



The 48th Annual WISCONSIN LUTHERAN GRADE SCHOOL CROSS COUNTRY INVITATIONAL

Wednesday, October 9th, 2024

The 48th Annual Wisconsin Lutheran Grade School Cross Country Invitational will take place on **WEDNESDAY, October 9th, 2024**. The meet site is **McCarty Park** located at **84th and Cleveland Avenue, West Allis, Wisconsin**.

The Invitational will include **four grade school races based upon gender and grade level**. The JV races will be competed first followed by the Varsity races. The grade school races will be timed using **Prime Time Timing**. Each runner will wear a timing chip. The race course is 1.5 miles using the same course as last year. Please refer to the course map.

The Viking Cross Country Coaching Staff - Eric Lueck, Blair Schaper, Josh Seeger, Micah Hernandez, Mark Moldenhauer, Beth Shiels, and Athletic Director Micah Walz will do their best to make this a top quality Invitational.

There is a **four race format**: **JV Girls, JV Boys, Varsity Girls, Varsity Boys**.

<u>Race Schedule:</u>	JV Girls (Grades 5 and below)	4:15 pm
	JV Boys (Grades 5 and below)	4:35 pm
	Varsity Girls (Grades 6-8)	4:55 pm
	Varsity Boys (Grades 6-8)	5:15 pm
	Awards	5:35 pm

The timing system allows us to handle very large numbers in each race. The course will handle the numbers of runners that have historically run over the past years.

Entry Deadline: All entries will be through Prime Time Timing. A complete instruction sheet will be shared. Prime Time Timing will list when the entry window opens and also include the closing deadline.

WHEN ENTERING YOUR ATHLETES, If your school is one of the many **ST. JOHN'S** or many **ST. PAUL'S**, **PLEASE** also **INDICATE YOUR CITY**
EX. "ST PAULS-MUSKEGO" Thank you very much for this help!

Do Not enter "Lutheran" as part of your school name

The entry fee is **\$6** per **entered** runner. Due to chip user fees and park rental fees, runners entered, but then not competing, will still be charged \$6 to that school. Please enter only competing athletes.

Awards: Trophy awarded to the top two teams in each race.
Trophy awarded to the individual race winners.
Medals to places 2-20 Varsity Races and 2-20 JV Races

Your first **4** finish runners in each race will constitute your team in that race. Your roster size is unlimited. The Varsity races will be 6th, 7th, and 8th graders. The Junior Varsity races will be for those in grades 5 and below. Lower grade athletes may be used to fill out Varsity Teams. However- upper grade athletes (grades 6-8) cannot compete in the JV Races.

Upon arrival, Coaches please pick up your race packet at the WLHS Cross Country Tent. There will be a dedicated Grade School CC Tent station. The presentation of the grade school awards will take place immediately after the completion of the final grade school race. Please proceed to the awards area. In the event of inclement weather – awards will be sent to each school.

- ***Entry Information will be sent to your school via email when the official PT Timing Entries OPEN. This date is traditionally late September. Information will also include when the entries CLOSE for this event.***

After the entry deadline- including at the meet site, there are no additions that can be made to your roster. Also, you do not need to scratch runners, just do not assign their timing chip to another runner. Timing chips need to be collected and returned to the PT Timing van immediately after the race, school will be charged for chips not returned. Please be aware if “one time” bib chips are used instead. We will share this information on race day upon chip pick up.

Thank you and God Bless Your Day!
Wisconsin Lutheran High School Cross Country Coaching Staff

