CADOTT JUNIOR HIGH TRACK & FIELD INVITATIONAL

INFORMATION SHEET

Participating Schools: Altoona, Augusta, Bloomer, Cadott, Chippewa Valley - Lightning Bolts, Eleva-Strum, Fall Creek, Gilman, McDonell, Neillsville, Osseo-Fairchild, Owen-Withee, Regis, Stanley-Boyd, Thorp

Meet Date: Thursday, April 20, 2023

Start Times: 3:45pm Coaches Meeting at Pressbox

4:15pm Field Events Begin

5:15pm Running Events Begin

Entry: **Online registration for the meet is through http://www.pttiming.com/. The deadline for entries is noon on Tuesday, April 18, 2023.**

Participation is limited to 4 athletes (4 boys & 4 girls) per event and 2 relay teams per race. The meet will not be scored. WIAA rules limit participation to 4 events per person/meet.

The girls hurdle race will be 100 Meters at the 30" height with 10 flights. (This is the same as the high school girls, but at a lower height). The boys hurdle race will be 110 METERS at the 30" height with 10 flights. (This is the same as high school boys, but at a lower height).

We will be throwing a 6 lb. shot for girls and a 4K shot for boys. We will be using a 1K discus for both boys and girls.

Facility: The 8 lane track and event areas are an all-weather facility.

- ¼" spikes are allowed for all running events, high jump, and horizontal jumps; no pins or x-mas trees.
- NO ONE will be allowed on the infield. All spectators will need to be behind the facility fence.
- There is NO TAPE allowed in the jumping areas or exchange zones. Chalk will be provided.

Team Camps: Playground area and behind the bleachers.

Restricted Areas: Please tell your athletes to stay off the infield, and nobody should be under the bleachers. Coaches will be allowed into the coaching box areas. The backstretch of the track can be used for warm-ups when it does not interfere with running events taking place at that time.

THE ELEMENTARY PARKING LOT IS OFF LIMITS TO ACTIVITY BUSES because school is still in session.

Concessions: Concessions will be available.

Bathrooms: East side of the High School through the tunnel; porta potties are also available at the track. Elementary School is not available.

Meet Manager: Erin Crank, cranke@cadott.k12.wi.us, (715) 289-3795, ext. 14428, 609-335-4943 (cell)

SCHEDULE:

Field Events 4:15pm

Long Jump - 3 jumps, cafeteria-style, no finals

High Jump – girls first, boys second

Shot Put - boys first, girls second

Discus - girls first, boys second

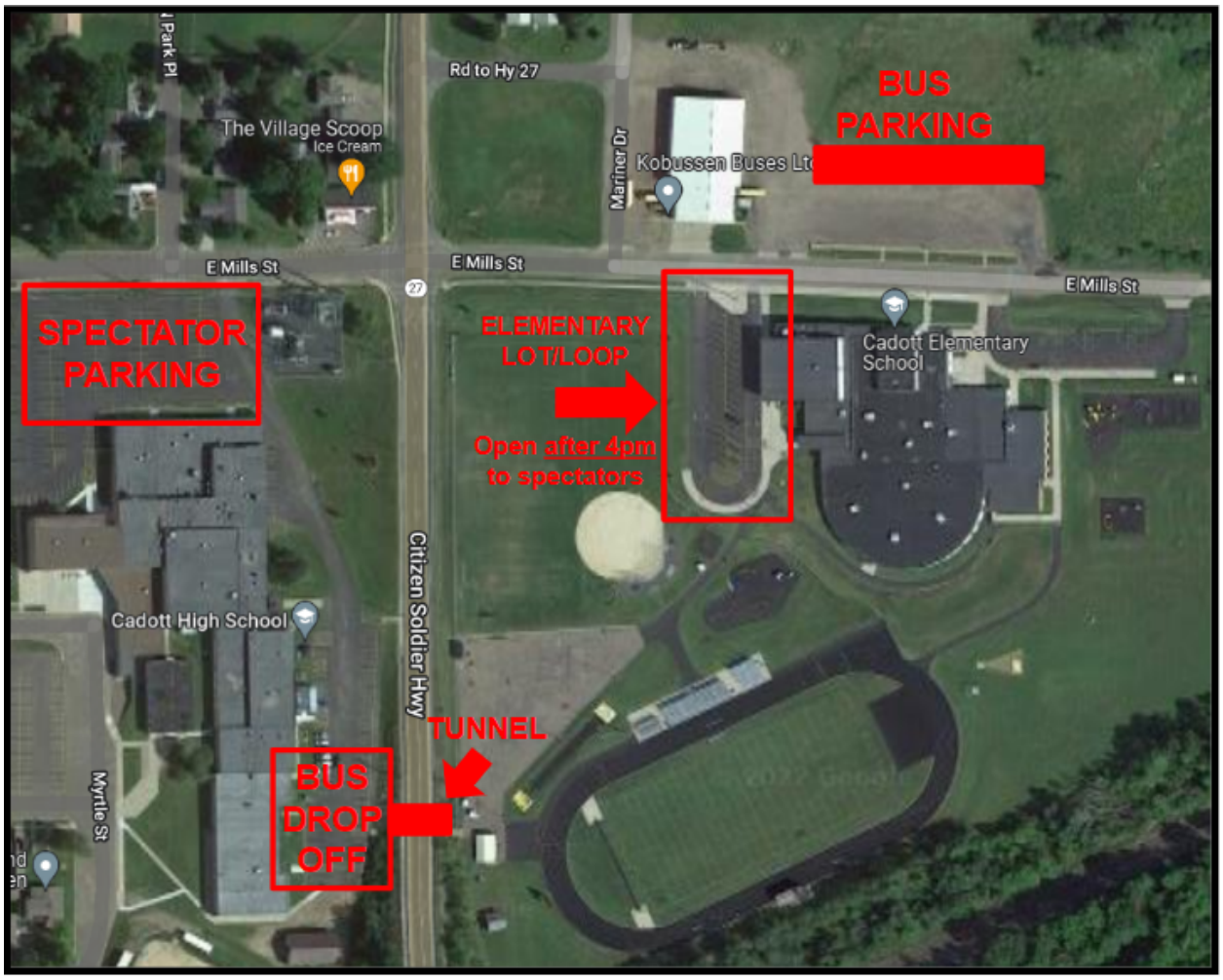
Track Events 5:15pm

100 Meter Low Hurdles/110 Meter Low hurdles, 100 Meter Dash, 1,600 Meter Run, 4 x 100 Meter Relay, 400 Meter Run, 200 Meter Run, 800 Meter Run, 4 x 200 Meter Relay (Girls running events will be prior to boys running events)

IMPORTANT PARKING INFORMATION

Cadott Elementary School begins dismissal at 3:25pm. The ***parking lot/loop is NOT ACCESSIBLE to spectators until after 4pm*** *when school dismissal is complete. Thank you in advance for your cooperation in keeping our students safe.*

Spectator Parking: Utilize parking lots identified below. Elementary parking lot/loop is accessible after 4pm.

Bus/Van Drop-Off: Teams should be dropped off on the east side of Cadott High School between the HS building and Highway 27. Teams can then access the track via the tunnel under Highway 27.

Bus/Van Parking: Park in the northern most part of the lot across from the elementary school, by the bus barn (see below).