



DuKane Boys Quad at LP TUESDAY APRIL 30, 2024

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- Entries:** We will be using an on-line entry system and FAT timing at this year's meet. To submit entries, [the link is here](#) .
- Please note:** entries close at **6:30pm on Monday, April 29, 2024**.
- Levels:** The meet will feature all events at one level.
- Teams:** **Geneva, Glenbard North, Lake Park, Wheaton Warrenville South**
- Schedule:** **3:45PM** Senior Recognition Ceremony
4:15PM Field Events
4:45PM Track Finals
- Location:** **Lake Park East Campus (Krupke Field)**
600 S. Medinah Road
Roselle, IL 60172
- Parking:** **Link:** [Parking Lot Map](#)
Buses should drop teams in Jubilee Church lot located at 900 Foster Avenue, Medinah IL 60157 (**YELLOW** lot west of our stadium). Buses will be directed to park in our Drivers Ed Range (**BLUE** lot south of the school off of Acacia Avenue)
There is no school bus or mini bus parking allowed in the Jubilee Church lot.
- Parking:** Parents & spectators are urged to park in the Jubilee Church parking lot. Overflow parking will be available at the lots on the South or East sides of Lake Park East Campus. These lots are all outlined in **YELLOW** on the facility map. Lots outlined in **RED** will be closed to all traffic.
- Facilities:** No locker rooms will be available for athletes. Athletes should come dressed to compete. Washrooms & concessions are available in the track stadium.
- Workers** Each school is required to provide (1) qualified adult workers. Schools will be assigned to specific areas.
- Exchange Zones** 4x100: Yellow to Yellow all the way around ; 4x200: Black to Black, Black to Black, Yellow to Yellow
- Spectators:** All spectators must remain in the stands or behind ropes at all times. Only participants and coaches will be allowed in the competition areas. Warmups will be permitted on the infield if they do not impede the view of the officials.
- Results:** F.A.T. timing will be used. Complete results will be available immediately following the invite online at [athletic.net](#)
Live meet results will also be available the day of the meet on PT Timing's website.

Questions:

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SCHEDULE OF FIELD EVENTS

LONG JUMP (at Middle Pit or End Pit by High Jump, depending on wind)

4:15-5:15 - 4 jumps Cafeteria Style, no finals

TRIPLE JUMP (Same Pit as LJ) - Following Long Jump after 15min Warmup Period

5:30-6:30 - 4 jumps Cafeteria Style , no finals

SHOT PUT (2 Flights) to completion first two flights will go off at the same time in 2 rings

4:15 - 6 throws in order. Best flight first, once completed, Discus will begin.

DISCUS (2 Flights) to completion

TO follow Shot Put - 6 throws in order. Best flight first after shot put is finished.

HIGH JUMP – 1 Flight to completion

Starting Height TBD and then increase 2"

POLE VAULT – 1 Flight to completion

Starting height TBD and then increase 6"

SCHEDULE OF RUNNING EVENTS

ALL HEATS FINALS AGAINST TIME, FAST TO SLOW

4:30PM Pre Meet Announcements & National Anthem

Event

4 x 800m Relay & 3200m Run

4 x 100m Relay

110m Hurdles

100m Dash

800m Run

4 x 200m Relay

400m Dash

300m Hurdles

1600m Run

200m Dash

4 x 400m Relay

Athletes must check in (Tent at the South end of the home straightaway) and receive hip numbers, lane assignments, and final instructions at or before the Final Check In Time. Athletes will not be required to remain in clerks' tents and are responsible for reporting directly to their starting line in time for their race where the clerk of the course will check them in.

****FINAL # OF HEATS WILL BE DETERMINED AFTER REVIEWING ENTRIES****