

TO: Athletic Directors & Middle School Track Coaches

FROM: Trevor Kohlhepp-Fall Creek Schools Athletic Director

SUBJECT: Middle School Track Meet at Fall Creek on Thursday, May 2, 2024

DATE: April 22, 2024

Fall Creek will be hosting the Middle School track meet on the above date. The following information is provided.

1. The events that will be conducted and the order of events are listed on the enclosed page.

We would like to start with field events at 4:00 p.m. and running events at 4:30 p.m.

2. We are asking that you limit participation to 4 athletes per event and

2 relay teams per race. The meet will be scored for boys and girls combined (7th & 8th).

3. The girls hurdle race will be 100 Meters at the 30" height with 10 flights. (This is the same as the high school girls, but at a lower height). The boys hurdle race will be 100 METERS at the 30" height with 10 flights.

4. PLEASE have your athletes set up on the track perimeter. We are asking everyone to avoid walking on the football field.

5. We will be throwing a 6 lb. shot for girls and a 4K shot for boys. We will be using a 1K discus for both boys and girls.

6. **Entries must be done online with**

The link for online entries is: <https://wi.milesplit.com/meets/586489/registration>

Entries will open on April 23rd and close at NOON on April 30th.

- Teams will be allowed 4 entries per event and 2 team per relay.

7. A concession stand will be available during the meet.

CONTACT:

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ORDER OF EVENTS

FALL CREEK MIDDLE SCHOOL TRACK

MAY 2, 2024

Girls running events will be prior to boys running events.

100 Meter Low Hurdles

100 Meter Dash

1,600 Meter Run

4 x 100 Meter Relay

400 Meter Run

200 Meter Run

800 Meter Run

4 x 200 Meter Relay

Long Jump - 4 jumps, no finals, cafeteria

High Jump – same time- two pits

Shot Put - boys first, girls second

Discus - girls first, boys second

