

# Hudson Tune Up - 5/7/2024

## Hudson High School

### Girls 100 Meter Dash

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Johnson, Lilly	12	Hudson	12	13.14	8
2 Berglund, Gracie	11	EC Memorial	12	13.26	6
3 Leach, Addie	11	Hudson	12	13.63	4
4 Eilertson, Brooke	10	Hudson	11	13.69	2
5 Sirek, Temp	11	Hudson	11	13.72	1
6 Dusek, Brooke	9	River Falls	12	13.87	
7 Muchow, Reagan	10	EC Memorial	12	13.90	
8 Burant, Izzy	9	Hudson	11	14.08	14.071
9 Dreher, Della	9	Hudson	12	14.08	14.075
10 Russell, Isabelle	10	River Falls	12	14.08	14.078
11 McCarthy, Emily	12	Hudson	11	14.09	
12 Kein, Kendall	11	EC North	11	14.13	
13 Gilbertson, Abby	11	River Falls	11	14.17	
14 Skaw, Hadly	12	EC Memorial	10	14.19	
15 Boevers, Kendallynne	10	River Falls	11	14.23	
16 Bushbeck, Meghan	11	EC North	12	14.25	
17 Reierson, Kyra	9	Hudson	10	14.30	
18 Moessner, Maggie	9	EC Memorial	9	14.45	
19 Mielke, Maren	9	Hudson	11	14.48	
20 Koehler, Amy	10	EC North	10	14.49	
21 Zheng, Jiayi	10	EC Memorial	10	14.52	
22 Hebert, Saylee	10	EC Memorial	9	14.57	
23 Riley, Tay	11	Hudson	9	14.58	
24 Belany, Greta	10	Hudson	10	14.59	
25 Ashbach, Evelyn	12	River Falls	9	14.67	
26 Opatz, Elizabeth	10	Hudson	8	14.71	
27 Petermeier, Kylie	11	Hudson	8	14.73	
28 Harrold, Brynn	9	Hudson	9	14.75	
29 Goodell, Anissa	9	EC North	9	14.77	
30 Nelson, Addie	9	Hudson	7	14.83	
31 Binczak, Alaina	9	EC Memorial	7	14.87	
32 Rock, Abigail	9	River Falls	7	14.90	
33 Sailer, Ayla	11	Hudson	7	14.93	
34 Lassi, Lali	9	Hudson	8	14.96	
35 Hampson, Alexuss	9	EC Memorial	8	14.98	14.971
36 Deutscher, Avery	9	EC Memorial	8	14.98	14.980
37 Daniel, Hermona	10	Hudson	5	14.99	
38 Schmidtknecht, Lucy	9	Hudson	5	15.08	
39 Ganther, Grace	11	Hudson	7	15.09	
40 Heuschele, Octavia	12	River Falls	9	15.12	
41 Wiegert, Ayanna	9	Rice Lake	5	15.20	
42 Estrella, Lilia	9	Hudson	7	15.21	
43 Abler, Mona	11	Rice Lake	5	15.25	
44 Jacobs, Bella	9	Hudson	6	15.27	
45 Rykal, Lillian	11	Hudson	6	15.28	
46 Hovland, Anika	12	River Falls	7	15.30	
47 Gotzman, Kaitlynn	11	Hudson	6	15.34	
48 Mihm, Bevin	10	EC Memorial	4	15.36	
49 Brown, Carly	11	Hudson	10	15.37	
50 Muenzhuber, Emilee	9	EC Memorial	3	15.47	
51 Wolfe, Zoey	11	EC Memorial	8	15.51	
52 Cudd, Hannah	10	River Falls	6	15.59	15.581

52 Gaier, Rakiyah	10	EC Memorial	9	15.59	15.581
54 Robers, Hannah	10	EC North	5	15.59	15.583
55 Piehl, Beth	11	Hudson	5	15.60	
56 Yaeger, Ally	10	Hudson	5	15.66	
57 Johnson, Bryn	9	EC North	8	15.68	
58 Chen, Eliana	9	EC Memorial	4	15.71	
59 Donahue, Reagan	11	Rice Lake	3	15.73	
60 Hoernke, Ashlyn	10	EC North	6	15.75	
61 Eberhardt, Chloe	10	EC Memorial	6	15.78	
62 Galloy, Isabel	11	EC Memorial	6	15.85	
63 Iveland, Callysta	11	Rice Lake	6	15.86	
64 Hall, Evie	9	Rice Lake	4	15.89	15.888
65 Berglund, Hannah	9	EC Memorial	4	15.89	15.890
66 Wilt, Sadie	9	Hudson	4	15.99	
67 Piehl, Tori	11	Hudson	2	16.00	15.995
68 Knutson Soto, Jocelyn	9	EC Memorial	3	16.00	15.998
69 Geissler, Evelyn	9	EC Memorial	4	16.03	
70 Repavich, Elizabeth	11	Hudson	3	16.04	
71 Perry, Jaida	10	Rice Lake	3	16.08	
72 Sjogren, Madison	9	River Falls	3	16.10	
73 Michels, Brooklynn	11	Hudson	3	16.12	
74 Niendorf, Lucy	10	EC Memorial	5	16.19	
75 Modrich, Autumn	10	Hudson	4	16.20	
76 Weindorfer, Nora	10	EC Memorial	7	16.26	
77 Farm, Grace	11	Rice Lake	4	16.31	
78 Leland, Lakyn	11	EC Memorial	2	16.37	
79 Sherrill, Kathiren	9	EC Memorial	2	16.82	
80 Zilka, Bella	11	Hudson	2	16.90	
81 Gilbert, Jewell	11	Hudson	2	17.06	
82 Duran, Abril	9	River Falls	1	17.13	
83 Holmes, Abbie	9	Hudson	1	17.15	
84 Binczak, Annika	10	EC North	2	17.19	
85 Sookiayak, Eliana	10	Rice Lake	1	17.51	
86 Ebben, Celia	10	Hudson	2	17.80	
87 Pablo, Zoe	12	River Falls	1	19.29	
--- Murphy, Finley	9	Hudson	2	FS	
--- Freiermuth, Katie	9	Hudson	3	FS	

### Girls 200 Meter Dash

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Shaw, Raya	10	EC Memorial	11	27.26	8
2 Sikora, Andie	11	EC North	11	27.39	6
3 Johnson, Lilly	12	Hudson	11	27.51	4
4 Treichel, Abigail	10	River Falls	11	28.11	2
5 Carstensen, Ella	12	Hudson	7	28.42	1
6 Leach, Addie	11	Hudson	11	28.63	
7 Muchow, Reagan	10	EC Memorial	10	28.77	
8 Eilertson, Brooke	10	Hudson	11	28.84	
9 Burant, Izzy	9	Hudson	10	28.87	
10 Sirek, Temp	11	Hudson	11	28.90	
11 Schroeder, Molly	9	Hudson	10	28.97	
12 Dreher, Della	9	Hudson	11	29.32	29.312
13 McCarthy, Emily	12	Hudson	9	29.32	29.320
14 Fredrickson, Nora	10	Hudson	10	29.44	
15 Pagenkopf, Malia	11	Hudson	8	29.53	

## Hudson Tune Up - 5/7/2024

### Hudson High School

#### Finals ... (Girls 200 Meter Dash)

Name	Yr	School	H#	Result
16 Lassi, Lali	9	Hudson	8	29.54
17 Boevers, Kendallynne	10	River Falls	10	29.65
18 Johnson, Kate	10	EC North	9	29.83
19 Moessner, Maggie	9	EC Memorial	8	29.88
20 Moss, Finley	12	EC Memorial	7	29.91
21 Moran, Maria	11	River Falls	10	29.93
22 Graham, Cora	10	EC Memorial	8	30.01
23 Wright, Molly	9	EC North	10	30.05
24 Opatz, Elizabeth	10	Hudson	7	30.12
25 Zheng, Jiayi	10	EC Memorial	9	30.23
26 Riley, Tay	11	Hudson	9	30.35
27 Christensen, Anna	10	EC Memorial	9	30.47
28 Koehler, Amy	10	EC North	9	30.55
29 Ashbach, Evelyn	12	River Falls	9	30.57
30 Lance, Mary	11	EC Memorial	7	30.78
31 Petermeier, Kylie	11	Hudson	7	30.80
32 Belany, Greta	10	Hudson	8	30.86
33 Hofstedt, Cora	12	Hudson	8	30.93
34 Olson, Madison	11	River Falls	7	31.22 <small>31.215</small>
35 Goodell, Anissa	9	EC North	5	31.22 <small>31.216</small>
36 Melgaard, Anna	9	EC Memorial	7	31.38
37 Hampson, Alexuss	9	EC Memorial	6	31.48
38 Reierson, Kyra	9	Hudson	6	31.53
39 Schanen, Julia	10	EC Memorial	6	31.55
40 Deutscher, Avery	9	EC Memorial	6	31.64
41 Schmidtkecht, Lucy	9	Hudson	5	31.83
42 Gaier, Rakiyah	10	EC Memorial	8	31.97
43 Fagerlin, Abby	12	EC Memorial	4	32.06
44 Henrich, Breanna	10	River Falls	5	32.22
45 Gotzman, Kaitlynn	11	Hudson	3	32.32
46 Hoerneke, Ashlyn	10	EC North	4	32.37
47 Sailer, Ayla	11	Hudson	5	32.49
48 Binczak, Alaina	9	EC Memorial	6	32.51
49 Berglund, Hannah	9	EC Memorial	2	32.56
50 Johnson, Bryn	9	EC North	4	32.67
51 Knutson Soto, Jocelyn	9	EC Memorial	2	32.74
52 Estrella, Lilia	9	Hudson	3	32.84
53 Wolfe, Zoey	11	EC Memorial	7	32.85
54 Jacobs, Bella	9	Hudson	3	32.86
55 Iveland, Callysta	11	Rice Lake	4	32.92
56 Robers, Hannah	10	EC North	4	32.98
57 Rykal, Lillian	11	Hudson	4	33.03
58 Nault, Alivia	11	Hudson	4	33.09
59 Hall, Evie	9	Rice Lake	2	33.18
60 Eberhardt, Chloe	10	EC Memorial	6	33.24
61 Mihm, Bevin	10	EC Memorial	3	33.29
62 Repavich, Elizabeth	11	Hudson	2	33.36 <small>33.352</small>
63 Chen, Eliana	9	EC Memorial	3	33.36 <small>33.358</small>
64 Farm, Grace	11	Rice Lake	2	33.41
65 Geissler, Evelyn	9	EC Memorial	5	33.42
66 Leland, Lakyn	11	EC Memorial	2	33.46
67 Weindorfer, Nora	10	EC Memorial	5	33.49
68 Schaben, Sydnee	12	Hudson	2	33.53
69 Galloy, Isabel	11	EC Memorial	5	33.58

70 Freiermuth, Katie	9	Hudson	3	33.59
71 Wilt, Sadie	9	Hudson	3	33.62
72 Yaeger, Ally	10	Hudson	4	33.72 <small>33.715</small>
73 Muenzhuber, Emilee	9	EC Memorial	5	33.72 <small>33.717</small>
74 Donahue, Reagan	11	Rice Lake	1	33.94
75 Modrich, Autumn	10	Hudson	1	34.40
76 Sherrill, Kathiren	9	EC Memorial	1	35.27
77 Murphy, Finley	9	Hudson	1	35.31
78 Gilbert, Jewell	11	Hudson	1	35.53
79 Binczak, Annika	10	EC North	1	35.81
80 Holter, Solvej	9	Hudson	2	45.30

#### Girls 400 Meter Dash

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Johnson, Lilly	12	Hudson	3	1:01.02	8
2 Sikora, Andie	11	EC North	3	1:01.08	6
3 Leach, Addie	11	Hudson	3	1:04.90	4
4 Blade, Paige	10	EC Memorial	2	1:05.50	2
5 Thompson, Olivia	10	Hudson	3	1:05.74	1
6 Burant, Izzy	9	Hudson	2	1:06.15	
7 Belany, Rebecca	12	Hudson	3	1:06.99	
8 Graham, Cora	10	EC Memorial	3	1:07.05	
9 Cosiquien, Jewel	10	EC Memorial	2	1:07.88	
10 Wright, Molly	9	EC North	3	1:08.08	
11 Moran, Maria	11	River Falls	3	1:08.27	
12 Hofstedt, Cora	12	Hudson	2	1:08.67	
13 Schanen, Julia	10	EC Memorial	2	1:09.84	
14 Lance, Mary	11	EC Memorial	2	1:10.26	
15 Henrich, Breanna	10	River Falls	1	1:12.14	
16 Hwang, Joanne	9	EC Memorial	2	1:14.84	
17 Binczak, Annika	10	EC North	1	1:22.10	

#### Girls 800 Meter Run

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Dewey, Morgan	10	EC Memorial	2	2:27.54	8
2 Pluth, Alexa	9	EC Memorial	2	2:30.82	6
3 Berg, Lindsay	11	EC Memorial	2	2:33.68	4
4 Gillis, Afton	10	River Falls	2	2:36.08	2
5 Lentz, Avery	11	EC Memorial	2	2:36.71	1
6 Thompson, Olivia	10	Hudson	2	2:38.14	
7 Burkart, Olivia	10	Hudson	2	2:40.57	
8 Rouse, Becca	9	EC Memorial	2	2:46.20	
9 Cesafsky, Ella	10	EC North	2	2:46.58	
10 Myers, Bryn	9	EC Memorial	2	2:47.23	
11 Deziel, Addie	11	Hudson	2	2:50.15	
12 Dunn, Cora	10	Hudson	1	2:50.42	
13 Prescott, Mary	9	Hudson	2	2:50.44	
14 Kohn, Hayden	9	Hudson	2	2:50.45	
15 Field, Miriam	10	Hudson	1	2:51.80	
16 Nickleski, Kate	10	River Falls	1	2:52.74	
17 Weyer, Anna	11	River Falls	2	2:53.46	
18 Scovil, Natalie	10	EC Memorial	2	2:53.68	
19 Hudson, Alexis	10	Hudson	1	2:58.06	
20 Muehlenkamp, Katelyr	11	EC Memorial	1	2:59.90	

## Hudson Tune Up - 5/7/2024

### Hudson High School

#### Finals ... (Girls 800 Meter Run)

Name	Yr	School	H#	Result
21 Merkatoris, Emma	10	EC Memorial	1	3:01.44
22 Schaben, Sydnee	12	Hudson	1	3:10.81
23 Yoon, Caitlin	9	EC Memorial	1	3:12.95
24 Jensen, Piper	11	Hudson	1	3:20.29
25 Swanson, India	12	Hudson	1	3:21.63
26 Vitali, Anna	12	Hudson	1	3:21.83
27 Margetta, Audrey	9	Rice Lake	1	3:45.38
28 Barahona, Bri	9	Rice Lake	1	3:46.20

#### Girls 1600 Meter Run

Name	Yr	School	Result	
<b>Finals</b>				
1 Willems, Charlotte	11	EC Memorial	5:26.12	8
2 Halvorson, Olive	10	River Falls	5:29.31	6
3 Dewey, Morgan	10	EC Memorial	5:33.87	4
4 Berg, Lindsay	11	EC Memorial	5:34.81	2
5 Schiltgen, Leah	9	Hudson	5:44.43	1
6 Gillis, Afton	10	River Falls	5:51.36	
7 Rouse, Becca	9	EC Memorial	5:53.62	
8 Scovil, Natalie	10	EC Memorial	6:07.08	
9 Dunn, Cora	10	Hudson	6:11.00	
10 Cesafsky, Ella	10	EC North	6:15.35	
11 Prescott, Mary	9	Hudson	6:16.56	
12 Wozney, Ava	12	EC Memorial	6:16.89	
13 Weyer, Anna	11	River Falls	6:25.64	
14 Kohn, Hayden	9	Hudson	6:27.06	
15 Christenson, El	10	Hudson	6:35.69	
16 Hudson, Alexis	10	Hudson	6:37.75	
17 Lester, Elena	12	River Falls	7:05.78	
18 Jensen, Piper	11	Hudson	7:13.81	
19 Vitali, Anna	12	Hudson	7:15.62	
20 Swanson, India	12	Hudson	7:20.63	
21 Gulick, Audrey	10	River Falls	7:45.67	

#### Girls 3200 Meter Run

Name	Yr	School	Result	
<b>Finals</b>				
1 Vlcek, Lyla	11	Hudson	11:44.15	8
2 Halvorson, Olive	10	River Falls	11:59.67	6
3 Tanner, Olivia	9	EC Memorial	12:09.87	4
4 Maxwell, Eliana	9	Hudson	12:55.19	2
5 Mecikalski, Nora	11	EC Memorial	13:07.77	1
6 Pulvermacher, Audrey	10	EC Memorial	13:59.99	

#### Girls 100 Meter Hurdles

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Smith, Elly	11	River Falls	3	17.77	8
2 Pagenkopf, Laiken	9	Hudson	3	17.85	6
3 Bishop, Bailee	10	River Falls	3	18.33	4
4 Pagenkopf, Malia	11	Hudson	3	18.38	2
5 Holmberg, Khyla	9	EC Memorial	3	18.48	1
6 Schroeder, Molly	9	Hudson	3	18.53	
7 Fredrickson, Nora	10	Hudson	3	18.75	

8 Chromey, Bella	11	EC Memorial	2	18.93
9 Coach, Karah	11	EC North	2	18.94
10 Kapanke, Kaija	10	EC Memorial	2	19.22
11 Johnson, Kate	10	EC North	2	19.42
12 Dreher, Della	9	Hudson	2	19.90
13 Piehl, Beth	11	Hudson	2	20.01
14 Piehl, Tori	11	Hudson	2	21.18
15 Reiff, Astrid	9	River Falls	1	22.51
16 Caliva, Anya	10	River Falls	1	23.01
17 Ebben, Celia	10	Hudson	1	24.11

#### Girls 300 Meter Hurdles

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Carstensen, Ella	12	Hudson	2	48.49	8
2 Anderson, Kate	11	Hudson	2	50.10	6
3 Bishop, Bailee	10	River Falls	2	50.56	4
4 Schroeder, Molly	9	Hudson	2	53.03	2
5 Holmberg, Khyla	9	EC Memorial	2	55.07	1
6 Kapanke, Kaija	10	EC Memorial	1	55.27	
7 Coach, Karah	11	EC North	1	55.61	
8 Pagenkopf, Malia	11	Hudson	1	55.85	
9 Boehm, Anthara	12	EC Memorial	2	59.72	
10 Schmidtke, Lucy	9	Hudson	1	1:00.87	
11 Reiff, Astrid	9	River Falls	1	1:01.05	
12 Caliva, Anya	10	River Falls	1	1:04.16	

#### Girls 4x100 Meter Relay

Team	Relay	Result	
<b>Finals</b>			
1 River Falls		52.28	8
1) Johnson, Jayla 9			
2) Gilbertson, Abby 11			
3) L'Allier, Tirfe 9			
4) Russell, Isabelle 10			
2 River Falls	B	54.14	
1) Thompson, Sydney 10			
2) Berg, Kennedy 10			
3) Dunn, Myah 9			
4) Boevers, Kendallynne 10			
3 Hudson		55.44	6
1) Harrold, Brynn 9			
2) Reierson, Kyra 9			
3) Mielke, Maren 9			
4) Belany, Greta 10			
4 Hudson	B	58.61	
1) Yaeger, Ally 10			
2) Repavich, Elizabeth 11			
3) Danielson, Makenzie 11			
4) Gotzman, Kaitlynn 11			

#### Girls 4x200 Meter Relay

Team	Relay	Result	
<b>Finals</b>			
1 River Falls		1:48.25	8
1) Johnson, Jayla 9			
2) L'Allier, Tirfe 9			
3) Russell, Isabelle 10			
4) Dusek, Brooke 9			
2 Hudson		1:53.20	6
1) Mielke, Maren 9			
2) Riley, Tay 11			
3) Eilertson, Brooke 10			
4) Sirek, Tempi 11			
3 Eau Claire Memorial		2:05.43	4
1) Deutscher, Avery 9			
2) Binczak, Alaina 9			
3) Weaver, Cierra 10			
4) Wolfe, Zoey 11			

## Hudson Tune Up - 5/7/2024

### Hudson High School

#### »» Girls 4x400 Meter Relay

Team	Relay	Result	
<b>Finals</b>			
1 Eau Claire Memorial		4:14.27	8
1) Blade, Paige 10	2) Berglund, Gracie 11		
3) Shaw, Raya 10	4) Pluth, Alexa 9		
2 River Falls		4:15.44	6
1) Bishop, Bailee 10	2) L'Allier, Tirfe 9		
3) Treichel, Abigail 10	4) Peters, Ava 11		
3 Eau Claire Memorial	B	4:33.53	
1) Myers, Bryn 9	2) Schultz, Ava 11		
3) Christensen, Anna 10	4) Melgaard, Anna 9		
4 Hudson		4:37.36	4
1) Christenson, El 10	2) Kohn, Hayden 9		
3) Field, Miriam 10	4) Deziel, Addie 11		

#### »» Girls 4x800 Meter Relay

Team	Relay	Result	
<b>Finals</b>			
1 Eau Claire Memorial		11:24.49	8
1) Cosiquien, Jewel 10	2) Hwang, Joanne 9		
3) Tanner, Olivia 9	4) Boehm, Anthara 12		

#### »» Girls High Jump

Name	Yr	School	Result	
<b>Finals</b>				
1 Treichel, Abigail	10	River Falls	4-10.00	8
2 Harrold, Brynn	9	Hudson	4-08.00	6
3 Peters, Ava	11	River Falls	4-05.00	1.8
3 Pagenkopf, Laiken	9	Hudson	4-05.00	1.8
3 Sailer, Ayla	11	Hudson	4-05.00	1.8
3 Riley, Tay	11	Hudson	4-05.00	1.8
7 Ganther, Grace	11	Hudson	J4-05.00	
8 Johnson, Kate	10	EC North	4-02.00	
8 Eilertson, Brooke	10	Hudson	4-02.00	
10 Zilka, Bella	11	Hudson	3-11.00	
10 Rock, Abigail	9	River Falls	3-11.00	
10 Danielson, Makenzie	11	Hudson	3-11.00	
--- Pellegrini, Vittoria	12	Hudson	NH	
--- Klaus, Charly	9	Hudson	NH	
--- Miller, Nissa	11	Hudson	NH	
--- Strong, Lily	12	Hudson	NH	

#### »» Girls Pole Vault

Name	Yr	School	Result	
<b>Finals</b>				
1 Myers, Zoe	11	EC Memorial	9-03.00	8
2 Dozier, Addison	11	EC Memorial	8-03.00	5
2 Heuschele, Octavia	12	River Falls	8-03.00	5
4 Hovland, Anika	12	River Falls	7-09.00	1.5
4 Larson, Josie	10	EC North	7-09.00	1.5
6 Thompson, Sydney	10	River Falls	J7-09.00	
7 Markert, Anne	9	Hudson	7-03.00	
7 Bower, Ellie	11	Hudson	7-03.00	
7 Nickleski, Kate	10	River Falls	7-03.00	

10 Rowe, Chloe	12	EC Memorial	6-03.00
11 Iveland, Callysta	11	Rice Lake	J6-03.00
12 Wilkerson, Anika	10	EC North	J6-03.00
12 Abler, Mona	11	Rice Lake	J6-03.00
14 Holter, Solvej	9	Hudson	5-03.00
14 Kitelinger, Victoria	10	EC North	5-03.00
14 Sookiayak, Eliana	10	Rice Lake	5-03.00
14 Kirkpatrick, Lilly	12	Hudson	5-03.00
18 Kohn, Hayden	9	Hudson	J5-03.00
19 Holmes, Abbie	9	Hudson	J5-03.00
19 Klaus, Charly	9	Hudson	J5-03.00
19 Donahue, Reagan	11	Rice Lake	J5-03.00
19 Lassi, Lali	9	Hudson	J5-03.00
--- Prescott, Mary	9	Hudson	NH

#### »» Girls Long Jump

Name	Yr	School	Result	
<b>Finals</b>				
1 Dusek, Brooke	9	River Falls	17-07.50	8
2 Bushbeck, Meghan	11	EC North	15-10.50	6
3 Sikora, Andie	11	EC North	15-10.25	4
4 Shaw, Raya	10	EC Memorial	J15-10.25	2
5 Graham, Cora	10	EC Memorial	15-01.50	1
6 Dreher, Della	9	Hudson	15-01.25	
7 Cudd, Maggie	10	River Falls	15-00.75	
8 Chromey, Bella	11	EC Memorial	14-09.75	
9 Christensen, Anna	10	EC Memorial	14-06.75	
10 Anderson, Kate	11	Hudson	14-04.75	
11 Hebert, Saylee	10	EC Memorial	14-04.00	
12 Gilbertson, Abby	11	River Falls	J14-04.00	
13 Skaw, Hadly	12	EC Memorial	14-02.00	
14 Reiersen, Kyra	9	Hudson	14-01.00	
15 Danielson, Makenzie	11	Hudson	J14-01.00	
16 Pagenkopf, Laiken	9	Hudson	14-00.25	
17 Berg, Kennedi	10	River Falls	13-09.50	
18 Shepherd, Emma	10	River Falls	13-09.00	
19 Nelson, Addie	9	Hudson	13-06.25	
20 Cudd, Hannah	10	River Falls	13-03.00	
21 Zheng, Jiayi	10	EC Memorial	13-02.75	
22 Harnisch, Emma	11	EC Memorial	13-02.25	
23 Olson, Madison	11	River Falls	J13-02.25	
24 Daniel, Hermona	10	Hudson	13-00.50	
25 Piehl, Tori	11	Hudson	12-11.75	
26 Johnson, Jayla	9	River Falls	12-11.25	
27 Myers, Bryn	9	EC Memorial	12-10.75	
28 Dunn, Myah	9	River Falls	12-10.50	
29 Opatz, Elizabeth	10	Hudson	12-06.75	
30 Piehl, Beth	11	Hudson	12-03.25	
31 Straschinske, Alyssa	11	EC Memorial	11-11.25	
32 Yaeger, Ally	10	Hudson	11-11.00	
33 Sjogren, Madison	9	River Falls	11-09.25	
34 Muehlenkamp, Katelyr	11	EC Memorial	10-11.50	
35 Miller, Nissa	11	Hudson	10-11.00	
36 Duran, Abril	9	River Falls	10-05.00	
37 Pellegrini, Vittoria	12	Hudson	10-03.50	
38 Nunez, Layla	10	Hudson	9-04.50	

## Hudson Tune Up - 5/7/2024

### Hudson High School

#### Finals ... (Girls Long Jump)

Name	Yr	School	Result
--- Modrich, Autumn	10	Hudson	FOUL
--- Pablo, Zoe	12	River Falls	FOUL
--- Moss, Finley	12	EC Memorial	FOUL

#### Girls Triple Jump

Name	Yr	School	Result	
<b>Finals</b>				
1 Carstensen, Ella	12	Hudson	34-08.50	8
2 Cudd, Maggie	10	River Falls	32-07.25	6
3 Skaw, Hadly	12	EC Memorial	32-05.00	4
4 Chromey, Bella	11	EC Memorial	32-04.50	2
5 Hebert, Saylee	10	EC Memorial	31-08.25	1
6 Berg, Kennedi	10	River Falls	31-03.25	
7 Pagenkopf, Laiken	9	Hudson	30-11.25	
8 Nelson, Addie	9	Hudson	29-07.25	
9 Shepherd, Emma	10	River Falls	29-04.25	
10 Harnisch, Emma	11	EC Memorial	29-03.00	
11 Daniel, Hermona	10	Hudson	28-07.00	
12 Ashbach, Evelyn	12	River Falls	28-06.00	
13 Brown, Carly	11	Hudson	28-00.50	
14 Straschinske, Alyssa	11	EC Memorial	27-02.50	
15 Piehl, Beth	11	Hudson	26-09.75	
16 Piehl, Tori	11	Hudson	26-08.50	
17 Opatz, Elizabeth	10	Hudson	26-06.75	

#### Girls Shot Put

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Petermeier, Kylie	11	Hudson	3	37-04.00	8
2 Adams, Meredith	11	EC Memorial	3	35-06.00	6
3 Barnhardt, Bernie	12	EC North	3	33-09.00	4
4 Larson, Josie	10	EC North	3	33-02.00	2
5 Oleson, Stella	9	EC Memorial	2	31-11.00	1
6 Weathers, Elizabeth	11	EC North	3	31-07.00	
7 Jepsen, Avery	11	EC Memorial	3	31-05.00	
8 Ganther, Grace	11	Hudson	3	31-04.00	
9 Dozier, Addison	11	EC Memorial	1	31-00.00	
10 Perry, Jaida	10	Rice Lake	3	29-10.00	
11 Behlke, Emily	9	EC North	2	29-07.00	
12 Rippie, Sydney	12	River Falls	3	29-04.00	
13 Shepler, Adelynn	10	EC North	3	28-09.00	
14 Erickson, Stella	10	EC North	3	J28-09.00	
15 Muchow, Reagan	10	EC Memorial	3	28-03.00	
16 Everson, Rachel	12	River Falls	3	27-01.00	
17 Pupungatoa, Maketale	11	River Falls	2	26-07.00	
18 Michels, Brooklynn	11	Hudson	3	26-06.00	
19 Zilka, Bella	11	Hudson	3	26-03.50	
20 Christenson, El	10	Hudson	3	26-03.00	
21 Keyworth, Christine	9	EC Memorial	2	25-08.00	
22 Hanson, Katelyn	10	EC Memorial	2	25-07.00	
23 Margetta, Audrey	9	Rice Lake	2	25-06.00	
24 Vance, Makenna	11	EC North	2	24-04.00	
25 Zepczyk, Paige	10	River Falls	2	24-01.00	
26 Otto, Katelyn	11	EC North	2	23-09.50	

27 Topper, Izzy	11	EC Memorial	2	23-09.00
28 Nunez, Layla	10	Hudson	1	J23-09.00
29 Strong, Lily	12	Hudson	1	23-06.00
30 Bonke, Grace	10	Hudson	2	23-04.50
31 Baldwin, Kylie	11	EC North	2	23-03.00
32 McCarthy, Addi	9	Hudson	1	J23-03.00
33 Barnhardt, Hollis	10	EC North	2	22-08.00
34 Nault, Alivia	11	Hudson	1	22-04.00
35 Anderson, Tallulah	9	EC North	1	21-06.50
36 Wilhelmi, Afton	10	EC Memorial	1	21-06.00
37 Staples, Elsa	9	EC North	1	21-04.50
38 Amelsberg, Lydia	9	Hudson	1	21-04.00
39 Danielson, Makenzie	11	Hudson	2	21-03.00
40 Tomac, Payton	10	EC Memorial	2	20-08.00
41 Krueger, Amelia	10	River Falls	1	20-04.00
42 Barahona, Bri	9	Rice Lake	1	J20-04.00
43 Holter, Solvej	9	Hudson	1	20-03.00
44 Bigspring, Tehya	12	EC Memorial	1	19-02.00
45 Monical, Kelsey	11	Hudson	1	18-08.50
46 Miller, Nissa	11	Hudson	1	18-05.00
47 Ebben, Celia	10	Hudson	2	18-04.00
48 Modrich, Autumn	10	Hudson	1	16-07.50
49 Laleman, Payton	11	EC Memorial	1	15-09.00

#### Girls Discus Throw

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Barnhardt, Bernie	12	EC North	3	113-08	8
2 Larson, Josie	10	EC North	3	101-08.25	6
3 Johnson, Lilly	12	Hudson	1	98-01	4
4 Shepler, Adelynn	10	EC North	3	96-00	2
5 Weathers, Elizabeth	11	EC North	3	92-06.50	1
6 McCarthy, Emily	12	Hudson	3	90-02	
7 Otto, Katelyn	11	EC North	3	87-05.50	
8 Petermeier, Kylie	11	Hudson	3	85-04	
9 Oleson, Stella	9	EC Memorial	3	83-10	
10 Adams, Meredith	11	EC Memorial	3	82-02.50	
11 Christenson, El	10	Hudson	2	81-06	
12 Perry, Jaida	10	Rice Lake	2	80-03.50	
13 Jepsen, Avery	11	EC Memorial	3	80-01	
14 Tomac, Payton	10	EC Memorial	3	77-05	
15 Carstensen, Ella	12	Hudson	1	76-08.50	
16 Behlke, Emily	9	EC North	2	76-04.50	
17 Everson, Rachel	12	River Falls	2	74-11	
18 Pupungatoa, Maketale	11	River Falls	3	J74-11	
19 Bonke, Grace	10	Hudson	1	70-06.50	
20 Baldwin, Kylie	11	EC North	2	70-01.50	
21 Margetta, Audrey	9	Rice Lake	2	69-10.50	
22 Keyworth, Christine	9	EC Memorial	2	69-07	
23 Zilka, Bella	11	Hudson	3	69-01.50	
24 Dozier, Addison	11	EC Memorial	1	67-11	
25 Erickson, Stella	10	EC North	2	66-02.50	
26 Nault, Alivia	11	Hudson	1	66-01	
27 Freiermuth, Katie	9	Hudson	2	65-09	
28 Topper, Izzy	11	EC Memorial	2	65-08	
29 Nunez, Layla	10	Hudson	2	62-10	

## Hudson Tune Up - 5/7/2024

### Hudson High School

#### Finals ... (Girls Discus Throw)

Name	Yr	School	H#	Result
30 Hanson, Katelyn	10	EC Memorial	2	62-05.50
31 Krueger, Amelia	10	River Falls	2	60-00
32 Barnhardt, Hollis	10	EC North	2	59-10
33 Zepczyk, Paige	10	River Falls	2	59-08.75
34 Bigspring, Tehya	12	EC Memorial	1	58-05
35 Strong, Lily	12	Hudson	1	J58-05
36 Anderson, Tallulah	9	EC North	1	54-09
37 Staples, Elsa	9	EC North	1	54-00
38 Wilt, Sadie	9	Hudson	1	52-07
39 Monical, Kelsey	11	Hudson	1	52-02
40 Laleman, Payton	11	EC Memorial	1	50-11
41 Wilhelmi, Afton	10	EC Memorial	1	47-01
42 Murphy, Finley	9	Hudson	1	46-04
43 Amelsberg, Lydia	9	Hudson	1	46-02.75
44 Ebben, Celia	10	Hudson	1	44-01
45 Tresley, Ava	9	Hudson	1	J44-01
46 Barahona, Bri	9	Rice Lake	1	32-01.50
--- McCarthy, Addi	9	Hudson	3	FOUL
--- Vance, Makenna	11	EC North	2	FOUL

#### Boys 100 Meter Dash

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Spencer, Ricky	12	EC Memorial	13	11.47	8
2 Hintz, Ethan	12	EC North	13	11.52	6
3 Simpson, Andrew	12	EC Memorial	13	11.56	4
4 Halvoersen, Michael	12	EC North	12	11.65	2
5 Epps, Tory	11	EC North	12	11.68	1
6 Bauer, Keegan	12	EC North	13	11.69	
7 Weigel, Jake	12	EC Memorial	12	11.71	
8 Robey, Justin	12	Hudson	13	11.75	
9 Burke, Charlie	9	River Falls	13	11.78	
10 Belden, Khail	10	EC Memorial	12	11.85	
11 Pacheco, William	10	River Falls	12	11.91	
12 Englund, Ben	10	Hudson	11	11.99	
13 Oberdas, Evan	12	Hudson	13	12.02	
14 Bretey, Christian	12	EC North	13	12.06	
15 Johnson, Preston	11	River Falls	11	12.07	12.063
16 McCandless, Ezekiel	10	EC North	11	12.07	12.069
17 Andrew, Deven	11	EC North	10	12.14	
18 Gilleland, Grayson	9	EC Memorial	9	12.19	
19 Lai, Steven	11	Rice Lake	9	12.22	
20 Roberts, Seth	10	EC Memorial	11	12.24	
21 Solberg, Aaron	10	EC North	10	12.25	
22 Anderson, Robbie	12	River Falls	12	12.27	
23 Serpico, Blake	9	Hudson	9	12.29	
24 Poppe, Carter	12	Hudson	10	12.32	
25 Ryberg, Arvid	10	EC North	10	12.34	
26 Mcpherson, Anthony	10	River Falls	9	12.35	12.347
26 Zuleger, Jackson	9	EC Memorial	11	12.35	12.347
28 Estrella, Gabe	11	Hudson	11	12.40	
29 Brown, Kellen	10	EC Memorial	10	12.44	
30 Dreger, Izaiah	10	EC North	11	12.46	
31 Xiong, Samyal	11	EC North	9	12.50	

32 Schauf, Ty	11	EC North	9	12.52	
33 Bjerke, Grant	9	Hudson	1	12.55	
34 Odom, Devin	9	Hudson	6	12.57	
35 Rasmussen, Gavin	12	River Falls	12	12.60	
36 Johnson, Caelob	11	EC Memorial	8	12.62	
37 Banjara, Rohan	9	EC Memorial	7	12.67	
38 Cluppert, Chris	10	Rice Lake	8	12.68	
39 Henning, Eli	10	Hudson	9	12.79	
40 Rodriguez, Emery	11	EC North	8	12.84	
41 Freese, Nash	10	River Falls	8	12.93	
42 Hollenbeck, Carsen	9	EC Memorial	9	12.94	
43 Hurtgen, Rhys	10	EC Memorial	8	13.00	
44 Blauwkamp, Caleb	10	Hudson	10	13.02	
45 Kretzschmar, Ethan	10	Rice Lake	7	13.04	
46 Cernohous, Casey	10	River Falls	7	13.09	
47 Hoang, Ethan	9	Rice Lake	6	13.13	
48 Holmberg, Marcus	9	EC Memorial	5	13.15	
49 Asembo, Gilbert	9	Hudson	6	13.16	
50 Bates, Mason	10	Hudson	5	13.17	
51 Bahls, Cooper	9	Rice Lake	6	13.19	
52 Wiener, Micah	11	Hudson	7	13.24	
53 Hietala, Dominic	10	River Falls	7	13.25	
54 Dufek, Danny	11	Hudson	8	13.26	13.254
55 Vang, Jonathan	9	EC North	7	13.26	13.260
56 Rowekamp, Cody	9	River Falls	5	13.37	
57 Nargiz, Evan	11	EC Memorial	6	13.45	
58 Johnson, Riley	11	Hudson	3	13.49	
59 Caldwell, Cayden	9	EC North	5	13.51	
60 Gibson, Patrick	11	Hudson	6	13.58	
61 Brunette, Colten	9	Rice Lake	4	13.62	
62 Yang, David	9	EC North	5	13.68	13.673
63 Ludwikoski, Nick	10	EC Memorial	8	13.68	13.674
64 Thao, Reese	9	EC Memorial	4	13.77	
65 Eggleston, Brody	10	Rice Lake	3	13.81	
66 Woods, Ben	9	Rice Lake	3	13.86	
67 Ashbach, Joshua	10	River Falls	4	13.96	
68 Hang, Tim	11	EC Memorial	3	13.97	
69 Northcutt, Mason	9	EC Memorial	3	13.98	
70 Green, Parker	9	River Falls	2	14.01	
71 Pommier, Mason	9	EC Memorial	3	14.14	
72 Forsythe, Tony	10	EC Memorial	4	14.27	14.270
72 Young, Kenan	9	EC Memorial	3	14.27	14.270
74 Cerney, Cash	9	EC North	3	14.51	
75 Durch, Jonathan	9	Hudson	2	14.61	
76 Davidson, Owen	10	Hudson	2	14.70	
77 Risler, Keegan	11	EC Memorial	2	14.95	
78 Miller, Zach	11	River Falls	1	15.63	
79 Johnson, Drayton	10	EC North	2	15.89	
--- Allen, Wilson	9	Hudson	2	FS	
--- Westphal, Breyan	9	Rice Lake	4	FS	

#### Boys 200 Meter Dash

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Island, Xavier	10	Hudson	12	23.01	8
2 Spencer, Ricky	12	EC Memorial	12	23.15	6

## Hudson Tune Up - 5/7/2024

### Hudson High School

#### Finals ... (Boys 200 Meter Dash)

Name	Yr	School	H#	Result	
3 Hintz, Ethan	12	EC North	11	23.23	4
4 Cotton, Sam	12	EC Memorial	12	23.26	2
5 Epps, Tory	11	EC North	12	23.35	1
6 Bretey, Christian	12	EC North	12	23.67	
7 Johnson, Caelob	11	EC Memorial	9	23.96	
8 Halvoersen, Michael	12	EC North	12	23.99	
9 Tarasewicz, Joseph	10	River Falls	11	24.06	
10 Robey, Justin	12	Hudson	10	24.29	
11 Johnson, Preston	11	River Falls	10	24.36	
12 Roberts, Seth	10	EC Memorial	10	24.37	
13 Estrella, Gabe	11	Hudson	11	24.52	
14 Lai, Steven	11	Rice Lake	10	24.60	
15 Hagen, Kai	12	River Falls	10	24.64	
16 Adair, Cooper	10	Hudson	9	24.67	
17 Don, Evan	12	Hudson	9	24.70	
18 Zuleger, Jackson	9	EC Memorial	10	24.91	
19 Dreger, Izaiah	10	EC North	11	24.97	
20 Gilleland, Grayson	9	EC Memorial	9	25.04	
21 Serpico, Blake	9	Hudson	9	25.14	
22 Novak, Mason	10	River Falls	9	25.17	
23 Odom, Devin	9	Hudson	8	25.20	25.193
23 Mcpherson, Anthony	10	River Falls	11	25.20	25.193
25 Banjara, Rohan	9	EC Memorial	8	25.20	25.199
26 Brown, Kellen	10	EC Memorial	9	25.35	
27 Solberg, Aaron	10	EC North	10	25.44	
28 Schauf, Ty	11	EC North	9	25.48	
29 Cluppert, Chris	10	Rice Lake	7	25.57	
30 Ryberg, Arvid	10	EC North	8	25.61	
31 Andrew, Deven	11	EC North	8	25.73	
32 Rodriguez, Emery	11	EC North	7	25.75	
33 Kretschmar, Ethan	10	Rice Lake	8	26.03	
34 Lokken, Jacob	10	EC Memorial	7	26.17	
35 Cernohous, Casey	10	River Falls	5	26.19	
36 Rasmussen, Gavin	12	River Falls	11	26.37	
37 Xiong, Samyal	11	EC North	5	26.38	
38 Vang, Jonathan	9	EC North	7	26.39	
39 Chen, Jonathan	9	EC Memorial	6	26.41	
40 Mincoff, Brandon	10	Rice Lake	6	26.52	
41 Blauwkamp, Caleb	10	Hudson	10	26.64	
42 Caldwell, Cayden	9	EC North	5	26.78	
43 Hoang, Ethan	9	Rice Lake	5	26.94	
44 Hollenbeck, Carsen	9	EC Memorial	7	26.95	
45 Johnson, Luke	11	EC Memorial	8	26.99	
46 Dufek, Danny	11	Hudson	6	27.02	
47 Moss, Eric	9	River Falls	5	27.16	
48 Yang, David	9	EC North	4	27.20	
49 Rowekamp, Cody	9	River Falls	6	27.21	
50 Wiener, Micah	11	Hudson	6	27.22	
51 Westphal, Breyan	9	Rice Lake	6	27.50	
52 Bahls, Cooper	9	Rice Lake	5	27.66	
53 Johnson, Riley	11	Hudson	3	27.70	
54 Asembo, Gilbert	9	Hudson	4	27.87	
55 Northcutt, Mason	9	EC Memorial	4	27.95	
56 Bessen, Elliott	11	EC North	6	28.30	

57 Forsythe, Tony	10	EC Memorial	4	28.40
58 Johnson, Cruz	9	River Falls	2	28.47
59 Pommier, Mason	9	EC Memorial	3	29.01
60 Woods, Ben	9	Rice Lake	3	29.14
61 Young, Kenan	9	EC Memorial	3	29.21
62 Cerney, Cash	9	EC North	2	29.73
63 Thao, Reese	9	EC Memorial	2	29.80
64 Davidson, Owen	10	Hudson	1	31.00
65 Durch, Jonathan	9	Hudson	2	31.21
66 Johnson, Drayton	10	EC North	2	31.52
67 Miller, Zach	11	River Falls	1	32.59

#### Boys 400 Meter Dash

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Yaeger, Ross	12	Hudson	4	50.34	8
2 Solberg, Elliott	12	EC North	4	51.07	6
3 Coleman, Lynden	12	Hudson	4	52.74	4
4 Karnau, Jack	10	River Falls	4	53.15	2
5 Berscheid, Ryder	9	Hudson	4	54.70	1
6 Solberg, Aaron	10	EC North	3	55.00	
7 Johnson, Jace	11	EC Memorial	3	55.82	
8 Lokken, Jacob	10	EC Memorial	3	55.91	
9 Louis-Kohn, Maxwell	11	EC Memorial	4	55.95	
10 Lai, Steven	11	Rice Lake	3	56.18	
11 Fromm, Miguel	10	EC Memorial	3	56.34	
12 Roberts, Seth	10	EC Memorial	3	56.67	
13 Hofstedt, Owen	10	Hudson	3	56.85	
14 Mincoff, Brandon	10	Rice Lake	2	57.59	
15 Odom, Devin	9	Hudson	1	57.76	
16 Holmberg, Marcus	9	EC Memorial	1	58.80	
17 Bertelsen, Aiden	12	EC North	1	59.01	
18 Chen, Jonathan	9	EC Memorial	2	59.86	
19 Westphal, Breyan	9	Rice Lake	2	1:05.47	
20 Allen, Wilson	9	Hudson	1	1:06.26	
21 Bates, Mason	10	Hudson	2	1:06.66	
22 Hoang, Ethan	9	Rice Lake	2	1:07.77	
23 Woods, Ben	9	Rice Lake	2	1:09.10	
24 Bahls, Cooper	9	Rice Lake	2	1:09.96	

#### Boys 800 Meter Run

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Dewey, Parker	12	EC Memorial	4	1:52.91	8
2 Andrews, Quinlan	11	River Falls	4	1:52.99	6
3 Eilertson, Ethan	12	Hudson	4	2:03.35	4
4 Keller, Ryan	9	Hudson	4	2:04.07	2
5 Haverly, Addisu	12	Hudson	4	2:04.20	1
6 Beeksma, Luke	11	EC Memorial	4	2:04.75	
7 Koepke, Owen	9	River Falls	4	2:05.46	
8 Theis, Nathanael	12	EC North	4	2:09.89	
9 Bica Harrison, Julian	12	EC Memorial	4	2:11.97	
10 Mangrum, Isaac	12	EC Memorial	4	2:12.12	
11 Frank, Levi	11	EC Memorial	3	2:15.50	
12 Jalowitz, Collin	12	River Falls	4	2:15.57	
13 Funk, Charlie	12	EC Memorial	1	2:15.61	

## Hudson Tune Up - 5/7/2024

### Hudson High School

#### Finals ... (Boys 800 Meter Run)

Name	Yr	School	H#	Result
14 Ebben, Sy	10	Hudson	1	2:15.69
15 Webb, Cody	12	EC Memorial	3	2:16.21
16 Kent, Joseph	10	EC North	4	2:17.59
17 Miller, Henry	10	EC Memorial	3	2:18.20
18 Siwicki, Kian	11	Hudson	4	2:18.43
19 Cronk, Henry	10	River Falls	3	2:18.50
20 Coleman, Logan	11	Hudson	4	2:18.80
21 Engler, Ethan	12	River Falls	4	2:19.59
22 Lorenz, Luke	10	Hudson	2	2:20.02
23 Seibel, Jackson	9	EC Memorial	3	2:20.95
24 Davis, Ben	10	Hudson	3	2:21.24
25 Zwiefelhofer, Micah	11	EC Memorial	2	2:21.30
26 Christopherson, Simor	9	EC Memorial	3	2:21.42
27 Bauer, Trevor	9	EC Memorial	3	2:21.46
28 Ruedebusch, Jager	11	Hudson	3	2:21.91
29 Ebner, Quinn	9	Rice Lake	3	2:22.24
30 Malone, Oliver	9	EC Memorial	3	2:23.13
31 Wilson, Matt	10	River Falls	3	2:26.03
32 Slinger, Mack	9	Hudson	2	2:26.28
33 Nord, Caden	10	EC North	3	2:26.64
34 Kronquist, Aaron	9	Rice Lake	2	2:28.44
35 Knudtson, Aiden	10	EC North	1	2:29.41
36 Mangrum, Asher	9	EC Memorial	2	2:29.83
37 Durkee, Isaac	10	EC Memorial	2	2:30.90
38 Daniels, Benjamin	11	EC North	2	2:31.33
39 Longway, Zaine	11	Hudson	2	2:31.92
40 Peleschak, Noah	9	EC North	1	2:32.18
41 Lyons, Danny	12	EC Memorial	2	2:32.62
42 McCutcheon, Carson	11	EC Memorial	2	2:32.97
43 Adler-Nussbaum, Zach	11	Hudson	2	2:33.65
44 Ward, Alex	9	River Falls	2	2:34.91
45 Bertelsen, Aiden	12	EC North	2	2:36.70
46 Tomesh, Nolan	12	Rice Lake	2	2:37.34
47 Stalsberg, Trenton	12	EC North	1	2:37.96
48 Kimball, Zachary	9	EC Memorial	1	2:38.79
49 Nugent, Charles	10	EC North	1	2:39.19
50 Schene, Shayne	9	EC Memorial	1	2:39.90
51 Ranilla, Jordan	9	EC North	1	2:43.56
52 Hundt, Jack	9	EC North	1	2:44.41
53 Cole, Eliot	11	EC North	1	2:45.79
54 Ranilla, Jack	9	EC North	1	2:57.56
55 Cortez-Schneider, Josh	9	Rice Lake	1	3:19.63

#### Boys 1600 Meter Run

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Pongonis, Will	9	EC Memorial	2	4:26.42	8
2 Lawrence, Noah	12	Hudson	2	4:26.97	6
3 Bjerke, Brock	12	Hudson	2	4:30.84	4
4 Keller, Ryan	9	Hudson	2	4:32.26	2
5 Pennycook, TJ	10	Hudson	1	4:38.74	1
6 Waterman, Zachery	11	Hudson	2	4:45.49	
7 Bica Harrison, Julian	12	EC Memorial	2	4:49.14	
8 Sylvester, Noah	10	EC Memorial	2	4:51.91	

9 Seibel, Jackson	9	EC Memorial	2	4:51.98
10 Jalowitz, Collin	12	River Falls	2	4:54.01
11 Coleman, Logan	11	Hudson	2	4:54.32
12 Fromm, Miguel	10	EC Memorial	2	4:54.51
13 Engler, Ethan	12	River Falls	2	4:55.46
14 Webb, Cody	12	EC Memorial	2	4:55.65
15 Miller, Henry	10	EC Memorial	2	5:03.06
16 Ebben, Sy	10	Hudson	2	5:04.42
17 Ebner, Quinn	9	Rice Lake	2	5:05.44
18 Cronk, Henry	10	River Falls	2	5:08.02
19 Christopherson, Simor	9	EC Memorial	2	5:14.96
20 Malone, Oliver	9	EC Memorial	2	5:15.92
21 Bauer, Trevor	9	EC Memorial	1	5:25.34
22 Lyons, Danny	12	EC Memorial	1	5:30.13
23 Wilson, Matt	10	River Falls	1	5:30.84
24 Knudtson, Aiden	10	EC North	1	5:31.87
25 Kronquist, Aaron	9	Rice Lake	1	5:33.37
26 McDonald, Andrew	9	EC Memorial	1	5:35.36
27 Peleschak, Noah	9	EC North	1	5:35.62
28 Tomesh, Nolan	12	Rice Lake	2	5:35.70
29 Daniels, Benjamin	11	EC North	1	5:35.87
30 Winters, Nick	12	EC Memorial	1	5:36.85
31 Durkee, Isaac	10	EC Memorial	2	5:37.01
32 Nugent, Charles	10	EC North	1	5:37.66
33 Stalsberg, Trenton	12	EC North	1	5:39.82
34 Schiefer, Monson	9	EC Memorial	1	5:40.63
35 Hoffman, Joseph	10	River Falls	2	5:43.15
36 Ward, Alex	9	River Falls	1	5:46.86
37 Ward, Spencer	11	EC North	1	5:48.66
38 Cortez-Schneider, Josh	9	Rice Lake	1	5:49.72
39 Hundt, Jack	9	EC North	1	5:52.64
40 Graetz, Hank	10	River Falls	1	5:54.79
41 Slaght, Dylan	9	River Falls	1	5:55.69
42 Ranilla, Jordan	9	EC North	1	6:06.34
43 Cole, Eliot	11	EC North	1	6:19.26
44 Ranilla, Jack	9	EC North	1	6:30.14

#### Boys 3200 Meter Run

Name	Yr	School	Result	
<b>Finals</b>				
1 Pongonis, Will	9	EC Memorial	9:33.32	8
2 Sylvester, Will	12	EC Memorial	9:46.63	6
3 Eilertson, Ethan	12	Hudson	9:57.91	4
4 Waterman, Zachery	11	Hudson	10:02.99	2
5 Majerus, Jonah	11	River Falls	10:11.49	1
6 Murray, Daniel	12	EC Memorial	10:11.88	
7 Ruedebusch, Jager	11	Hudson	10:38.04	
8 Koepke, Owen	9	River Falls	10:53.40	
9 Jasicki, Matthew	9	EC Memorial	11:42.91	
10 Bramwell, Carsen	9	EC Memorial	11:54.69	
11 Mastin, Dixon	12	EC Memorial	12:03.22	
12 Smith, Keegan	11	EC Memorial	12:42.03	

**Hudson Tune Up - 5/7/2024**  
Hudson High School

**Boys 110 Meter Hurdles**

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Pankratz, Gabe	11	EC Memorial	2	16.06	8
2 Carns, Daniel	11	River Falls	2	17.32	6
3 Powers, Jonah	12	River Falls	2	17.71	4
4 Ehrhard, Ethan	12	EC North	2	18.11	2
5 Bjerke, Grant	9	Hudson	1	18.46	1
6 Birr, Dane	10	Hudson	2	18.51	
7 Phelps, John	10	EC North	1	18.53	
8 Schroeder, Sam	10	Hudson	2	18.60	
9 Andrist, Riley	10	River Falls	1	18.64	
10 Halvorson, Finnley	12	River Falls	2	18.64	
11 Miller, Cohen	10	Hudson	2	19.34	
12 Oreso, Delani	9	Hudson	1	20.64	
13 Korent, Alex	9	Hudson	1	22.44	

**Boys 300 Meter Hurdles**

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Pankratz, Gabe	11	EC Memorial	2	41.06	8
2 Anderson, Robbie	12	River Falls	2	42.81	6
3 Schroeder, Sam	10	Hudson	2	43.61	4
4 Carns, Daniel	11	River Falls	2	43.84	2
5 Powers, Jonah	12	River Falls	2	44.20	1
6 Phelps, John	10	EC North	2	44.21	
7 Birr, Dane	10	Hudson	1	45.16	
8 Andrist, Riley	10	River Falls	1	45.72	
9 Halvorson, Finnley	12	River Falls	2	46.61	
10 Bjerke, Grant	9	Hudson	1	47.01	
11 Miller, Cohen	10	Hudson	2	47.85	
12 Ehrhard, Ethan	12	EC North	1	48.37	
13 Korent, Alex	9	Hudson	1	50.99	
14 Becker, Hurshle	10	Rice Lake	1	51.17	
15 Gross, Hayden	12	EC Memorial	1	51.74	

**Boys 4x100 Meter Relay**

Team	Relay	Result	
<b>Finals</b>			
1 Eau Claire Memorial		43.43	8
1) Belden, Khail 10	2) Cotton, Sam 12		
3) Weigel, Jake 12	4) Simpson, Andrew 12		
2 Hudson		43.68	6
1) Oberdas, Evan 12	2) Robey, Justin 12		
3) Lessard, Tyler 11	4) Island, Xavier 10		
3 River Falls		43.70	4
1) Tarasewicz, Joseph 10	2) Lane, Jacob 12		
3) Pacheco, William 10	4) Johnson, Eli 11		
4 Hudson	B	46.97	
1) Henning, Eli 10	2) Poppe, Carter 12		
3) Pruzek, Will 11	4) Don, Evan 12		
5 River Falls	B	47.17	
1) Novak, Mason 10	2) Freese, Nash 10		
3) Simmons, Oliver 9	4) Stellrecht, Austin 10		

**Boys 4x200 Meter Relay**

Team	Relay	Result	
<b>Finals</b>			
1 River Falls		1:30.11	8
1) Pacheco, William 10	2) Burke, Charlie 9		
3) Bauschelt, Ty 11	4) Silloway, Jack 11		
2 Eau Claire Memorial		1:31.86	6
1) Belden, Khail 10	2) Cotton, Sam 12		
3) Simpson, Andrew 12	4) Blade, Conner 11		
3 Hudson		1:34.97	4
1) Oberdas, Evan 12	2) Estrella, Gabe 11		
3) Lessard, Tyler 11	4) Englund, Ben 10		
4 Hudson	B	1:39.54	
1) Dassow, Nate 11	2) Asembo, Gilbert 9		
3) Serpico, Blake 9	4) Pruzek, Will 11		
5 River Falls	B	1:45.99	
1) Ashbach, Joshua 10	2) Cernohous, Casey 10		
3) Ireland, Calvin 10	4) Moss, Eric 9		

**Boys 4x400 Meter Relay**

Team	Relay	Result	
<b>Finals</b>			
1 River Falls		3:25.66	8
1) Anderson, Robbie 12	2) Bauschelt, Ty 11		
3) Silloway, Jack 11	4) Andrews, Quinlan 11		
2 Hudson		3:29.53	6
1) Coleman, Lynden 12	2) Pennycook, TJ 10		
3) Bjerke, Brock 12	4) Yaeger, Ross 12		
3 Eau Claire Memorial		3:32.15	4
1) Blade, Conner 11	2) Dewey, Parker 12		
3) Beeksma, Luke 11	4) Ferguson, Tay 12		
4 River Falls	B	3:38.29	
1) Hagen, Kai 12	2) Metro, Noah 9		
3) Hutchins, Jacob 9	4) Karnau, Jack 10		
5 Hudson	B	3:39.07	
1) Straus, Cowan 10	2) Hofstedt, Owen 10		
3) Dunbar, Nemo 11	4) Berscheid, Ryder 9		

**Boys 4x800 Meter Relay**

Team	Relay	Result	
<b>Finals</b>			
1 Hudson		8:50.56	8
1) Lawrence, Noah 12	2) Haverly, Addisu 12		
3) Coleman, Logan 11	4) Keller, Ryan 9		
2 Eau Claire North		9:02.00	6
1) Kent, Joseph 10	2) Nord, Caden 10		
3) Vaver, Walker 12	4) Theis, Nathanael 12		
3 Hudson	B	9:34.08	
1) Slinger, Mack 9	2) Ebben, Sy 10		
3) Davis, Ben 10	4) Siwicki, Kian 11		
4 Eau Claire Memorial		9:46.87	4
1) Bramwell, Carsen 9	2) Jasicki, Matthew 9		
3) Mangrum, Asher 9	4) Zwiefelhofer, Micah 11		

## Hudson Tune Up - 5/7/2024

### Hudson High School

#### Finals ... (Boys 4x800 Meter Relay)

Team	Relay	Result
5 Hudson	C	9:49.91
1) Adler-Nussbaum, Zach 11		2) Longway, Zaine 11
3) Stohberg, Connor 9		4) Lorenz, Luke 10

#### Boys High Jump

Name	Yr	School	Result	
<b>Finals</b>				
1 Bauschelt, Ty	11	River Falls	6-02.00	8
2 Hutchins, Jacob	9	River Falls	5-08.00	6
3 Hurtgen, Rhys	10	EC Memorial	5-05.00	4
4 Cluppert, Chris	10	Rice Lake	J5-05.00	1.5
4 Benedict, Todd	10	River Falls	J5-05.00	1.5
6 Bjerke, Grant	9	Hudson	5-02.00	
7 Oreso, Delani	9	Hudson	J5-02.00	
8 Mincoff, Brandon	10	Rice Lake	4-11.00	
8 Bessen, Elliott	11	EC North	4-11.00	
10 Birr, Dane	10	Hudson	J4-11.00	
--- Jannusch, Luke	10	Hudson	NH	
--- Wiener, Micah	11	Hudson	NH	
--- Kent, Riley	9	EC North	NH	
--- Eggleston, Brody	10	Rice Lake	NH	
--- Dufek, Danny	11	Hudson	NH	
--- Gibson, Patrick	11	Hudson	NH	
--- Gabriel, Caden	11	Hudson	NH	

#### Boys Pole Vault

Name	Yr	School	Result	
<b>Finals</b>				
1 Bergman, Hayden	12	Hudson	14-00.00	8
2 Schneider, Blake	10	River Falls	13-03.00	6
3 Bried, Taylor	12	Hudson	11-09.00	4
4 Schroeder, Aiden	10	EC Memorial	10-09.00	2
5 McCarthy, Sam	12	Hudson	J10-09.00	1
6 Becker, Hurshle	10	Rice Lake	8-03.00	
7 Berscheid, Ryder	9	Hudson	J8-03.00	
8 French, Breckin	10	River Falls	7-03.00	
8 Mincoff, Brandon	10	Rice Lake	7-03.00	
10 Moua, Alex	10	EC Memorial	J7-03.00	
11 Oberdas, William	9	Hudson	J7-03.00	

#### Boys Long Jump

Name	Yr	School	Result	
<b>Finals</b>				
1 Weigel, Jake	12	EC Memorial	21-03.50	8
2 Eastgate, Taurus	12	River Falls	20-05.50	6
3 Solberg, Elliott	12	EC North	19-05.50	4
4 McCandless, Ezekiel	10	EC North	19-04.75	2
5 White, Landon	12	Hudson	19-01.75	1
6 Hurtgen, Rhys	10	EC Memorial	19-01.50	
7 Island, Xavier	10	Hudson	J19-01.50	
8 Englund, Ben	10	Hudson	19-00.00	
9 Adair, Cooper	10	Hudson	J19-00.00	
10 Bauer, Keegan	12	EC North	18-08.00	
11 Ellis, Brett	11	River Falls	18-04.50	

12 Metro, Noah	9	River Falls	17-11.50
13 Don, Evan	12	Hudson	17-09.00
14 Blade, Conner	11	EC Memorial	17-04.50
15 Stellrecht, Austin	10	River Falls	J17-04.50
16 Gibson, Patrick	11	Hudson	17-03.75
17 Burke, Charlie	9	River Falls	17-02.75
18 Novak, Mason	10	River Falls	17-02.00
19 Johnson, Cruz	9	River Falls	16-10.75
20 Henning, Eli	10	Hudson	J16-10.75
21 Blauwkamp, Caleb	10	Hudson	16-09.00
22 Becker, Hurshle	10	Rice Lake	16-08.25
23 Gilleland, Grayson	9	EC Memorial	16-07.00
24 Yang, David	9	EC North	16-06.00
25 Vang, Jonathan	9	EC North	15-11.00
26 Ireland, Calvin	10	River Falls	15-08.50
27 Brown, Kellen	10	EC Memorial	15-04.50
28 Wiener, Micah	11	Hudson	14-03.00
29 Oberdas, William	9	Hudson	14-00.75
30 Durch, Jonathan	9	Hudson	13-11.50
31 Miller, Zach	11	River Falls	12-11.00
--- Freese, Nash	10	River Falls	FOUL
--- Dunbar, Nemo	11	Hudson	FOUL

#### Boys Triple Jump

Name	Yr	School	Result	
<b>Finals</b>				
1 Eastgate, Taurus	12	River Falls	43-02.00	8
2 Dunbar, Nemo	11	Hudson	43-01.00	6
3 Metro, Noah	9	River Falls	40-04.25	4
4 Adair, Cooper	10	Hudson	39-05.50	2
5 White, Landon	12	Hudson	38-06.75	1
6 Blade, Conner	11	EC Memorial	38-06.00	
7 Ellis, Brett	11	River Falls	38-04.75	
8 Tomkovick, Graham	12	EC Memorial	38-03.25	
9 Henning, Eli	10	Hudson	37-03.25	
10 Johnson, Cruz	9	River Falls	37-01.00	
11 Oreso, Delani	9	Hudson	35-09.50	
12 Green, Parker	9	River Falls	32-10.25	
13 Blauwkamp, Caleb	10	Hudson	32-04.00	
14 Kent, Riley	9	EC North	28-07.25	
--- Hurtgen, Rhys	10	EC Memorial	FOUL	

#### Boys Shot Put

Name	Yr	School	H#	Result	
<b>Finals</b>					
1 Johnson, Eli	11	River Falls	3	44-09.00	8
2 Mondeau, Kenton	10	EC North	3	44-05.00	6
3 Simpson, Sam	10	River Falls	3	43-07.00	4
4 Selnes, Nolan	9	Rice Lake	3	38-09.50	2
5 Rock, Jackson	12	River Falls	3	38-01.00	1
6 Brown, David	11	Hudson	3	37-09.00	
7 Okonmah, Chike	11	EC Memorial	1	37-03.25	
8 Johnson, Luke	11	EC Memorial	3	36-10.00	
9 McConaughy, Beau	9	EC North	3	35-03.00	
10 Englund, Thomas	11	Hudson	3	34-07.00	
11 Sorensen, Chace	10	EC North	3	34-05.00	

## Hudson Tune Up - 5/7/2024

### Hudson High School

#### Finals ... (Boys Shot Put)

Name	Yr	School	H#	Result
12 Bauer, James	12	Hudson	3	33-08.50
13 Ebert, Sam	9	EC North	2	33-05.50
14 Brunette, Colten	9	Rice Lake	1	J33-05.50
15 Jannusch, Luke	10	Hudson	1	32-05.50
16 Walrack, Braxten	9	Hudson	2	32-00.50
17 Odom, Devin	9	Hudson	2	31-09.25
18 Wergeland, Sam	10	EC Memorial	2	31-08.00
19 Frederick, Taylor	12	EC North	2	31-07.50
20 Vorwald, Shawn	9	River Falls	2	31-06.50
21 Larimore, Asher	9	River Falls	2	30-11.00
22 Jenkins, Joshua	10	River Falls	2	30-06.50
23 Bartholomew, Sam	10	EC North	1	29-02.50
24 Olson, Mitchell	10	Rice Lake	1	28-09.00
25 Allen, David	11	EC Memorial	2	28-02.75
26 Holzinger, Max	9	EC Memorial	1	27-09.50
27 Hirstein, Jonah	9	River Falls	2	27-08.75
28 Nargiz, Evan	11	EC Memorial	1	27-08.00
29 Montalvo, Gavriel	12	Rice Lake	1	27-05.50
30 Wang, Johnny	9	EC Memorial	1	26-05.50
31 Bauer, Travis	12	EC Memorial	2	26-04.25
32 Molepske, Austin	9	EC Memorial	1	23-06.00
33 French, Colton	10	River Falls	1	22-07.75
34 Sturgis, Ayden	9	EC North	1	20-02.00
--- Louis-Kohn, Maxwell	11	EC Memorial	3	FOUL

27 McConaughy, Beau	9	EC North	1	72-04
28 Nargiz, Evan	11	EC Memorial	2	71-00
29 Hirstein, Jonah	9	River Falls	2	70-08
30 Wang, Johnny	9	EC Memorial	1	67-05.50
31 Sturgis, Ayden	9	EC North	1	65-08
32 Olson, Mitchell	10	Rice Lake	1	59-08
33 French, Colton	10	River Falls	1	54-05.50
34 Oberdas, William	9	Hudson	1	47-08



#### Women - Team Rankings - 18 Events Scored

1) Hudson	115.25
2) Eau Claire Memorial	106
3) River Falls	84.25
4) Eau Claire North	46.5



#### Men - Team Rankings - 18 Events Scored

1) River Falls	110.5
2) Eau Claire Memorial	103
3) Hudson	101
4) Eau Claire North	48
5) Rice Lake	3.5

#### Boys Discus Throw

Name	Yr	School	H#	Result	
1 Mondeau, Kenton	10	EC North	3	118-04.50	8
2 Stavinoha, Brady	11	River Falls	3	106-03.25	6
3 Larimore, Asher	9	River Falls	3	102-07	4
4 Englund, Thomas	11	Hudson	3	100-01	2
5 Wergeland, Sam	10	EC Memorial	3	99-09.50	1
6 Simpson, Sam	10	River Falls	3	97-07.50	
7 Jenkins, Joshua	10	River Falls	3	96-03	
8 Louis-Kohn, Maxwell	11	EC Memorial	2	91-04	
9 Bauer, James	12	Hudson	3	89-09	
10 Johnson, Luke	11	EC Memorial	3	88-00	
11 Ebert, Sam	9	EC North	1	87-11	
12 Brunette, Colten	9	Rice Lake	2	87-10	
13 Okonmah, Chike	11	EC Memorial	3	87-03	
14 Vorwald, Shawn	9	River Falls	2	87-01	
15 Frederick, Taylor	12	EC North	2	84-05	
16 Bauer, Travis	12	EC Memorial	3	82-10	
17 Selnes, Nolan	9	Rice Lake	1	81-03	
18 Sorensen, Chace	10	EC North	2	81-01	
19 Caldwell, Cayden	9	EC North	1	78-10	
20 Allen, David	11	EC Memorial	2	78-07	
21 Brown, David	11	Hudson	3	78-05.50	
22 Montalvo, Gavriel	12	Rice Lake	2	78-01.50	
23 Walrack, Braxten	9	Hudson	2	77-02.50	
24 Bartholomew, Sam	10	EC North	2	74-03	
25 Holzinger, Max	9	EC Memorial	1	74-01	
26 Molepske, Austin	9	EC Memorial	1	73-00.50	