



Waunakee Freshman/Sophomore Invitational



Meet Date: Thursday, April 25, 2024

Start Time: 4:15pm - All Field Events

4:30pm - Running Events

Participating Teams: ***Waunakee, DeForest, Edgewood, Madison La Follette, Madison Memorial, Middleton, Oregon, Sauk Prairie, Stoughton***

Tickets: \$5 Cash at the gate or GoFan(if purchasing ahead);

<https://gofan.co/event/1504020?schoolId=W119226>

Free admission for Waunakee Senior parents, meet workers & children age 12 & under

Meet Information:

****We are honoring our Seniors this year at this meet. We do not host another home meet and want to be sure to thank our Seniors. Following the last 100m dash heat, we will stop ALL events to have our Senior Recognition. Please plan accordingly for warmups for the 1600m and field events. Sorry for any inconvenience. We wanted to let you know ahead so you can make sure your athletes are aware.****

1. Reminder that the event fee is \$150; please send in or bring along
2. Entries – We will be using **Pttiming** for our meet entries. No faxed or emailed entries will be accepted. Register through milesplit.
<https://www.pttiming.com/event.php?mid=1701&pt=schedule>
3. **Entries are due by Tuesday, April 23rd @ Noon.** If you have changes please email them to me by 2 pm Wednesday, April 24th. No changes after this point, only scratches.
4. For Entries we will allow 4 individuals entries per event and 3 relay teams per school.
5. There will be no trials, **ONLY TIMED FINALS**. Each athlete will get 3 attempts in their field event.
6. Long and Triple jump will be run open pit for 1 ½ hours. Your athletes
7. must complete their jumps within the allotted time.
8. There will be 15 min. check out time enforced for the field events. If your athlete needs to leave for an event they must check out with the person running the event and check back in within 15 minutes from when they are called.
9. Scoring will be 10-8-6-5-4-3-2-1; Medals will be awarded for the top 3 places per event
10. Please bring your own Batons, Pole Vault Poles, Shots and Discus.

11. A concessions stand will be available throughout the meet. There will be sandwiches in the pressbox for coaches.
12. Please enter **Freshmen and Sophomores only** into the meet. We would like to give our younger athletes the chance to truly compete against their own age groups.
13. Please remember to pick up your medals at the end of the meet.
14. For those that can not attend, we do livestream our meets. Here is the link:
https://www.waunakee.k12.wi.us/athleticsactivities/livestream#/broadcasts/wegsqphcyshspamvjllc?channel_id=upcoming

If you have questions email me at jennifergrabarski@waunakee.k12.wi.us or call me at 219-1731 or Nick Conrad (athletic director) @ 849-2100 x2053.