

Aug. 17, 2024

Coaches,



Join us for an exciting night of races on Thursday, August 29th at the Mike Mulrooney Cross Country Course on the AHS Campus.

Arrowhead High School - CC Course is on NW side of North Campus
800 North Avenue
Hartland, WI

Our PT-Timing Night Race will take place after sunset “under the lights!” The looped course is lined with lights, creating a unique racing opportunity that allows coaches and spectators to view at numerous points.

Time Schedule:

8:30 Girls 5,000 M. Run (Varsity & JV)

9:15 Boys 5,000 M. Run (Varsity & JV)

Box Assignments:

Box 1: New Berlin Eisenhower

Box 2: Menomonee Falls

Box 3: Homestead

Box 4: Pewaukee

Box 5: Waukesha North (boys)

Box 6: Mukwonago

Box 7: Hamilton

Box 8: Marquette (boys)

Box 9: Middleton

Box 10: Kettle Moraine

Box 11: Muskego

Box 12: Waukesha West (boys) Oconomowoc (girls)

Box 13: Monona Grove

Box 14: Arrowhead

Box 15: Brookfield Academy

Entrance and Parking:

All: Entrance to the school is from North Ave on the east side of school. Use the campus entrance at Arrowhead Drive. The Hwy K entrance will be blocked off. Please see attached map.

Buses: Teams should be dropped off by the practice soccer fields on the northwest side of north campus. Buses will be allowed to pull into that area, turn around and park in the designated areas. Please see maps attached. Buses will find plenty of room to park in the lots east or south of the north campus building.

Spectators: Parking is available in the lots east or south of the north campus building. No parking will be allowed in the lot north of north campus near the start / finish line area.

Team Area

Camps should be set up on the small soccer field west of the parking lot near the portable restrooms.

Trainer

The trainer will be available near the finish line to the west towards the woods loop. Please provide your own tape, wraps, braces, etc.



We will be using bibs provided by PT Timing Inc. You must do your entries online by going to their website: www.pttiming.com The site will be available for entries the week before the race. Your entries need to be completed and each race indicated by Tuesday, August 27th by noon. Teams not completing their entries on time will be assessed a \$50 fine by PT-Timing.



PrimeTime Event & Race Management
3455 N 127th Street
Brookfield, WI 53005

Phone: 800-766-4167
Email: info@pttiming.com

CROSS COUNTRY TIMING INFO

Entry Process

Entries must be completed online via MileSplit's online entry system. Coaches should register their athletes and find the MileSplit link on the event listing at www.pttiming.com. To find the event, click "Schedule" from the top header bar. Events are listed by date. Scroll down to find the meet, and to the right will be a link to the online entries. If the event is not listed, it is likely that we have not yet received the Meet Information document yet. If you have sent the meet info and your event is still not listed within a day, email info@pttiming.com with a reminder.

Entry Deadline and Late Entry Fee

The deadline for online entries is two days prior to the meet at 11:59am Central Time, unless specific arrangements are made in advance. Entries open nine days prior to the event ONLY IF the meet information is emailed to PT Timing on time. Otherwise, the meet will be posted and open for entries as soon as we are able, once the meet information is received. Teams failing to meet the deadline will be charged a \$200 Late Entry Fee to reopen entries. Late Entry Fee exceptions may be made at PT Timing's discretion.

Chip Distribution & Team Rosters

When schools arrive to the meet, they will need to pickup their packet from our timer at the finish line. The packet contains bib numbers with disposable timing chips applied to the back, and safety pins. Additionally, there will be a sheet containing a team roster with the bib assignments. To avoid result errors, advise coaches to double-check their printed rosters prior to the start of the race. Corrections are much easier to make before racing begins.

Additions/Changes/Substitutions

Due to the limited number of bibs/chips our timer may have available with them on-site, we cannot always make additions other than scratch and replace. Moving athletes from one race to another (Varsity to JV, for example) is accepted and we encourage coaches to communicate these types of changes with our timer prior to the start of the first race. Please keep in mind that excessive on-site changes requires extra time and could even result in delayed start times.

Race packets and bibs may be picked up at the concession stand in the team camp area when you arrive. Changes should be made with PTTiming at the finish line.

Awards: (to begin 15 min after last runner finishes race)

Top Girls Team & Top Boys Team will receive a snack bag for each individual on the winning team.

The top 15 runners in the girls and boys races will receive an amazing night race T-Shirt.



Sponsored by Performance Running Outfitters.

The best decorated girl's tent and the best decorated boy's tent will receive 10 pizzas to share with their respective teammates!

T-shirts will be sold as well as full concessions. Please let your teams know about this. Cash and credit cards will be accepted.

[5k Course](#)

[Bus Drop Off Route](#)

[Campus and Course Map](#)

Night Race Meet Records

Girls: Sara Mlodik - D. C. Everest 17:49.4 (2023)

Boys: Diego Serraino - Muskego 15:44.6 (2023)

Arrowhead Course Records

Girls: Sara Mlodik - D. C. Everest 17:49.4 (2023)

Boys: Patrick Wills Waukesha North 15:02.4 (2021)

Night Race Team Champions and Individual Champions

2023 - Girls: Homestead / Sara Mlodik - D. C. Everest

2023 - Boys: Muskego / Diego Serraino - Muskego

2022 - Girls: Middleton / Noelle Junig - Muskego

2022 - Boys: Middleton / Ben Dohlby - Pewaukee

Officials: Tom Emmerich, Dennis Meyer and Pete Emmerich

We will have a WIAA Sportsmanship Verification Form available for you to sign at the meet.

If you have any questions, please contact

AHS AD - Ryan Mangan at 262-369-3612 ext. 4203

AHS Girls Coach - Curt Kaczor - 920-256-1152

warhawkscrosscountry@gmail.com

AHS Boys Coach - Mike Ray - 262-442-1120 runrazor@gmail.com