cowman 11	
	3) Ben Strohbehn 10	4) Gavin Day 10	
6	North Polk		8:18.64
	1) Austin Stierman 12	2) Ethan Stierman 12	
	3) Alik Mcilravy 11	4) Evan Kelsick 10	
7	Norwalk		8:20.37
	1) Cameron Thomas 10	2) Grant Wallace 10	
	3) Adrian Mosqueda 10	4) Henry Groos 10	
8	Johnston		8:22.27
	1) Noah Reese 10	2) Garrett Ness 10	
	3) Jack Coen 11	4) Coen Gibson 12	
9	Pella		8:22.44
	1) Atticus Vos 11	2) Wyatt Van Dyke 11	
	3) Nathan Vander Waal 11	4) Trey Van Hauen 12	
10	Gilbert		8:26.34
	1) Zain Mueller 11	2) Harrison Kraehling 11	
	3) Carson Squiers 09	4) Jonathan Stoker 11	
11	Valley Wdm		8:32.85
	1) Jonathan Owen 10	2) Aidan Limback 12	
	3) Sam Smeins 12	4) Andrew Frizzel 12	

12	Indianola	8:36.42
	1) Jake Pontier 10	2) Hunter Seifrig 12
	3) Kye Hartung 12	4) Paxton Bloom 09
13	Mason City	8:37.00
	1) Ra'shaun Wynter 11	2) Jess Cornick 12
	3) Brandt Haakenstad 10	4) Kevin Carney 12
14	Dsm Roosevelt	8:43.07
	1) Logan Westin 12	2) Harrison Neipert 12
	3) Jonah Flynn 11	4) Sean Martin 10
15	Dc-Grimes	8:44.11
	1) Alex Pries 11	2) Jose Meza 12
	3) Sam Watkins 11	4) Carson Ibeling 10
16	Carlisle	8:46.73
	1) Joshua Lancaster 11	2) Talan Walstrom 10
	3) Ezra DeCleene 11	4) Conner Hansen 11
17	Waukee NW	8:47.51
	1) Austin Jones 12	2) Carter Cabanayan 10
	3) Rodrigo Verastegui 09	4) Adam Ruehling 09
18	Dsm Lincoln	8:50.39
	1) Owen Comiskey 12	2) Hudson Wheelock 09
	3) Grant Harrison 12	4) Zack Stoermer 11
19	Marshalltown	9:00.15
	1) James Johnson 11	2) Carson Wright 09
	3) John Moellers 10	4) Anthoneih Kopsa 12
20	SE Polk	9:00.41
	1) Rylan Althof 11	2) Brock Johnson 10
	3) Nash Hanson 09	4) Luke Bartlett 10
21	Bond-Farrar	9:02.77
	1) Porter Francois 12	2) Nyle Davis 10
	3) Carter Obrecht 11	4) Jack Rieck 09
22	Adm Adel	9:04.51
	1) Harrison Desmarais 12	2) Brayden Rynearson 10
	3) Hudson Shull 09	4) Shay Holdmeyer 10
23	Ankeny Cent	9:13.15
	1) Owen Hovick 11	2) August Cowie 12
	3) Carter Lust 11	4) Vibu Gantalamohini 12
24	Dsm East	9:14.12
	1) Nick Lueder 12	2) Abraham Johnson 11
	3) Angel Flores 12	4) Dash Boston 12
25	Carroll	9:31.28
	1) Blake Molinsky 10	2) Dayton Wiederien 09
	3) Caden Mollhoff 10	4) Evan Schaeffer 10
26	Boone	9:37.28
	1) Henry Pollard 12	2) Jack Warrick 09
	3) Bram Carpenter 11	4) Ajay Braddock 09
27	Dsm North	9:51.67
	1) Lay Doe Htoo 12	2) Ebenezer Yafeti 09
	3) Constant Rashidi 10	4) Wilson Chavez 11

Event 15 Girls 4x100 Meter Shuttle Hurdle

	Team	Relay	Finals
Finals			
1	Dowling Cath		1:06.05
	1) Olivia Kramer 12	2) Alex Gaskell 10	
	3) Reese Ervin 12	4) Ruby Leman 10	

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Team	Relay	Finals
2 Waukee NW		1:07.74
1) Alayna Schulte 09	2) Kamryn Vogt 11	
3) Aunya Van Zetten 10	4) Josie Vande Krol 11	
3 Ames		1:07.75
1) Ireland Buss 12	2) Ali Frandsen 12	
3) Angelica Attinger 09	4) Elia Varghese 09	
4 Valley Wdm		1:08.08
1) Keely Rizley 12	2) Emma Havighurst 10	
3) Elle Peterson 12	4) Nyankuer Arou 11	
5 North Polk		1:11.15
1) Layla Arp 10	2) Anika Schoenberg 09	
3) Aubrie Kiesling 12	4) Tiana Gehling 12	
6 Winterset		1:11.59
1) Allie Soderberg 12	2) Brynn Acton 10	
3) Gigi Hanselman 10	4) Jaya Kleemeier 11	
7 Johnston		1:11.82
1) Jaida Bell 10	2) Avery Peterson 10	
3) Taylor Arbuckle 12	4) Kinsley Theobald 11	
8 Waukee		1:12.61
1) Morgan Gach 12	2) Kendall Davey 10	
3) Nicole Sabatino 12	4) Natalie Sitzmann 09	
9 Carlisle		1:13.22
1) Emma Robinson 09	2) Katie Keeney 12	
3) Tegan Stoner 10	4) Laura Downs 12	
10 Ballard		1:13.38
1) Noel Boettger. 12	2) Reagan Bartlett 12	
3) Anya Jorgensen 10	4) Ally Baker 12	
11 Adm Adel		1:13.68
1) Brianna Young 12	2) Elise Coghlan 09	
3) Madi James 10	4) Haley Nelson 09	
12 Carroll		1:13.90
1) Sadie Kelly 09	2) Abby Neppel 09	
3) Madison Tunning 12	4) Alexis Esquivel 09	
13 Ankeny		1:14.57
1) Marlee Buchan 10	2) Grace Buch 10	
3) Kaylyn Miller 10	4) Lauren Fisher 10	
14 SE Polk		1:14.79
1) Abby Gustafson 10	2) Sophia Pesek 09	
3) Gabiella Severs 09	4) Brooke Williams 09	
15 Dc-Grimes		1:15.39
1) Ellie Schmitz 12	2) Mara Redenius 10	
3) Mya Christensen 09	4) Bailey Macumber 12	
16 Indianola		1:16.92
1) Sully Downey 10	2) Lauren Olson 09	
3) Madison Rogers 10	4) Josie McGraw 10	
17 Gilbert		1:17.23
1) Chloe Berns-Schweingruber	2) Ella Overman 12	
3) Sophia Overman 10	4) Evie Christenson 09	
18 Dsm Hoover		1:19.37
1) JaKya Powell 10	2) Ruth Fandeh 11	
3) Salome Hurst 09	4) Deu Wal 11	

19 Dsm North 1:22.43

1) Larreyah Bundy-Jewett 11 2) Hellen Doerue 10
 3) Faith Pyne 09 4) Lemuna Gurisho 10

--- Norwalk DQ

1) Kate Desmond 12 2) Keara Arnold 12
 3) Chloe Martin 12 4) Ella Johnson 10

--- Pella DQ

1) Tristan Gordon 11 2) Ava Curry 11
 3) Kaylee Dingeman 11 4) Abbie Brand 09

Event 35 Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
1 Johnston		1:01.24
1) Vincent Kelly 11	2) Sean Strand 12	
3) Owen Helgeson 12	4) Tony Paye 12	
2 Norwalk		1:02.43
1) Daniel Webster 11	2) Daniel Roche 10	
3) Isaac Sutcliffe 11	4) Braeden Carlson 12	
3 Valley Wdm		1:02.54
1) Jacob Zeh 11	2) Logan Hicks 10	
3) Miciah LeLaCheur 09	4) Rouce Sayee 12	
4 Adm Adel		1:03.25
1) Zach Lohmann 11	2) Jacob Kitzinger 12	
3) Luke Krantz 11	4) Scout Smith 11	
5 Ankeny		1:03.28
1) Landon Pote 10	2) Hayden Carlson 09	
3) Sam Madsen 09	4) Gavin Wise 10	
6 North Polk		1:03.40
1) Caden Mart 12	2) Nathan Pitlock 10	
3) Kole Krings 12	4) Colton Manock 11	
7 Indianola		1:03.60
1) Logan Piper 12	2) Vincent Anderson 10	
3) Andrew DeWall 10	4) August Anderson 10	
8 Pella		1:03.61
1) Cor Huyser 11	2) Andrew Vanderhoff 11	
3) Levi Shetterly 10	4) Luke Fairchild 12	
9 Waukee NW		1:03.94
1) Andrew Eastman 10	2) Caleb James 10	
3) Kalarga Mukhtar 10	4) jackson temple 11	
10 Waukee		1:04.27
1) Eeon Martens 12	2) Tavian White 09	
3) Beckett Bakker 09	4) Ryan Joseph 12	
11 Carlisle		1:05.79
1) Austin Follis 12	2) Anden Furnal 09	
3) Mark Mast 12	4) Joe Goodhue 12	
12 Gilbert		1:05.80
1) Charlie Schreck 11	2) Ryder Mann 12	
3) Brady Hurn 10	4) Isaac Wilcox 12	
13 SE Polk		1:06.38
1) Jack Filloon 11	2) Seneca Molstre 11	
3) Joey Lauters 10	4) Emmanuel Gaye 10	
14 Dc-Grimes		1:08.59
1) Trevone King 10	2) Kolby Carpenter 10	
3) Kaden Woody 12	4) Jordan Kalk 10	

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Team	Relay	Finals
15 Mason City		1:09.51
1) Drew Hobart 09	2) Amir Bradley 09	
3) Thomas Medlin 09	4) Lane Hansen 09	
16 Carroll		1:09.55
1) Carter Smith 10	2) Maddux White 10	
3) Ty Hawkinson 12	4) Owen Klocke 10	
17 Urbandale		1:10.11
1) Justin Carper 12	2) Trey Dahlgren 09	
3) Isaac Hoyt 12	4) Kolson O'Donnell 11	
18 Ames		1:11.29
1) Robert Casey 11	2) Garang Dau 10	
3) Laiken Buss 09	4) TJ Douglas 09	
19 Ottumwa		1:12.17
1) Luke Graeve 12	2) Jonathan Miller 09	
3) Abaya Selema 12	4) Jacob Carlson 12	
--- Dsm Hoover		DQ
1) Dameer Hassan 12	2) Josh Nichols 12	
3) Jayden Park 11	4) Ian King 12	
--- Dsm Lincoln		DQ
1) Gay Saw 09	2) Michael Todhunter 10	
3) Denver Longden 10	4) Harry Ster 11	
--- Boone		DQ
1) Vinny Hayes 12	2) Bodie Brogden 09	
3) Trenton Overturf 12	4) Luis Maldonado 10	
--- Ankeny Cent		DQ
1) Cael Woods 10	2) Mark Nelson 10	
3) Drake Dittmar 11	4) Cole Pieper 11	

Event 1 Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Olivia Kramer	12	Dowling Cath	12.42 0.7
2 Alexis Boord	12	SE Polk	12.49 0.7
3 Giada Grimes	11	Johnston	12.59 0.7
4 Cameron Moon	12	Ames	12.69 0.7
5 Promise Zandy	11	Dsm Roosevelt	12.74 0.7
6 Isabelle Noring	12	Carlisle	12.88 2.4
7 Lillian Smith	11	Ankeny	12.91 0.7
8 Shay Sinnard	12	Carroll	12.97 2.4
9 Delanie Reynolds	12	Pella	13.08 0.7
10 Emily Heitzman	10	Dowling Cath	13.13 0.7
11 Anne Taoh	10	Waukee NW	13.19 2.4
12 Katie Stahl	09	Waukee NW	13.23 1.6
13 Kamryn Long	09	Pella	13.24 2.4
14 Arina Tembo	12	Dsm East	13.27 2.4
15 Takira Smith	11	Dsm Hoover	13.30 1.3
16 Asia Ross	12	Ames	13.34 2.4
17 Sage Austin	12	Carlisle	13.36 2.4
18 Summer Nichols	11	Waukee	13.41 2.0
19 Noel Boettger.	12	Ballard	13.42 1.5
20 Keira Johannes	10	Johnston	13.43 1.3
21 Hope Davies	10	Dsm East	13.44 1.5
22 Miya Fuller	10	Ottumwa	13.45 2.4

23 Makenna Paul	10	Valley Wdm	13.46 1.6
24 Macie Strnad	12	Ankeny	13.47 2.0
25 Carly Busch	10	Boone	13.49 1.6
26 Ashlyn Menough	10	Dc-Grimes	13.51 1.5
27 Asia Jahangir	11	Dc-Grimes	13.51 1.3
28 Monah Kyne	09	Dsm Hoover	13.52 1.3
29 Ashlynn Devine	10	Winterset	13.53 1.3
30 Savannah Welch	11	Norwalk	13.57 1.6
31 taishon Graham	11	Valley Wdm	13.58 1.5
32 Maddy Simoens	10	North Polk	13.58 1.6
33 Jade Kennedy	11	Dsm Lincoln	13.61 2.0
34 Mariah Belzer	12	Ankeny Cent	13.66 1.6
35 Avery Vukovich	10	Dsm Roosevelt	13.76 2.0
36 Miranda Peters	12	Waukee	13.77 1.6
37 Trinity Vansylalom	10	Dsm Lincoln	13.78 1.5
38 Alydia Wright	09	Dsm North	13.79 2.0
39 Ava Ross	11	Urbandale	13.87 2.0
40 Faith Pyne	09	Dsm North	13.87 1.5
41 Morgan Posusta	11	Ankeny Cent	13.91 1.3
42 Jadyn Woods	09	SE Polk	13.93 1.3
43 Gabby Akin	10	Indianola	13.97 2.0
44 Avery Smit	09	Urbandale	14.03 1.3

Event 21 Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Logan Fairchild	10	Winterset	10.78 2.5
2 CJ Shetterly	12	Pella	10.92 2.5
3 Evan Mahoney	11	Grinnell	11.08 2.5
4 Aiden Flora	11	Adm Adel	11.12 2.7
5 Jonce Hale	11	Indianola	11.14 2.5
6 Uriah Allen	11	Valley Wdm	11.15 2.7
7 Ryan Marshall	12	Urbandale	11.17 2.7
8 Eli Fox	11	Indianola	11.21 2.5
9 Dillon Ranck	12	Norwalk	11.23 2.7
10 Drew Sickerson	12	Urbandale	11.27 0.1
11 Connor Welsch	11	Ankeny Cent	11.29 2.7
12 Caden Henkes	10	Ankeny	11.33 0.1
13 Gabriel Chayee	11	Waukee	11.36 0.1
14 Max Snyder	11	Ankeny Cent	11.38 2.5
15 Quinn Gruver	12	Pella	11.39 2.7
16 Alec McCormick	12	Carlisle	11.40 2.5
17 Mason Farrington	12	Ottumwa	11.43 0.1
18 Jeremiah Armstrong	09	Johnston	11.46 0.1
19 Xavier Bernstine	10	Waukee NW	11.49 2.1
20 Zach Lohmann	11	Adm Adel	11.52 0.1
21 Dylan Dougherty	11	Ankeny	11.54 2.7
22 AJ Schafer	11	SE Polk	11.61 2.7
23 Lucas Chambers	10	SE Polk	11.62 2.1
24 DJ Lewis	12	Valley Wdm	11.62 2.1
25 Will Hawthorne	10	Gilbert	11.62 2.1
26 Caleb Nordhagen	10	Carlisle	11.63 2.1
27 Karsten Freund	10	Dc-Grimes	11.63 1.2
28 Kaden Halterman	12	North Polk	11.64 2.1
29 Paul Marpe	09	Gilbert	11.66 2.1

46th Annual Jim Duncan Invitational - 4/15/2023

Drake Stadium

Drake University - Des Moines, IA

Results - Saturday

Finals ... (Event 21 Boys 100 Meter Dash)

Name	Yr	School	Finals
30 Kaiden Kunze	09	Norwalk	11.71 2.1
31 Jai White	09	Waukee	11.78 0.1
32 Ethen Roberts	12	Mason City	11.82 1.2
33 Jayzek Lee	12	Marshalltown	11.86 2.5
34 Maxwell Mintle	11	Grinnell	11.89 2.1
35 Brock Brinegar	12	Ottumwa	11.89 2.1
36 Javarius Hughes	10	Dsm East	11.90 1.2
37 Stephen Tour	09	Johnston	11.91 2.1
38 Andrew Wilcox	11	North Polk	11.92 1.2
39 Mason Jackson	12	Dc-Grimes	12.12 1.2
40 Jordan McCloud	10	Boone	12.17 1.2
41 Michael Brown	12	Ames	12.22 1.2
42 Odel Daugherty	12	Mason City	12.27 1.2
43 Moses Gorh	12	Dsm Hoover	12.36 2.1

Event 37 Boys Long Jump

Name	Yr	School	Finals
Finals			
1 John Kitenge	11	Dc-Grimes	19-11.75 NWI
2 Bailey Shetterly	10	Pella	19-10.25 NWI
3 Jacob Blattel	11	North Polk	19-08.75 NWI
4 Trenton Overturf	12	Boone	19-03.75 NWI
5 Ben Sorensen	11	Valley Wdm	18-06.75 NWI
6 Peyton Barr	10	Waukee NW	18-06.25 NWI
7 Kyland Johnson	11	Urbandale	18-05.50 NWI
8 Caden Wilson	12	Johnston	18-00.75 NWI
9 Caleb Reed	10	Ankeny Cent	17-10.25 NWI
10 Reece Ziegmann	10	Carroll	17-03.75 NWI
11 Abaya Selema	12	Ottumwa	17-01.50 NWI
12 Grace Kiphanzu	12	Grinnell	13-11.25 NWI
--- Byron Taylor	10	Indianola	FOUL
--- Drew Hobart	09	Mason City	FOUL

Event 17 Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Isabelle Noring	12	Carlisle	17-11.75 NWI
2 Shay Sinnard	12	Carroll	17-03.25 NWI
3 Aiden Gosselink	09	Grinnell	16-06.00 NWI
4 Lainey Drown	11	Urbandale	16-02.75 NWI
5 Kiya James	09	Dsm East	16-01.50 NWI
6 Josie Vande Krol	11	Waukee NW	16-01.00 NWI
7 Tiana Gehling	12	North Polk	16-00.75 NWI
8 Aniston Tollari	10	Adm Adel	15-11.00 NWI
9 Kylie Tauke	12	Pella	15-09.75 NWI
10 Jazlyn Hoehle	12	Urbandale	15-07.50 NWI
11 Anna Noble	11	North Polk	15-07.00 NWI
12 Ashley Hall	12	Dowling Cath	15-06.75 NWI
13 Kendall Woods	12	SE Polk	15-04.50 NWI
14 Elizabeth Mahama	11	Ankeny Cent	15-03.50 NWI
15 Jayla Parker	09	Valley Wdm	14-09.00 NWI
16 Barbara Roberts	10	Waukee	14-07.00 NWI
17 Keira Johannes	10	Johnston	14-06.25 NWI

17 Ellie Powell	09	SE Polk	14-06.25 NWI
19 Kira Fisk	10	Carlisle	14-05.25 NWI
20 Aubrie Drake	09	Carroll	14-02.00 NWI
21 Adalyn Schroeder	11	Norwalk	14-01.75 NWI
22 Sophia Hatcher	09	Ames	14-01.50 NWI
23 Ella McGee	11	Waukee	14-00.50 NWI
24 Macie Strnad	12	Ankeny	13-11.75 NWI
25 Kinsley Theobald	11	Johnston	13-11.50 NWI
26 Ella Jumper	11	Ankeny	13-04.50 NWI

Event 16 Girls High Jump

Name	Yr	School	Finals
Finals			
1 London Warmuth	10	Adm Adel	5-06.00
2 Josie Moreland	12	Waukee	5-06.00
3 Reagan Hanfelt	10	Ankeny	5-02.00
4 Alex Gaskell	10	Dowling Cath	5-00.00
4 Ayak Akol	09	Ames	5-00.00
6 Sierra Emison Clair	12	Valley Wdm	4-10.00
6 Cadence Sinclair	12	Carlisle	4-10.00
8 Allison Burger	12	Waukee	4-10.00
8 Hannah Abbey	11	Johnston	4-10.00
10 Kendall Woods	12	SE Polk	4-10.00
10 Emma Robinson	09	Carlisle	4-10.00
12 Arianna Jackson	12	Dsm Roosevel	4-10.00
12 Jayla Parker	09	Valley Wdm	4-10.00
14 Kelsey Tauke	10	Pella	4-08.00
14 Ava Groetke	09	Dowling Cath	4-08.00
16 Eve Rust	10	Ottumwa	4-08.00
16 Cailey Baker	09	Indianola	4-08.00
18 Jady Woods	09	SE Polk	4-08.00
19 Geona Hanselman	10	Winterset	4-06.00
20 Madelyn Herteen	10	Urbandale	4-06.00
20 Kamryn Hilsabeck	12	North Polk	4-06.00
22 Vanessa Twitty	09	Urbandale	4-06.00
--- Mia Kemmer	12	Johnston	NH
--- Amanda Wardell	09	Carroll	NH
--- Aubrie Schmitt-Hubbard	09	Carroll	NH

Event 36 Boys High Jump

Name	Yr	School	Finals
Finals			
1 Isaiah Roundtree	12	Dsm Roosevel	6-02.00
2 Ben Sorensen	11	Valley Wdm	6-02.00
3 Kale Hobart	12	Mason City	6-00.00
4 Cole Lynch	11	Waukee NW	6-00.00
5 Carson Penyich	11	Grinnell	6-00.00
6 Jonce Hale	11	Indianola	5-10.00
7 Kyler Chapman	10	Adm Adel	5-10.00
7 Kaiden Kunze	09	Norwalk	5-10.00
7 Will Grasty	10	Adm Adel	5-10.00
7 Trey Hunter	12	Carroll	5-10.00
11 DJ Lewis	12	Valley Wdm	5-10.00
12 Dusty Nyonee	11	Johnston	5-08.00
13 Ethen Roberts	12	Mason City	5-08.00

46th Annual Jim Duncan Invitational - 4/15/2023**Drake Stadium****Drake University - Des Moines, IA****Results - Saturday****Finals ... (Event 36 Boys High Jump)**

	Name	Yr	School	Finals
14	Kalib Campbell	12	Ottumwa	5-08.00
14	Caden Hood	11	Johnston	5-08.00
16	George Hinke	10	Waukee	5-08.00
17	Mark Mast	12	Carlisle	5-08.00
18	Mattai Cayton	12	Ankeny Cent	5-06.00
18	Shawn Wokittle	12	North Polk	5-06.00
18	Damian Miller	11	Dsm Hoover	5-06.00
21	Kayne Pavey	10	Grinnell	5-06.00
21	Dillon Zwanziger	11	Gilbert	5-06.00
21	Lane Kenny	11	Ames	5-06.00
---	Jonathan Miller	09	Ottumwa	NH
---	Cash Schoolen	11	Ankeny	NH
---	Malakai Johnson-Bassey	12	Dsm Hoover	NH
---	Angel Flores	12	Dsm East	NH

Event 14 Girls Distance Medley

	Team	Relay	Finals
Finals			
1	North Polk		4:15.49
	1) Ashley Owen 12	2) Kylie Rasmussen 11	
	3) Megan Elliott 12	4) Liza Schaffer 12	
2	SE Polk		4:23.23
	1) Brooke Myers 09	2) Avery Warren 10	
	3) Libby Hartz 11	4) Jenna Francois 12	
3	Urbandale		4:23.96
	1) Ela Tabakovic 10	2) Dennen Rew 12	
	3) Elleana Lekkas 12	4) Alex Mackie 11	
4	Waukee NW		4:29.43
	1) Lilah Kress 10	2) Anne Taoh 10	
	3) Emilie Parks 10	4) Aubree Lalone 10	
5	Gilbert		4:30.99
	1) Averie Bruner 11	2) Claire Grandgenett 10	
	3) Clare Stahr 11	4) Sarah Feddersen 10	
6	Dowling Cath		4:32.97
	1) Kate Nelson 10	2) Franny Brooks 09	
	3) Ella Anliker 11	4) Avery Muller 11	
7	Carroll		4:35.04
	1) Aubrie Schmitt-Hubbard 09	2) Amanda Wardell 09	
	3) Averi Burke 11	4) Katelyn Aden 10	
8	Dc-Grimes		4:35.54
	1) Meredith McDermott 12	2) Tess Meggison 11	
	3) Emerson McDermott 09	4) Addison Dooley 09	
9	Johnston		4:36.64
	1) Grace E Anderson 10	2) Regan Vukovich 12	
	3) Jaida Bell 10	4) Maggie Burry 11	
10	Ames		4:37.07
	1) Suzy Guedeyi 11	2) Holly Dettbarn 10	
	3) Natalya Deardorff 09	4) Lauren Risdal 10	
11	Pella		4:37.67
	1) Mollie Renaud 11	2) Mara Schiebout 10	
	3) Emerson Wogen 09	4) Abbey Bogaards 12	

12	Adm Adel	4:38.43
	1) Peyton Standley 09	2) Lauryn Troster 09
	3) Brenna Seidl 09	4) Mackealin Sutton 10
13	Ankeny	4:38.63
	1) Kaitlyn Braun 11	2) Ava Leinen 10
	3) Grace Landmesser 11	4) Sophia Graber 10
14	Ankeny Cent	4:40.21
	1) Hannah Varangkounh 11	2) Charli Brady 11
	3) McKenna Overton 11	4) Camden Hershberger 12
15	Valley Wdm	4:40.53
	1) Avery Remsburg 11	2) Brooklyn Brown 09
	3) Mandy Overton 12	4) Cali Trygstad 12
16	Dsm Lincoln	4:43.04
	1) Jamiah Wiggins 11	2) Aiyana Pack 09
	3) Alyssen Irvin 12	4) Jade Anderson 12
17	Indianola	4:44.29
	1) Kaydence Eaton 11	2) Hadley Vetter 09
	3) Lauren Olson 09	4) Camden Palmer 10
18	Ottumwa	4:47.61
	1) Kendra Cole 09	2) Madelyn Houk 12
	3) Eve Rust 10	4) Jasmine Luedtke 11
19	Waukee	4:53.84
	1) Lauren Billeter 12	2) Barbara Roberts 10
	3) Gabriela Acosta 09	4) Emma Baumgart 12
20	Boone	4:58.63
	1) Madelyn Davidson 09	2) Taylor Arringdale 09
	3) Elaina Wadzinski 10	4) Anna Gute 12
21	Winterset	5:01.70
	1) Paige Wickman 12	2) Brynn Acton 10
	3) Luci Davis 10	4) Morgan Back 09
22	Dsm Hoover	5:26.27
	1) Jalina Jordan 11	2) Meleah Davis 09
	3) Ernestine Kennedy 09	4) Andrea Saldana-Valdez 09

Event 34 Boys Distance Medley

	Team	Relay	Finals
Finals			
1	Pella		3:33.21
	1) Quinn Gruver 12	2) Cam Schulte 12	
	3) Trey Van Hauen 12	4) Chase Lauman 12	
2	Waukee		3:34.15
	1) Santino Anzevino 11	2) Colin Driscoll 12	
	3) Travis Lembechwa 10	4) Garrett Weber 12	
3	Norwalk		3:34.50
	1) Dillon Ranck 12	2) Braeden Carlson 12	
	3) Jacey Hutson 12	4) Ben Hanson 12	
4	North Polk		3:39.07
	1) Brady Miller 12	2) Cooper Spurgeon 12	
	3) Ross Muhlbauser 12	4) Zach Spora 12	
5	Ames		3:39.53
	1) Dallas Sauser 12	2) Jeffery Roberts 09	
	3) Jonathon Williams 12	4) Connor Johnson 12	
6	Valley Wdm		3:40.59
	1) Jaleel Dorn 12	2) Noah Cracraft 11	
	3) Logan Elston 12	4) William Johnson 12	

46th Annual Jim Duncan Invitational - 4/15/2023**Drake Stadium****Drake University - Des Moines, IA****Results - Saturday****Finals ... (Event 34 Boys Distance Medley)**

Team	Relay	Finals
7 SE Polk		3:44.35
1) Emmanuel Gaye 10	2) Abu Sama 12	
3) Aydin McNeley 11	4) Bruce Johnson 11	
8 Johnston		3:46.55
1) Caden Wilson 12	2) Alijah Armstrong 09	
3) Ben Barber 11	4) William Zhao 11	
9 Ankeny		3:48.59
1) Casen Carter 10	2) Emmett Sipes 10	
3) Ben Taylor 10	4) Nicholas Robie 10	
10 Gilbert		3:48.77
1) Paul Marpe 09	2) Will Hawthorne 10	
3) Jonathan Stoker 11	4) William Wadsley 12	
11 Waukee NW		3:48.79
1) Carter Blakely 11	2) Alex Carr 12	
3) Matt Lindholm 11	4) Owen Line 11	
12 Winterset		3:49.86
1) Bowen Tadlock 10	2) Tate Thompson 11	
3) Lochlann O'Neal 10	4) Luke Heithoff 12	
13 Urbandale		3:51.90
1) Kael McDaniel 12	2) Brayden Mulligan 11	
3) Larson De Boer 10	4) Andrew Donoho 12	
14 Ankeny Cent		3:52.83
1) Braeden Jackson 10	2) Caleb Reed 10	
3) Braden Adams 11	4) Elijah Starr 09	
15 Dsm Lincoln		3:54.36
1) Gino Wallace 11	2) Clarence Reed 10	
3) Damarius Parker 10	4) Zack Stoermer 11	
16 Bond-Farrar		3:54.64
1) Mason Frost 10	2) Talon Hayworth 11	
3) Jaxon Fried 12	4) Porter Francois 12	
17 Carlisle		3:55.38
1) Mason Lucas 10	2) Grant Weston 11	
3) Tate Heidemann 11	4) Kamden Brown 10	
18 Indianola		3:55.62
1) Vincent Anderson 10	2) Andrew DeWall 10	
3) Gavin Reed 10	4) Reed Robbins 09	
19 Adm Adel		3:56.57
1) Talan Guile 11	2) Talon Harvey 10	
3) Carter Padget 11	4) Issac Chapman 10	
20 Dsm Hoover		3:57.36
1) William Freeman 10	2) Niyo Francois 10	
3) Xzavijhon Taylor 11	4) Abenico Gear 12	
21 Ottumwa		4:00.07
1) Donald Golec 12	2) William Miller 11	
3) Jonathan Miller 09	4) Logan Toloza 11	
22 Carroll		4:00.14
1) Carter Essick 10	2) Edrik Heisterkamp 10	
3) Ryan North 11	4) Blake Molinsky 10	
23 Dsm East		4:02.17
1) Nate Burkheimer 10	2) Craig Farley 10	
3) Cole Buehler 10	4) Abraham Johnson 11	

24	De-Grimes	4:02.49
1) Mason Jackson 12	2) Eli Carpenter 11	
3) Oliver Rouse 09	4) Nevin Bissell 10	
25	Grinnell	4:07.85
1) Kayne Pavey 10	2) Daniel Earnest 09	
3) Jack Stephens 11	4) Jack Gallagher 09	
26	Marshalltown	4:08.63
1) Brylan Bethke 12	2) LaMar Johnson 10	
3) Carson Wright 09	4) John Moellers 10	
27	Dsm North	4:14.65
1) Damonte Hardiman 09	2) A.J. Guthrie 10	
3) Ray Ford 11	4) Donnie Bensley 10	
28	Mason City	4:17.99
1) Andrew Fingalsen 09	2) Dane Hanson 09	
3) Kasin Byre 10	4) Kale DiMarco 12	
29	Boone	4:18.18
1) Ryan Franzenburg 12	2) Dawson Westfall 12	
3) Drew Hayworth 10	4) Max Johnston 12	

Event 3 Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Anna Sheriff	10	Waukee NW	59.09
2 Marie Dea	11	Carroll	59.30
3 Jacie Trine	11	Pella	59.58
4 Olivia Fehn	09	Johnston	59.96
5 Julia Flick	10	Ankeny Cent	1:00.28
6 Annie Smith	10	Dowling Cath	1:00.96
7 Carli Bennett	11	SE Polk	1:00.97
8 Kiana Carnes	12	Waukee NW	1:00.99
9 Sydney Hodges	11	Johnston	1:01.63
10 Layla Hughes	12	Ankeny Cent	1:01.65
11 Vanessa Simmons	11	Ottumwa	1:02.01
12 Morgan Johnson	11	Ankeny	1:02.48
13 Madison Nagel	09	Dowling Cath	1:02.56
14 Meredith Gentry	09	Dsm Roosevelt	1:02.68
15 Felicity Severs	11	SE Polk	1:02.92
16 Reagan Prendergast	09	Ankeny	1:03.16
17 Finley Hancock	10	Valley Wdm	1:03.85
18 Avary Darling	12	Winterset	1:03.94
19 Savannah Kual	09	Dsm North	1:04.19
20 Brylee Jaeger	10	Ottumwa	1:04.38
21 Raneen Rheem	12	Valley Wdm	1:04.56
22 Abby Teagarden	11	Pella	1:05.19
23 Sarah Webster	10	Urbandale	1:05.37
24 Emily Puck	10	Carroll	1:05.38
25 Jayden Rees	09	Waukee	1:05.46
26 Carly Busch	10	Boone	1:05.73
27 Jaide Harris	09	Dsm Lincoln	1:07.25
28 Luci Davis	10	Winterset	1:07.36
29 Katie Campbell	09	Ames	1:08.15
30 Aleah Port	09	Waukee	1:08.70
31 Honey Hanawalt	11	Dsm East	1:10.95
32 Devine Idehen-Edokpaigbo	10	Urbandale	1:15.04

46th Annual Jim Duncan Invitational - 4/15/2023**Drake Stadium****Drake University - Des Moines, IA****Results - Saturday****Event 23 Boys 400 Meter Dash**

Name	Yr	School	Finals
Finals			
1 Jackson Belding	11	Ankeny	49.22
2 James Fingalsen	12	Mason City	49.27
3 Braedin Zondervan	11	Carlisle	50.53
4 Kaden Tyler	12	Mason City	50.56
5 Jack Wang	11	Johnston	50.86
6 Logan Piper	12	Indianola	50.96
7 Chance Lande	11	Ballard	51.04
8 Alec McCormick	12	Carlisle	51.57
9 Harry Mullens	09	Pella	52.06
10 Kale Yoakum	11	North Polk	52.16
11 Tanner Merriman	12	Norwalk	52.33
12 Bennett Blakeslee	12	Ankeny Cent	52.36
13 Braden Adams	11	Ankeny Cent	52.52
14 Jack Hilton	11	Indianola	52.78
15 Brayden Rynearson	10	Adm Adel	52.97
16 William Barreto	10	Dowling Cath	53.02
17 Matthew Urness	09	Johnston	53.03
18 Cameron Thomas	10	Norwalk	53.48
19 Colin Kerndt	10	Pella	53.62
20 Jacob Blattel	11	North Polk	53.66
21 Mason Moran	11	Urbandale	53.73
22 Sage Yazzie	10	Waukee	53.88
23 Cael Winget	10	SE Polk	54.29
24 Cameron Forgy	10	Adm Adel	54.33
25 Gage Olsen	10	Valley Wdm	54.54
26 Jacob Tatman	10	Waukee NW	54.59
27 Ethan Berkey	12	SE Polk	54.81
28 Drake Walker	10	Waukee NW	54.99
29 Owen Evans	11	Ankeny	55.31
30 Anthoneih Kopsa	12	Marshalltown	55.42
31 Gavin Clouser	10	Ames	56.25
32 Ray Ford	11	Dsm North	56.90
33 Jonah Flynn	11	Dsm Roosevelt	56.92
34 Vinny Hayes	12	Boone	57.05
35 Drew Hayworth	10	Boone	57.30
36 Caden Mollhoff	10	Carroll	57.35
37 Diing Attack	11	Ames	58.11
38 Caleb Vanderheiden	11	Carroll	58.23
39 Williams Stokes	11	Dsm East	58.29

Event 10 Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Dowling Cath		1:44.93
1) Ashley Hall 12	2) Shea Johnson 11	
3) Emily Heitzman 10	4) Lauren McCoy 09	
2 SE Polk		1:45.18
1) Avery Warren 10	2) Ellie Powell 09	
3) Anna Van Kooten 11	4) Alexis Boord 12	

3 Johnston	1:46.91
1) Karli Wagner 11	2) Grace E Anderson 10
3) Kennedy Godfredsen 12	4) Giada Grimes 11
4 Pella	1:47.12
1) Delanie Reynolds 12	2) Kelsey Tauke 10
3) Kamryn Long 09	4) Marissa Hackman 12
5 Adm Adel	1:47.32
1) Aniston Tollari 10	2) Peyton Standley 09
3) Josi Dufoe 10	4) Makayla Crannell 11
6 Ames	1:48.33
1) Asia Ross 12	2) Ellie Lynch 12
3) Sophia Hatcher 09	4) Suzy Guedeyi 11
7 Norwalk	1:50.59
1) Kennedy Robbins 11	2) Savannah Welch 11
3) Ashlyn Brown 11	4) Nyah Hulbert 10
8 Carlisle	1:50.64
1) Aubrey McDaniel 10	2) Kira Fisk 10
3) Sage Austin 12	4) Mallie Stoner 09
9 Urbandale	1:51.07
1) Ela Tabakovic 10	2) Dennon Rew 12
3) Ava Ross 11	4) Lauren Nepper 12
10 Dc-Grimes	1:51.55
1) Abby Osborn 12	2) Olivia Curtis 11
3) Brinn Johnson 12	4) Meredith McDermott 12
11 Dsm Roosevelt	1:51.79
1) Avery Vukovich 10	2) Sydney Goding 09
3) Meredith Gentry 09	4) Julia Knapp 09
12 Waukee	1:52.16
1) Summer Nichols 11	2) Kylie Faber 10
3) Miranda Peters 12	4) Barbara Roberts 10
13 North Polk	1:52.46
1) Jocelyn Manock 09	2) Emma Daggett 10
3) Maddy Simoens 10	4) Mia Doonan 10
14 Carroll	1:52.46
1) Aubrie Schmitt-Hubbard 09	2) Aubrie Drake 09
3) Amanda Wardell 09	4) Shay Sinnard 12
15 Boone	1:52.70
1) Kelsea Moorman 12	2) Taylor Arringdale 09
3) Erin Ades 11	4) Sydney Adams 10
16 Indianola	1:53.22
1) Kiley Kindelspire 10	2) Abbie Kluver 09
3) Katie Kluver 09	4) Hadley Vetter 09
17 Ankeny Cent	1:53.25
1) Olivia Larsen 10	2) Elizabeth Mahama 11
3) Kensington Arringdale 09	4) Crystal Opoku 11
18 Dsm East	1:54.76
1) Daffney Bolander 09	2) Hope Davies 10
3) Honey Hanawalt 11	4) Arina Tembo 12
19 Grinnell	1:54.79
1) Amanda Small 12	2) Alyssa Flander 09
3) Kylee Bond 09	4) Aiden Gosselink 09
20 Ottumwa	1:56.23
1) Madelyn Houk 12	2) Autumn Damm 10
3) Breanna Griffiths 09	4) Camdyn Crouse 10

46th Annual Jim Duncan Invitational - 4/15/2023**Drake Stadium****Drake University - Des Moines, IA****Results - Saturday****Finals ... (Event 10 Girls 4x200 Meter Relay)**

Team	Relay	Finals
21 Ankeny		1:56.82
1) Maya Durbin-Wilson 10	2) Alice Oleson 10	
3) Aubrey Lensmeyer 10	4) Ava Leinen 10	
22 Dsm Hoover		1:58.18
1) Takira Smith 11	2) Deu Wal 11	
3) Nakara Adoobe 10	4) Acown Kak 10	
23 Dsm North		1:59.52
1) Alydia Wright 09	2) Elizabeth Puot 12	
3) Hellen Doerue 10	4) Savannah Kual 09	
24 Winterset		2:00.80
1) Paige Wickman 12	2) MaKenna Sheffield 11	
3) Neela Applegate 10	4) Brynn Acton 10	
--- Valley Wdm		DQ
1) Bella Mavinga 10	2) Taylor Burns 10	
3) Makenna Paul 10	4) Avery Remsburg 11	

Event 30 Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Ankeny Cent		1:30.81
1) Elijah Porter 11	2) Connor Welsch 11	
3) Lawson Langford 11	4) Max Snyder 11	
2 Waukee		1:30.82
1) Travis Lembechwa 10	2) George Hinke 10	
3) Colin Driscoll 12	4) Santino Anzevino 11	
3 Pella		1:31.16
1) Kenson Fuller 12	2) Quinn Gruver 12	
3) Cam Schulte 12	4) CJ Shetterly 12	
4 Adm Adel		1:31.93
1) Aiden Flora 11	2) Zach Lohmann 11	
3) Cade Morse 12	4) Jamaul Richardson-Williams	
5 SE Polk		1:32.21
1) Emmanuel Gaye 10	2) Abu Sama 12	
3) AJ Schafer 11	4) Joe Zelenovich 12	
6 Valley Wdm		1:32.81
1) Noah Cracraft 11	2) Will Johnson 12	
3) DJ Lewis 12	4) Jacob Zeh 11	
7 Ottumwa		1:32.86
1) Mason Farrington 12	2) Javen Rominger 11	
3) Luke Graeve 12	4) Brock Brinegar 12	
8 Johnston		1:33.64
1) Dusty Nyonee 11	2) Tony Paye 12	
3) Drew MacGregor 11	4) Caulier Cason 10	
9 Ankeny		1:33.69
1) Bram Van De Mortel 12	2) Evan Irlmeier 10	
3) Daniel Larmie 09	4) Aiden Adamson 12	
10 North Polk		1:34.13
1) Andrew Wilcox 11	2) Carter Van Brocklin 10	
3) Nathan Feldman 10	4) Kaden Halterman 12	
11 Dowling Cath		1:34.45
1) Trey Wilson 10	2) Sam Drexler 09	
3) Hank Brown 11	4) Will Ringwelski 11	

12 Waukee NW		1:34.70
1) Grant Macke 12	2) Nathan Stout 11	
3) Harry Leinen 11	4) Will Retz 11	
13 Carroll		1:34.92
1) Reece Ziegmann 10	2) Austin Tigges 12	
3) Trey Hunter 12	4) Jack White 12	
14 Carlisle		1:35.14
1) Caleb Nordhagen 10	2) Jack Laughlin 12	
3) Juni McPhee 12	4) Joe Goodhue 12	
15 Mason City		1:35.32
1) Justyn Rivera 11	2) Javel Lee 10	
3) Ethen Roberts 12	4) Drayden Witt 09	
16 Indianola		1:35.94
1) Liam Kelso 12	2) Micah Duey 12	
3) Luke Rockhold 11	4) Vincent Anderson 10	
17 Norwalk		1:36.54
1) Eli Robbins 09	2) Kaiden Kunze 09	
3) Cole Wardlow 10	4) Kadan Borcharding-Johnson	
18 Dsm Hoover		1:36.56
1) Diyon Berry 09	2) Moses Gorh 12	
3) Elias Young 09	4) Damian Miller 11	
19 Dsm East		1:36.58
1) Nate Burkheimer 10	2) Javarius Hughes 10	
3) Craig Farley 10	4) Christopher Young 11	
20 Dsm Roosevelt		1:36.90
1) Rylan Malloy 10	2) Sam Wandera 12	
3) Billy Coleman 12	4) George Williams 12	
21 Grinnell		1:39.25
1) Grace Kiphanzu 12	2) Carson Penyich 11	
3) Broc Heishman 10	4) Maxwell Mintle 11	
22 Boone		1:39.25
1) Jordan McCloud 10	2) Lucas Boucher 10	
3) Easton Klein 12	4) Joshua Ingram 10	
23 Marshalltown		1:39.28
1) Brylan Bethke 12	2) LaMar Johnson 10	
3) Cory Smith 11	4) Jayzek Lee 12	
24 Ames		1:40.97
1) Blaeton Busano 10	2) Drew Vander Wilt 09	
3) Michael Brown 12	4) Owen Vance 09	
25 Dsm North		1:49.38
1) Zack Seckee 12	2) Naszir Lamar 10	
3) Teagen O'Brien 11	4) Aron Gonkaryon 12	
--- Dsm Lincoln		DNF
1) Gino Wallace 11	2) Damarius Parker 10	
3) Clarence Reed 10	4) Oscar Sposato 10	
--- Dc-Grimes		DQ
1) Jimmy Seeman 11	2) Karsten Freund 10	
3) Jace Kiley 09	4) Cole Kestel 11	

Event 7 Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Emma Robinson	09	Carlisle	17.40 -2.3
2 Ella Johnson	10	Norwalk	17.61 0.9
3 Morgan Gach	12	Waukee	18.21 -2.3

46th Annual Jim Duncan Invitational - 4/15/2023**Drake Stadium****Drake University - Des Moines, IA****Results - Saturday****Finals ... (Event 7 Girls 100 Meter Hurdles)**

	Name	Yr	School	Finals	
4	JaKya Powell	10	Dsm Hoover	18.64	-2.3
5	Ella Smithson	11	Johnston	19.22	-2.3
6	Abby Neppel	09	Carroll	19.34	-2.3
7	Hellen Doerue	10	Dsm North	20.69	0.9
8	Larreyah Bundy-Jewett	11	Dsm North	21.63	-2.3
9	Kylie Lincoln	09	Ankeny Cent	21.98	0.9
10	Mallory Morgan	12	Ottumwa	22.19	-2.3
11	Ruth Fandeh	11	Dsm Hoover	23.47	0.9