

Roy Griak Inviational
Les Bolstad Cross Country Course, Minneapolis, MN
Hosted by University of Minnesota
9/20/2024

===== GIRL'S GOLD 5K TEAM SCORE =====

1. 156 Woodbury (21:32.8 107:43.9 1:30.7)

1	12	Hannah Rodemeyer	9	20:41.6
2	15	Sarah Vaske	12	20:46.4
3	40	Lauryn Rosenthal	12	21:57.4
4	42	Payton Hedrington	9	22:06.2
5	47	Haylie Hedrington	12	22:12.3
6	(76)	Audrey Fedunok	12	22:54.9
7	(109)	Chole Mitchell	9	23:35.6

2. 171 Centennial (21:38.7 108:13.5 2:17.7)

1	6	Kylie Nelson	12	20:18.5
2	20	Miranda Sawvel	12	21:09.1
3	38	Emma Delf	9	21:56.7
4	48	Annelise Offerdahl	12	22:13.0
5	59	Anna Swanson	11	22:36.2
6	(77)	Josie Steinhoff	7	22:58.0
7	(133)	Audrey Julson	10	23:58.1

3. 186 Eau Claire Memorial (21:47.9 108:59.4 1:27.0)

1	21	Lindsay Berg	12	21:09.3
2	26	Rue Birkholz	10	21:24.8
3	34	Olivia Tanner	8	21:39.3
4	44	Charlotte Willems	12	22:09.7
5	61	Nora Mecikalski	12	22:36.3
6	(74)	Bryn Myers	10	22:52.5
7	(102)	Becca Rouse	10	23:26.4

4. 195 Chaska (21:40.3 108:21.4 2:53.3)

1	7	Noella Ross	11	20:19.9
2	17	Sidney Fuhr	12	20:47.7
3	28	Maria Knott	9	21:26.6
4	56	Rebecca Ross	9	22:34.0
5	87	Adonai Yidnekachew	12	23:13.2
6	(91)	Addison Webb	9	23:15.1
7	(110)	Makenzie Meyer	11	23:36.0

5. 199 Rogers (21:37.5 108:07.3 3:14.2)

1	2	Cara Back	10	19:30.9
2	27	Mady Anderson		21:25.9
3	36	Lauren Barthel	8	21:43.1
4	66	Addison Porter	9	22:42.3
5	68	Harper Colligan		22:45.1
6	(71)	Olivia Bakalars		22:50.2
7	(98)	Kieran Pederson	11	23:20.8

6. 266 Eastview (22:04.5 110:22.1 3:16.0)

1	14	Kienna Loberg	10	20:46.1
2	33	Gracie Puit	12	21:38.3
3	35	Hadley Knight	11	21:41.4
4	49	Eleanor Patterson	12	22:14.2
5	135	Emily Ward	12	24:02.1
6	(143)	Abby Ward	12	24:11.5
7	(190)	Samantha Artwohl	12	25:24.7

7.	279	Chisago Lakes		(22:01.1	110:05.4	3:32.3)
1	3	Annika Hall	9	19:47.7		
2	13	Kaia Osmundson	12	20:43.7		
3	82	Averiana Gellerman	9	23:06.8		
4	84	Arianna Husfeldt	9	23:07.2		
5	97	Lauren Kowarsch	11	23:20.0		
6	(121)	McKaylie Malek	9	23:44.7		
7	(123)	Mataya Malek	8	23:44.9		
8.	279	St. Louis Park		(22:18.4	111:31.8	2:56.3)
1	11	Eleanor Lindeman	12	20:38.3		
2	43	Anna Healey	12	22:06.5		
3	58	Adeline Stewart	9	22:36.1		
4	60	Finlay Beam	9	22:36.3		
5	107	Kaylee Crump	11	23:34.6		
6	(164)	Ellie Minnick	12	24:41.0		
7	(165)	Tess Carpenter	9	24:42.0		
9.	304	Owatonna		(22:30.0	112:30.0	1:54.4)
1	25	Leah Leckner	9	21:23.7		
2	51	Clara Sennott	9	22:15.7		
3	55	Clara Meier	9	22:32.7		
4	78	Kendra Melby	11	22:59.8		
5	95	Sophia Qualley	10	23:18.1		
6	(100)	Ava Cox	10	23:23.3		
7	(137)	Emily Clark	12	24:03.1		
10.	312	Hawley XC		(22:24.6	112:02.9	2:34.1)
1	23	Jovie Marshall	8	21:18.7		
2	30	Lily Olson	12	21:29.4		
3	63	Kinzey Ellingson	8	22:37.8		
4	67	Madi Hoff	8	22:44.2		
5	129	Dezi Aldinger	10	23:52.8		
6	(160)	Rory Guderjahn	8	24:34.0		
7	(173)	Eagan Hastings	11	24:50.2		
11.	315	ADM Adel		(22:33.4	112:46.7	1:56.9)
1	22	Elliotte Von Roden	9	21:17.5		
2	53	Allie Eggleston	10	22:22.0		
3	65	Ella Goodrich	12	22:40.2		
4	86	Hannah Desmarais	12	23:12.6		
5	89	Addy Bjork	10	23:14.4		
6	(114)	Evelyn Horgen	12	23:38.8		
7	(141)	Mackealin Sutton	12	24:07.6		
12.	321	New Richmond		(22:21.3	111:46.2	3:18.0)
1	5	Marah Benedict	12	20:16.9		
2	24	Kendra Christensen	9	21:21.1		
3	81	Reese Nichols	12	23:06.7		
4	103	Maddi Balduc	10	23:26.6		
5	108	Katie Ebnet	11	23:34.9		
6	(148)	Aftin Nelson	9	24:17.9		
7	(158)	Bailey Kuehn	9	24:32.2		
13.	334	Proctor		(22:39.6	113:18.0	1:58.8)
1	32	Lizzy Harnell	12	21:33.1		
2	54	Della Bettendorf	12	22:30.4		

3	64	Paige Evans	12	22:38.6			
4	79	Paisley Kleiman	12	23:04.0			
5	105	Rachel Bettendorf	10	23:31.9			
6	(112)	Kailyn Jauhola	10	23:36.9			
7	(196)	Caitlin Wedge	10	25:32.9			
14.	347	Lakeville North			(22:31.7	112:38.5	2:38.4)
1	19	Hannah Stuckey	10	21:03.4			
2	31	Elyse Stachewicz	11	21:31.9			
3	75	Kate Weisser	12	22:53.3			
4	104	Sophia Pothen	9	23:28.1			
5	118	Hannah Altergott	10	23:41.8			
6	(122)	Claire Phillips	11	23:44.7			
7	(175)	Danielle Casey	12	24:51.4			
15.	396	Monticello			(22:26.5	112:12.3	5:36.9)
1	1	Isabel Mahoney	11	18:56.4			
2	50	Lauren Rengel	8	22:15.3			
3	70	Kaela Skistad	12	22:47.0			
4	116	Braylen Hansen	9	23:40.3			
5	159	Hannah Johnson	12	24:33.3			
6	(189)	Olivia Metzger	8	25:20.4			
7	(210)	Mackenzie Cotten	11	26:14.0			
16.	408	Rochester Lourdes			(22:50.0	114:09.6	3:38.6)
1	16	Anna Peikert	12	20:47.5			
2	69	Allison Deutsch	8	22:46.6			
3	72	Ruby Flies	11	22:50.2			
4	96	Elizabeth Penza	10	23:19.2			
5	155	Vanessa Brooks	9	24:26.1			
6	(169)	Brianna Rossow	10	24:47.8			
7	(223)	Abigail Lindeen	12	27:22.7			
17.	460	St. Paul Academy & Summit School			(23:02.0	115:09.6	3:58.0)
1	18	Taylor Barkwell	12	20:59.9			
2	46	Paloma Good	10	22:11.2			
3	62	Maren Overgaard.	12	22:36.8			
4	154	Alyda Overgaard	9	24:23.8			
5	180	Johanna Pierach	12	24:57.9			
6	(200)	Isla Kim	7	25:51.2			
7	(233)	Anh-Na Le	7	28:23.8			
18.	521	Wadena-Deer Creek			(23:26.2	117:10.7	1:54.1)
1	52	Amber Collins	12	22:18.7			
2	92	Noelle Spicer	12	23:16.7			
3	101	Brielle Kern	10	23:26.3			
4	131	Lydia Oldakowski	11	23:56.2			
5	145	Annika Spicer	10	24:12.8			
6	(181)	Ruby Wegscheid	9	24:58.1			
7	(214)	Danya Spicer	8	26:37.2			
19.	522	Shorewood			(23:28.3	117:21.1	0:38.7)
1	83	Cece Axtell	10	23:06.9			
2	85	Anna Duensing	12	23:09.7			
3	111	Asha Lindvall	10	23:36.6			
4	119	Claire Gartner	11	23:42.3			
5	124	Aven Spahn	10	23:45.6			
6	(152)	Shirley Heaviland	11	24:20.8			
7	(157)	Sofia Myles	9	24:29.9			

20.	546	Cochrane-Fountain City		(23:20.5	116:42.1	5:37.5)
1	4	Addy Duellman	11	20:11.2		
2	37	Paxtyn Duellman	9	21:55.0		
3	128	Ashlyn Earney	10	23:52.1		
4	178	Cecelia Dittrich	12	24:55.1		
5	199	Sam Bork	12	25:48.7		
6	(208)	Ana Knecht	12	26:05.2		
7	(212)	Alyvia Arneson	11	26:34.2		
21.	557	Rice Lake		(23:40.0	118:19.9	4:10.4)
1	29	Abby Britton	10	21:29.1		
2	57	Clara Drost	11	22:35.5		
3	80	Morgan Stephens	11	23:05.2		
4	194	Mindy Barta	11	25:30.6		
5	197	Mari Gilbert	10	25:39.5		
6	(211)	Anna Lipke	12	26:26.5		
7	(216)	Elleanor Hietala	12	26:42.0		
22.	562	Osseo		(23:36.1	118:00.1	1:21.8)
1	73	Ashley Damsgard	9	22:50.5		
2	90	Julianna Mindiola	9	23:14.6		
3	125	Audrey McNeil	12	23:46.5		
4	130	Hanna Bakken	9	23:56.2		
5	144	Presley Allen	10	24:12.3		
6	(179)	Caleigh Rich	10	24:56.5		
23.	571	Nova Classical Academy		(23:38.6	118:12.9	6:17.3)
1	8	Isabel Pass	8	20:29.1		
2	39	Lucia Luepker	12	21:56.9		
3	120	Cecelia Roberts	12	23:44.3		
4	187	Chloe Brown	11	25:16.2		
5	217	Mira West	10	26:46.4		
6	(222)	Sophia Lee	10	27:20.2		
7	(240)	Greta Fleischhacker	12	30:30.2		
24.	628	St. Anthony Village		(23:51.5	119:17.5	0:59.7)
1	93	Ellie McCormick	10	23:17.3		
2	115	Eliza Chinander	8	23:39.7		
3	134	Tatum Lyon	10	23:58.3		
4	139	Piper Gushwa	12	24:05.2		
5	147	Selam Noonan	9	24:17.0		
6	(163)	Emma Desouza	7	24:37.1		
7	(193)	Sonja Oksnevad	11	25:27.7		
25.	630	Breck School		(23:42.5	118:32.2	5:00.3)
1	9	Esme Gulbransen	12	20:31.6		
2	126	Abigail Getnick	11	23:50.2		
3	138	Samantha Dvorak	12	24:03.2		
4	162	Avery Lampe	12	24:35.3		
5	195	Anna Harrington	10	25:31.9		
6	(218)	Aven Leventhal	12	26:51.0		
26.	661	Sartell		(24:01.1	120:05.3	1:14.7)
1	106	Ava Jemming	9	23:34.3		
2	113	Grace Steele	8	23:38.2		
3	117	Reese Janson	8	23:41.2		
4	153	Ella Stanley	9	24:22.6		

5	172	Jillian Ward	8	24:49.0
6	(177)	Paisley Watson	12	24:54.6
7	(186)	Ava Lesniak	10	25:15.2
27.	672	Albany		(24:01.6 120:07.9 2:34.5)
1	45	Trinity Hadler	10	22:10.0
2	149	Laina Kalthoff	10	24:18.9
3	151	Ella Lipinski	7	24:19.8
4	161	Sydney Dingmann	10	24:34.7
5	166	Grace Grabmeier	10	24:44.5
6	(168)	Josie Ostendorf	8	24:47.5
7	(170)	Brianna Thelen	8	24:48.2
28.	673	Minnehaha Academy		(24:04.2 120:20.7 3:23.3)
1	41	Leah DiNardo	12	22:02.5
2	127	Brooke Siwek	11	23:51.5
3	146	Berit Calvin	12	24:14.3
4	167	Elena Piatt	10	24:46.6
5	192	Greta Gesick	12	25:25.8
6	(219)	Ainsley Swanson	9	26:53.2
7	(228)	Greta Lemmons	10	27:50.4
29.	713	Irondale		(24:33.1 122:45.2 4:12.4)
1	88	Mia Christianson	10	23:13.3
2	94	Azelle Besemann	11	23:17.6
3	132	Sophie Stephens	11	23:58.0
4	174	Fiona Hamilton	8	24:50.6
5	225	Miriam Robertson	10	27:25.7
6	(229)	Luella Nolte	10	28:00.6
7	(230)	Amelie Vanloon	10	28:08.5
30.	813	St. Agnes		(24:35.3 122:56.3 0:57.8)
1	140	Sarah Lehnen	10	24:06.4
2	150	Maureen Alt	7	24:19.1
3	156	Jane Kuwata	10	24:27.9
4	183	Maria McGeehan	7	24:58.7
5	184	Klara Ferdinandt	10	25:04.2
6	(206)	Beatrice Pawl	8	26:04.5
7	(207)	Gemma Spencer	10	26:05.1
31.	842	Coon Rapids		(25:22.2 126:50.9 7:33.3)
1	10	Ruby Demmer	10	20:38.2
2	176	Lily McKenzie	12	24:52.7
3	204	Emmy Fuller	10	25:54.5
4	221	Emily Bornes	11	27:14.0
5	231	Ella LaGree	11	28:11.5
32.	855	St. Paul Como Park		(24:59.2 124:55.6 2:30.6)
1	99	Lu Beckman	8	23:22.7
2	171	Lilly Coyle	10	24:48.4
3	182	Margaret Spray	12	24:58.7
4	201	Scout Murch-Gordon	8	25:52.5
5	202	Frannie Howatt	9	25:53.3
6	(203)	Lucia Rosell	12	25:53.8
7	(209)	Paloma Dashevsky	9	26:12.1
33.	874	Eagle Ridge Academy		(25:11.2 125:55.7 3:08.6)
1	136	Olivia Gilbertson	10	24:02.1

2	142	Greta Gilbertson	9	24:10.9
3	185	Maria Dorland	10	25:06.6
4	191	Ruby Gilbertson	9	25:25.4
5	220	Addison Ortmeier	11	27:10.7
6	(224)	Cecily Barrett	9	27:24.6
7	(227)	Kaitlin Oglesby	9	27:31.4

34. 1066 Apple Valley (26:58.6 134:52.8 3:36.3)

1	188	Hanna Baron	12	25:17.8
2	198	Shelby Lee	11	25:45.9
3	213	Summer Tommerdahl	9	26:36.4
4	232	Molly Wagner	12	28:18.6
5	235	Haley Baron	12	28:54.1
6	(236)	Megan Davidson	11	29:30.0
7	(237)	Annie Sutton	9	29:36.1

35. 1118 Eau Claire North (27:43.3 138:36.4 3:44.2)

1	205	Ella Cesafsky	11	25:59.6
2	215	Gisselle Veliz	9	26:40.3
3	226	Amy Koehler	11	27:30.3
4	234	Jasmine Sylvester	12	28:42.4
5	238	Anissa Goodell	10	29:43.8
6	(239)	Alyssa Manteufel	11	29:49.5

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Girl's Gold 5k

Place	TmPl	Name	Year	Teamname	Time	Pace
1	1	Isabel Mahoney	11	Monticello	18:56.4	6:06
2	2	Cara Back	10	Rogers	19:30.9	6:17
3	3	Annika Hall	9	Chisago Lakes	19:47.7	6:23
4	4	Addy Duellman	11	Cochrane-Fountain City	20:11.2	6:30
5		Zili Lenzner	10	St. Cloud Apollo	20:11.4	6:30
6	5	Marah Benedict	12	New Richmond	20:16.9	6:32
7	6	Kylie Nelson	12	Centennial	20:18.5	6:33
8	7	Noella Ross	11	Chaska	20:19.9	6:33
9	8	Isabel Pass	8	Nova Classical Academy	20:29.1	6:36
10	9	Esme Gulbransen	12	Breck School	20:31.6	6:37
11	10	Ruby Demmer	10	Coon Rapids	20:38.2	6:39
12	11	Eleanor Lindeman	12	St. Louis Park	20:38.3	6:39
13	12	Hannah Rodemeyer	9	Woodbury	20:41.6	6:40
14	13	Kaia Osmundson	12	Chisago Lakes	20:43.7	6:41
15	14	Kienna Loberg	10	Eastview	20:46.1	6:42
16	15	Sarah Vaske	12	Woodbury	20:46.4	6:42
17	16	Anna Peikert	12	Rochester Lourdes	20:47.5	6:42
18	17	Sidney Fuhr	12	Chaska	20:47.7	6:42
19	18	Taylor Barkwell	12	St. Paul Academy & Summit	20:59.9	6:46
20	19	Hannah Stuckey	10	Lakeville North	21:03.4	6:47
21	20	Miranda Sawvel	12	Centennial	21:09.1	6:49
22	21	Lindsay Berg	12	Eau Claire Memorial	21:09.3	6:49
23	22	Elliotte Von Roden	9	ADM Adel	21:17.5	6:52
24	23	Jovie Marshall	8	Hawley XC	21:18.7	6:52
25	24	Kendra Christensen	9	New Richmond	21:21.1	6:53
26	25	Leah Leckner	9	Owatonna	21:23.7	6:54
27	26	Rue Birkholz	10	Eau Claire Memorial	21:24.8	6:54
28	27	Mady Anderson		Rogers	21:25.9	6:54
29	28	Maria Knott	9	Chaska	21:26.6	6:55
30	29	Abby Britton	10	Rice Lake	21:29.1	6:55
31	30	Lily Olson	12	Hawley XC	21:29.4	6:56
32	31	Elyse Stachewicz	11	Lakeville North	21:31.9	6:56
33	32	Lizzy Harnell	12	Proctor	21:33.1	6:57
34	33	Gracie Puit	12	Eastview	21:38.3	6:58
35	34	Olivia Tanner	8	Eau Claire Memorial	21:39.3	6:59
36	35	Hadley Knight	11	Eastview	21:41.4	6:59
37	36	Lauren Barthel	8	Rogers	21:43.1	7:00
38	37	Paxtyn Duellman	9	Cochrane-Fountain City	21:55.0	7:04
39	38	Emma Delf	9	Centennial	21:56.7	7:04
40	39	Lucia Luepker	12	Nova Classical Academy	21:56.9	7:04
41	40	Lauryn Rosenthal	12	Woodbury	21:57.4	7:04
42	41	Leah Dinardo	12	Minnehaha Academy	22:02.5	7:06
43	42	Payton Hedrington	9	Woodbury	22:06.2	7:07
44	43	Anna Healey	12	St. Louis Park	22:06.5	7:07
45	44	Charlotte Willems	12	Eau Claire Memorial	22:09.7	7:08
46	45	Trinity Hadler	10	Albany	22:10.0	7:09
47	46	Paloma Good	10	St. Paul Academy & Summit	22:11.2	7:09
48	47	Haylie Hedrington	12	Woodbury	22:12.3	7:09
49	48	Annelise Offerdahl	12	Centennial	22:13.0	7:10
50	49	Eleanor Patterson	12	Eastview	22:14.2	7:10

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Place	TmPl	Name	Year	Teamname	Time	Pace
51	50	Lauren Rengel	8	Monticello	22:15.3	7:10
52	51	Clara Sennott	9	Owatonna	22:15.7	7:10
53	52	Amber Collins	12	Wadena-Deer Creek	22:18.7	7:11
54	53	Allie Eggleston	10	ADM Adel	22:22.0	7:12
55	54	Della Bettendorf	12	Proctor	22:30.4	7:15
56	55	Clara Meier	9	Owatonna	22:32.7	7:16
57	56	Rebecca Ross	9	Chaska	22:34.0	7:16
58	57	Clara Drost	11	Rice Lake	22:35.5	7:17
59	58	Adeline Stewart	9	St. Louis Park	22:36.1	7:17
60	59	Anna Swanson	11	Centennial	22:36.2	7:17
61	60	Finlay Beam	9	St. Louis Park	22:36.3	7:17
62	61	Nora Mecikalski	12	Eau Claire Memorial	22:36.3	7:17
63	62	Maren Overgaard.	12	St. Paul Academy & Summit	22:36.8	7:17
64	63	Kinzey Ellingson	8	Hawley XC	22:37.8	7:18
65	64	Paige Evans	12	Proctor	22:38.6	7:18
66	65	Ella Goodrich	12	ADM Adel	22:40.2	7:18
67	66	Addison Porter	9	Rogers	22:42.3	7:19
68	67	Madi Hoff	8	Hawley XC	22:44.2	7:20
69	68	Harper Colligan		Rogers	22:45.1	7:20
70	69	Allison Deutsch	8	Rochester Lourdes	22:46.6	7:20
71	70	Kaela Skistad	12	Monticello	22:47.0	7:20
72		Lilly Dickinson	12	St. Cloud Apollo	22:49.4	7:21
73	71	Olivia Bakalars		Rogers	22:50.2	7:22
74	72	Ruby Flies	11	Rochester Lourdes	22:50.2	7:22
75	73	Ashley Damsgard	9	Osseo	22:50.5	7:22
76	74	Bryn Myers	10	Eau Claire Memorial	22:52.5	7:22
77	75	Kate Weisser	12	Lakeville North	22:53.3	7:22
78	76	Audrey Fedunok	12	Woodbury	22:54.9	7:23
79	77	Josie Steinhoff	7	Centennial	22:58.0	7:24
80	78	Kendra Melby	11	Owatonna	22:59.8	7:25
81	79	Paisley Kleiman	12	Proctor	23:04.0	7:26
82	80	Morgan Stephens	11	Rice Lake	23:05.2	7:26
83		Grace Potvien	10	Andover	23:06.6	7:27
84	81	Reese Nichols	12	New Richmond	23:06.7	7:27
85	82	Averiana Gellerman	9	Chisago Lakes	23:06.8	7:27
86	83	Cece Axtell	10	Shorewood	23:06.9	7:27
87	84	Arianna Husfeldt	9	Chisago Lakes	23:07.2	7:27
88	85	Anna Duensing	12	Shorewood	23:09.7	7:28
89	86	Hannah Desmarais	12	ADM Adel	23:12.6	7:29
90	87	Adonai Yidnekachew	12	Chaska	23:13.2	7:29
91	88	Mia Christianson	10	Irondale	23:13.3	7:29
92	89	Addy Bjork	10	ADM Adel	23:14.4	7:29
93	90	Julianna Mindiola	9	Osseo	23:14.6	7:29
94	91	Addison Webb	9	Chaska	23:15.1	7:30
95	92	Noelle Spicer	12	Wadena-Deer Creek	23:16.7	7:30
96	93	Ellie McCormick	10	St. Anthony Village	23:17.3	7:30
97	94	Azelle Besemann	11	Irondale	23:17.6	7:30
98	95	Sophia Qualley	10	Owatonna	23:18.1	7:30
99	96	Elizabeth Penza	10	Rochester Lourdes	23:19.2	7:31
100	97	Lauren Kowarsch	11	Chisago Lakes	23:20.0	7:31

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Girl's Gold 5k						
Place	TmPl	Name	Year	Teamname	Time	Pace
101		Isabel Grant	10	Andover	23:20.4	7:31
102	98	Kieran Pederson	11	Rogers	23:20.8	7:31
103	99	Lu Beckman	8	St. Paul Como Park	23:22.7	7:32
104	100	Ava Cox	10	Owatonna	23:23.3	7:32
105	101	Brielle Kern	10	Wadena-Deer Creek	23:26.3	7:33
106	102	Becca Rouse	10	Eau Claire Memorial	23:26.4	7:33
107	103	Maddi Balduc	10	New Richmond	23:26.6	7:33
108	104	Sophia Pothen	9	Lakeville North	23:28.1	7:34
109	105	Rachel Bettendorf	10	Proctor	23:31.9	7:35
110	106	Ava Jemming	9	Sartell	23:34.3	7:36
111	107	Kaylee Crump	11	St. Louis Park	23:34.6	7:36
112	108	Katie Ebnet	11	New Richmond	23:34.9	7:36
113	109	Chole Mitchell	9	Woodbury	23:35.6	7:36
114	110	Makenzie Meyer	11	Chaska	23:36.0	7:36
115	111	Asha Lindvall	10	Shorewood	23:36.6	7:36
116	112	Kailyn Jauhola	10	Proctor	23:36.9	7:37
117	113	Grace Steele	8	Sartell	23:38.2	7:37
118	114	Evelyn Horgen	12	ADM Adel	23:38.8	7:37
119		Morgan Dewey	11	Eau Claire Memorial	23:39.5	7:37
120	115	Eliza Chinander	8	St. Anthony Village	23:39.7	7:37
121	116	Braylen Hansen	9	Monticello	23:40.3	7:38
122	117	Reese Janson	8	Sartell	23:41.2	7:38
123	118	Hannah Altergott	10	Lakeville North	23:41.8	7:38
124	119	Claire Gartner	11	Shorewood	23:42.3	7:38
125		Rivers Thomsen		Andover	23:43.9	7:39
126	120	Cecelia Roberts	12	Nova Classical Academy	23:44.3	7:39
127	121	McKaylie Malek	9	Chisago Lakes	23:44.7	7:39
128	122	Claire Phillips	11	Lakeville North	23:44.7	7:39
129	123	Mataya Malek	8	Chisago Lakes	23:44.9	7:39
130	124	Aven Spahn	10	Shorewood	23:45.6	7:39
131	125	Audrey McNeil	12	Osseo	23:46.5	7:40
132	126	Abigail Getnick	11	Breck School	23:50.2	7:41
133		Loralei Ibeling	11	Rogers	23:51.2	7:41
134	127	Brooke Siwek	11	Minnehaha Academy	23:51.5	7:41
135	128	Ashlyn Earney	10	Cochrane-Fountain City	23:52.1	7:41
136	129	Dezi Aldinger	10	Hawley XC	23:52.8	7:42
137	130	Hanna Bakken	9	Osseo	23:56.2	7:43
138	131	Lydia Oldakowski	11	Wadena-Deer Creek	23:56.2	7:43
139	132	Sophie Stephens	11	Irondale	23:58.0	7:43
140	133	Audrey Julson	10	Centennial	23:58.1	7:43
141	134	Tatum Lyon	10	St. Anthony Village	23:58.3	7:43
142	135	Emily Ward	12	Eastview	24:02.1	7:45
143	136	Olivia Gilbertson	10	Eagle Ridge Academy	24:02.1	7:45
144		Brooke Hayes	10	Centennial	24:02.2	7:45
145	137	Emily Clark	12	Owatonna	24:03.1	7:45
146	138	Samantha Dvorak	12	Breck School	24:03.2	7:45
147	139	Piper Gushwa	12	St. Anthony Village	24:05.2	7:46
148	140	Sarah Lehnen	10	St. Agnes	24:06.4	7:46
149	141	Mackealin Sutton	12	ADM Adel	24:07.6	7:46
150		Tove Griffiths	11	Woodbury	24:09.1	7:47

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Girl's Gold 5k						
Place	TmPl	Name	Year	Teamname	Time	Pace
151		Annabelle Brewer	9	Woodbury	24:09.6	7:47
152		Jaycie Smith	8	Owatonna	24:10.2	7:47
153	142	Greta Gilbertson	9	Eagle Ridge Academy	24:10.9	7:47
154	143	Abby Ward	12	Eastview	24:11.5	7:48
155	144	Presley Allen	10	Osseo	24:12.3	7:48
156		Katherine Gregar	10	Math & Science Academy	24:12.3	7:48
157	145	Annika Spicer	10	Wadena-Deer Creek	24:12.8	7:48
158	146	Berit Calvin	12	Minnehaha Academy	24:14.3	7:49
159	147	Selam Noonan	9	St. Anthony Village	24:17.0	7:49
160	148	Aftin Nelson	9	New Richmond	24:17.9	7:50
161	149	Laina Kalthoff	10	Albany	24:18.9	7:50
162	150	Maureen Alt	7	St. Agnes	24:19.1	7:50
163	151	Ella Lipinski	7	Albany	24:19.8	7:50
164	152	Shirley Heaviland	11	Shorewood	24:20.8	7:51
165	153	Ella Stanley	9	Sartell	24:22.6	7:51
166		Layla Kieffer	8	Andover	24:23.3	7:51
167	154	Alyda Overgaard	9	St. Paul Academy & Summit	24:23.8	7:52
168	155	Vanessa Brooks	9	Rochester Lourdes	24:26.1	7:52
169	156	Jane Kuwata	10	St. Agnes	24:27.9	7:53
170	157	Sofia Myles	9	Shorewood	24:29.9	7:54
171		Paige Thompson	11	Owatonna	24:30.4	7:54
172	158	Bailey Kuehn	9	New Richmond	24:32.2	7:54
173		Payton Dols	9	New Richmond	24:32.3	7:54
174	159	Hannah Johnson	12	Monticello	24:33.3	7:55
175	160	Rory Guderjahn	8	Hawley XC	24:34.0	7:55
176	161	Sydney Dingmann	10	Albany	24:34.7	7:55
177	162	Avery Lampe	12	Breck School	24:35.3	7:55
178		Elyse Thomas	10	Eau Claire Memorial	24:35.6	7:55
179	163	Emma Desouza	7	St. Anthony Village	24:37.1	7:56
180	164	Ellie Minnick	12	St. Louis Park	24:41.0	7:57
181	165	Tess Carpenter	9	St. Louis Park	24:42.0	7:57
182	166	Grace Grabmeier	10	Albany	24:44.5	7:58
183	167	Elena Piatt	10	Minnehaha Academy	24:46.6	7:59
184	168	Josie Ostendorf	8	Albany	24:47.5	7:59
185		Alexis Dixon	6	Rogers	24:47.5	7:59
186	169	Brianna Rossow	10	Rochester Lourdes	24:47.8	7:59
187	170	Brianna Thelen	8	Albany	24:48.2	7:59
188	171	Lilly Coyle	10	St. Paul Como Park	24:48.4	8:00
189	172	Jillian Ward	8	Sartell	24:49.0	8:00
190	173	Eagan Hastings	11	Hawley XC	24:50.2	8:00
191	174	Fiona Hamiltion	8	Irondale	24:50.6	8:00
192		Madi Chrusciel	10	Centennial	24:50.8	8:00
193	175	Danielle Casey	12	Lakeville North	24:51.4	8:01
194	176	Lily McKenzie	12	Coon Rapids	24:52.7	8:01
195	177	Paisley Watson	12	Sartell	24:54.6	8:02
196	178	Cecelia Dittrich	12	Cochrane-Fountain City	24:55.1	8:02
197	179	Caleigh Rich	10	Osseo	24:56.5	8:02
198	180	Johanna Pierach	12	St. Paul Academy & Summit	24:57.9	8:03
199	181	Ruby Wegscheid	9	Wadena-Deer Creek	24:58.1	8:03
200		Carmen Anderson	11	Lakeville North	24:58.4	8:03

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Place	TmPl	Name	Year	Teamname	Time	Pace
201	182	Margaret Spray	12	St. Paul Como Park	24:58.7	8:03
202	183	Maria McGeehan	7	St. Agnes	24:58.7	8:03
203	184	Klara Ferdinandt	10	St. Agnes	25:04.2	8:05
204	185	Maria Dorland	10	Eagle Ridge Academy	25:06.6	8:05
205		Alexa Williams	10	ADM Adel	25:13.5	8:08
206	186	Ava Lesniak	10	Sartell	25:15.2	8:08
207		Rory Edmonson	9	Centennial	25:15.9	8:08
208	187	Chloe Brown	11	Nova Classical Academy	25:16.2	8:09
209	188	Hanna Baron	12	Apple Valley	25:17.8	8:09
210	189	Olivia Metzger	8	Monticello	25:20.4	8:10
211		Malia Matthias	10	New Richmond	25:23.6	8:11
212	190	Samantha Artwohl	12	Eastview	25:24.7	8:11
213	191	Ruby Gilbertson	9	Eagle Ridge Academy	25:25.4	8:11
214	192	Greta Gesick	12	Minnehaha Academy	25:25.8	8:12
215	193	Sonja Oksnevad	11	St. Anthony Village	25:27.7	8:12
216	194	Mindy Barta	11	Rice Lake	25:30.6	8:13
217	195	Anna Harrington	10	Breck School	25:31.9	8:14
218	196	Caitlin Wedge	10	Proctor	25:32.9	8:14
219		Rhyan Miller	11	ADM Adel	25:34.9	8:14
220		Paige Descarpentri	12	St. Louis Park	25:38.2	8:16
221	197	Mari Gilbert	10	Rice Lake	25:39.5	8:16
222	198	Shelby Lee	11	Apple Valley	25:45.9	8:18
223	199	Sam Bork	12	Cochrane-Fountain City	25:48.7	8:19
224	200	Isla Kim	7	St. Paul Academy & Summit	25:51.2	8:20
225	201	Scout Murch-Gordon	8	St. Paul Como Park	25:52.5	8:20
226	202	Frannie Howatt	9	St. Paul Como Park	25:53.3	8:20
227		Amelia Cecinevous	10	New Richmond	25:53.8	8:21
228	203	Lucia Rosell	12	St. Paul Como Park	25:53.8	8:21
229	204	Emmy Fuller	10	Coon Rapids	25:54.5	8:21
230		Amelia Olives	10	Woodbury	25:58.2	8:22
231	205	Ella Cesafsky	11	Eau Claire North	25:59.6	8:22
232	206	Beatrice Pawl	8	St. Agnes	26:04.5	8:24
233		Sophie Cook	12	Hawley XC	26:05.1	8:24
234	207	Gemma Spencer	10	St. Agnes	26:05.1	8:24
235	208	Ana Knecht	12	Cochrane-Fountain City	26:05.2	8:24
236		Karley Mattes		ADM Adel	26:07.2	8:25
237		Dru Dauner		Hawley XC	26:10.4	8:26
238	209	Paloma Dashevsky	9	St. Paul Como Park	26:12.1	8:26
239	210	Mackenzie Cotten	11	Monticello	26:14.0	8:27
240		Elizabeth Fisk	11	St. Cloud Apollo	26:14.6	8:27
241		Lola Kuchenmeister	9	St. Cloud Apollo	26:16.8	8:28
242	211	Anna Lipke	12	Rice Lake	26:26.5	8:31
243		Nessa Friess	12	Proctor	26:32.2	8:33
244	212	Alyvia Arneson	11	Cochrane-Fountain City	26:34.2	8:34
245	213	Summer Tommerdahl	9	Apple Valley	26:36.4	8:34
246		Berit Johnson	8	Proctor	26:37.2	8:35
247	214	Danya Spicer	8	Wadena-Deer Creek	26:37.2	8:35
248		Ani Smith	7	St. Anthony Village	26:38.5	8:35
249	215	Gisselle Veliz	9	Eau Claire North	26:40.3	8:36
250	216	Elleanor Hietala	12	Rice Lake	26:42.0	8:36

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Place	TmPl	Name	Year	Teamname	Time	Pace
251		Cecilia Grant	11	St. Agnes	26:43.0	8:36
252		Eva Ferdinandt	12	St. Agnes	26:44.8	8:37
253	217	Mira West	10	Nova Classical Academy	26:46.4	8:38
254	218	Aven Leventhal	12	Breck School	26:51.0	8:39
255	219	Ainsley Swanson	9	Minnehaha Academy	26:53.2	8:40
256		Lucia Griffin	10	St. Anthony Village	27:00.9	8:42
257	220	Addison Ortmeier	11	Eagle Ridge Academy	27:10.7	8:45
258		Addie Power-Theise	9	St. Paul Como Park	27:13.9	8:46
259	221	Emily Bornes	11	Coon Rapids	27:14.0	8:46
260		Sylvia Brodd	11	Math & Science Academy	27:14.5	8:47
261		Holly Feyo		Rogers	27:18.2	8:48
262		Lucy Peltier	11	St. Paul Como Park	27:19.6	8:48
263	222	Sophia Lee	10	Nova Classical Academy	27:20.2	8:48
264	223	Abigail Lindeen	12	Rochester Lourdes	27:22.7	8:49
265	224	Cecily Barrett	9	Eagle Ridge Academy	27:24.6	8:50
266	225	Miriam Robertson	10	Irondale	27:25.7	8:50
267	226	Amy Koehler	11	Eau Claire North	27:30.3	8:52
268	227	Kaitlin Oglesby	9	Eagle Ridge Academy	27:31.4	8:52
269		Ella Steele	8	Sartell	27:34.9	8:53
270		Grace Steele	11	Chisago Lakes	27:43.0	8:56
271		Lucia Ramirez	10	Eagle Ridge Academy	27:46.2	8:57
272	228	Greta Lemmons	10	Minnehaha Academy	27:50.4	8:58
273	229	Luella Nolte	10	Irondale	28:00.6	9:01
274		Veronica Joseph	8	Monticello	28:01.9	9:02
275		Bailey Pronschinsk	11	Cochrane-Fountain City	28:07.6	9:04
276		Elise Gramke	10	Albany	28:07.8	9:04
277	230	Amelie Vanloon	10	Irondale	28:08.5	9:04
278	231	Ella Lagree	11	Coon Rapids	28:11.5	9:05
279	232	Molly Wagner	12	Apple Valley	28:18.6	9:07
280	233	Anh-Na Le	7	St. Paul Academy & Summit	28:23.8	9:09
281		Neva Fankhanel	9	St. Anthony Village	28:25.9	9:10
282		Annabel Kelash	10	Eagle Ridge Academy	28:33.6	9:12
283	234	Jasmine Sylvester	12	Eau Claire North	28:42.4	9:15
284		Milana Neyfeld	9	Math & Science Academy	28:49.7	9:17
285	235	Haley Baron	12	Apple Valley	28:54.1	9:19
286	236	Megan Davidson	11	Apple Valley	29:30.0	9:30
287	237	Annie Sutton	9	Apple Valley	29:36.1	9:32
288	238	Anissa Goodell	10	Eau Claire North	29:43.8	9:35
289	239	Alyssa Manteufel	11	Eau Claire North	29:49.5	9:36
290		Michelle Mosongo	11	Apple Valley	29:55.3	9:38
291		Lynette Cardoso	11	Apple Valley	29:56.8	9:39
292		Lindsey Leet	12	Apple Valley	30:15.1	9:45
293	240	Greta Fleischhacke	12	Nova Classical Academy	30:30.2	9:50
294		Mary Clare Dragano	12	St. Agnes	30:36.1	9:51
295		Iris Bergad	9	St. Paul Academy & Summit	32:43.6	10:33
296		Ellory Berniard	10	Math & Science Academy	32:53.5	10:36