

Penn State Tune-Up
Horace Ashenfelter III Indoor Track
University Park, PA
Results

Women 60 Meter Dash

Name	Yr	School	Prelims	H#
Preliminaries				
1 Prunzik, Dani	FR	Penn State	7.64 Q	3
2 Princz, Lauren	SR	Penn State	7.70 Q	2
3 Manser, Loreena	FR	California (Pa.)	7.76 Q	1
4 Douglas, Dayahana	SR	Ursuline (Ohio)	7.81 Q	4
5 Aument, Carly		Unattached	7.82 q	4
6 Page, Cahsia	SR	Indiana (Pa.)	7.84 q	3
7 Everett, Izayah	SO	West Virginia	7.84 q	1
8 Scott, Sterlene	JR	Indiana (Pa.)	7.86 q	3
9 Peccon, Alessandra	SO	California (Pa.)	7.92	2
10 Hercules, Chanel	SO	Millersville	8.05	1
11 Laughlin, Emma	JR	Indiana (Pa.)	8.06	1
12 Heisey, Sierra	JR	West Virginia	8.06	4
13 Chardon, Karla	SR	Goldey-Beacom	8.14	3
14 Davis, Katelyn	FR	Moravian	8.31	2
15 Bradley, Lillian	FR	Lock Haven	8.35	4
16 Marcinkiewicz, Isabella	JR	Arcadia	8.36	3
17 Altoft, Addison	FR	Arcadia	8.58	2
18 LeTersky, Caeley	SR	Arcadia	8.59	1
19 Price, Anna	FR	Millersville	8.60	3
20 Melillo, Caroline	JR	Moravian	8.62	3
21 Stahl, Sydney	SR	Lock Haven	8.67	1
22 Agnew, Paige	FR	Arcadia	8.69	2
23 Thomas, Briana	FR	Lock Haven	8.75	4
24 Haefele, Ali	JR	Moravian	8.80	1
25 Rodrigues, Ashley	SR	Moravian	9.06	4

Women 60 Meter Dash

Name	Yr	School	Finals
Finals			
1 Princz, Lauren	SR	Penn State	7.60
2 Prunzik, Dani	FR	Penn State	7.62
3 Scott, Sterlene	JR	Indiana (Pa.)	7.70
4 Douglas, Dayahana	SR	Ursuline (Ohio)	7.77
5 Manser, Loreena	FR	California (Pa.)	7.77
6 Aument, Carly		Unattached	7.80
7 Page, Cahsia	SR	Indiana (Pa.)	7.82
8 Everett, Izayah	SO	West Virginia	7.92

Women 200 Meter Dash

Name	Yr	School	Finals	H#
Finals				
1 Quinn, Meghan	SR	Penn State	24.28	1
2 Princz, Lauren	SR	Penn State	24.68	1
3 Everett, Izayah	SO	West Virginia	24.76	2
4 Haught, Lily	SO	West Virginia	25.07	4
5 Duffy, Mimi	FR	Penn State	25.08	3
6 Manser, Loreena	FR	California (Pa.)	25.15	2

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Finals ... (Women 200 Meter Dash)

	Name	Yr	School	Finals	H#
7	White, Addyson	FR	Penn State	25.53	5
8	Page, Cahsia	SR	Indiana (Pa.)	25.66	4
9	Douglas, Dayahana	SR	Ursuline (Ohio)	25.82	3
10	Jennett, Halle	SR	Messiah	25.87	5
11	Heisey, Sierra	JR	West Virginia	26.11	2
12	Kouakou, Arianna	SR	Millersville	26.32	6
13	Dixon, Ryley	FR	Goldey-Beacom	26.51	4
14	Peccon, Alessandra	SO	California (Pa.)	26.80	2
15	Bradley, Lillian	FR	Lock Haven	26.95	3
16	Gordon, Havanna	FR	Lock Haven	27.14	5
17	Chardon, Karla	SR	Goldey-Beacom	27.41	1
18	Fisher, Abigail	FR	Millersville	27.59	4
19	Smilovic, Kate	SR	Arcadia	27.63	6
20	Jones, Emma Mae	JR	Arcadia	27.85	6
21	Weiss, Mary	JR	Millersville	28.19	5
22	Davis, Katelyn	FR	Moravian	28.29	3
23	Beamer, Emerson	FR	Moravian	28.87	6
24	Carle, Kelci	FR	Lock Haven	28.89	5
25	Thomas, Briana	FR	Lock Haven	29.13	1
26	Schott, Olivia	SO	Arcadia	29.15	2
27	DeMassa, Isabella	SR	Moravian	29.66	6
28	Rodrigues, Ashley	SR	Moravian	30.54	4

Women 400 Meter Dash

	Name	Yr	School	Finals	H#
Finals					
1	Duffy, Mimi	FR	Penn State	56.30	1
2	Temple, Carlene	FR	West Virginia	57.17	1
3	Smith, Payton		Penn State Club	57.65	5
4	Bismark, Shayla		Penn State Club	57.91	4
5	White, Addyson	FR	Penn State	58.17	2
6	Jacoutot, Kylie		Unattached	58.23	3
7	Bowden, Lauren		Unattached	58.75	4
8	Sydnor, Aubrey	SR	Millersville	59.18	4
9	Gross, Kirsten	JR	California (Pa.)	59.94	2
10	Shultz, Elizabeth	FR	Lock Haven	59.99	3
11	Knight, Shai	JR	Moravian	1:00.45	1
12	Weiss, Mary	JR	Millersville	1:00.76	4
13	Nelson, Mae	SO	West Virginia	1:00.82	1
14	Priano, Bekah	SO	California (Pa.)	1:01.26	5
15	Wehl, Eljoenai	FR	Ursuline (Ohio)	1:01.41	2
16	Carroll, Nicole	SO	Lock Haven	1:01.51	6
17	Banks, Breanna	SR	Ursuline (Ohio)	1:02.35	3
18	Gentzel, Natalie	JR	Lock Haven	1:02.60	3
19	Weber, Makayla	JR	Lock Haven	1:02.80	5
20	Dixon, Ryley	FR	Goldey-Beacom	1:02.83	5
21	LaBure, Lillian	JR	Millersville	1:02.83	1
22	Outland, Kennedy	FR	Ursuline (Ohio)	1:02.87	6
23	Stahl, Sydney	SR	Lock Haven	1:04.31	3

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Finals ... (Women 400 Meter Dash)

	Name	Yr	School	Finals	H#
24	Beamer, Emerson	FR	Moravian	1:04.71	4
25	Kirsch, Mackenzie	FR	Indiana (Pa.)	1:05.76	2
26	Adams, Aiyana	FR	Goldey-Beacom	1:07.00	5
27	Mersch, Makenna	JR	Moravian	1:07.65	6
28	McGarry, Delaney	SR	Arcadia	1:08.10	6

Women 800 Meter Run

	Name	Yr	School	Finals	H#
Finals					
1	Horsley, Emma	FR	Carnegie Mellon	2:17.91	1
2	Hauser, Claire	SR	Lock Haven	2:18.44	1
3	Sechrist, Aubrey	SR	Lock Haven	2:18.94	1
4	Dougherty, Allison	SO	Penn State	2:19.60	1
5	Torchia, Kase	JR	West Virginia	2:21.30	1
6	Drewling, Liv	FR	Goldey-Beacom	2:21.62	1
7	Lebo, Kerrigan	JR	Messiah	2:23.84	1
8	Kempf, Elise	FR	Carnegie Mellon	2:25.17	1
9	Bogacz, Grace	SO	Indiana (Pa.)	2:26.01	2
10	Curnow, Grace	JR	Arcadia	2:26.47	1
11	Murphy, Rylie	SR	Moravian	2:28.70	2
12	Goodman, Rachael	SR	Moravian	2:30.22	2
13	Weisz, Dominique	SO	Ursuline (Ohio)	2:30.33	1
14	Engler, Jacqueline	SR	Arcadia	2:30.40	2
15	Smith, Jenna Lynn	SR	Lock Haven	2:31.13	2
16	Poniktera, Amber	SR	Moravian	2:32.90	2
17	Popoff, Izzy	SR	Goldey-Beacom	2:37.41	2
18	Cunningham, Khloe	FR	Lock Haven	2:38.13	2
19	Kuntz, Stella	JR	Indiana (Pa.)	2:39.79	2
20	Sube, Gianna	JR	Arcadia	2:40.28	2
21	McMenamin, Shannon	JR	Indiana (Pa.)	2:43.73	2

Women 800 Meter Run INVITE

	Name	Yr	School	Finals
Finals				
1	Rand, Ada	FR	Penn State	2:07.78
2	Rowe, Kishay	SO	West Virginia	2:08.52
3	Miller, Maddie		Unattached	2:09.49
4	Shreffler, Hailey	SR	Eastern	2:15.46
5	Boyle, Hannah	FR	Penn State	2:17.93
6	Brooks, Alaysia	SR	Ursuline (Ohio)	2:21.33
---	Buchanan, Tayissa	FR	Penn State	DNF

Women 1 Mile Run

	Name	Yr	School	Finals	H#
Finals					
1	Boyle, Hannah	FR	Penn State	4:53.52	1
2	Rinker, Eva	SO	West Virginia	4:55.53	1
3	Delaney, Mary	FR	West Virginia	4:55.59	1
4	Thomas, A'Zaria	SR	Ursuline (Ohio)	4:59.93	1

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Finals ... (Women 1 Mile Run)

	Name	Yr	School	Finals	H#
5	Dougherty, Allison	SO	Penn State	5:04.43	1
6	Priebe, Amiyah		Dickinson	5:06.87	2
7	Guilfoyle, Caitlin	SR	Carnegie Mellon	5:09.54	2
8	Hayes, Samantha	SR	Penn State	5:10.77	1
9	Liu, Jacqueline	JR	Carnegie Mellon	5:11.56	2
10	McCormick, Cori	SR	Penn State	5:11.57	1
11	Zervos, Zara	JR	West Virginia	5:13.62	2
12	Healy, Margaret Ann	JR	Carnegie Mellon	5:14.46	2
13	Lane, Katie	FR	Ursuline (Ohio)	5:14.50	2
14	Lloyd, Gwen	SR	Lock Haven	5:16.48	2
15	Shiang, Orit	JR	Carnegie Mellon	5:17.30	2
16	Costich, Charlotte	SO	Penn State	5:19.17	1
17	Kimmel, Madison	SO	Messiah	5:28.59	2
18	Goodman, Rachael	SR	Moravian	5:31.85	2
19	Smith, Jenna Lynn	SR	Lock Haven	5:32.03	2
20	Swayne, Ella	SO	Messiah	5:34.07	3
21	Ruefle, Isabella	FR	Millersville	5:40.29	3
22	Jones, Krista	JR	Lock Haven	5:41.52	3
23	Lovrich, Lexi	SO	Indiana (Pa.)	5:42.37	3
24	Klingner, Kierstyn	SO	Moravian	5:45.66	3
25	Douglas, Abby	SO	Indiana (Pa.)	5:45.91	3
26	Leister, Tia	SO	Arcadia	5:49.32	3
27	Meeks, Ally	SR	Moravian	5:50.95	3
28	Kuntz, Stella	JR	Indiana (Pa.)	5:57.59	3
---	Keith, Gwyn		Unattached	DNF	3
---	Dallas, Katie	SO	Penn State	DNF	1

Women 3000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Neubert, Grace	FR	St. Vincent (Pa.)	10:09.00
2	Smurla, Tara	JR	Moravian	10:14.34
3	Yuhasz, Abbey	SR	West Virginia	10:22.03
4	O'Palko, Jennifer	FR	West Virginia	10:25.06
5	Custer, Aubrie	JR	West Virginia	10:27.59
6	O'Brien, Julia	JR	Indiana (Pa.)	10:36.89
7	Gordley, Micah		Unattached	10:37.10
8	Lloyd, Kiersten	SR	Lock Haven	10:56.94
9	Weaver, Hannah	SR	Indiana (Pa.)	10:58.23
10	O'Neil, Kayla	SO	Moravian	11:08.90
11	Strange, Kaydence	FR	Lock Haven	11:18.39
12	Musgrove, Isabella	SR	Millersville	11:32.70
13	Weaver, Maren	SO	Arcadia	11:38.27

Women 60 Meter Hurdles

	Name	Yr	School	Prelims	H#
Preliminaries					
1	Kelly, Bryna	JR	Indiana (Pa.)	8.97 Q	1
2	Cress, Olivia	SO	West Virginia	9.08 Q	3

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Preliminaries ... (Women 60 Meter Hurdles)

	Name	Yr	School	Prelims	H#
3	Regnante, Allison	SR	Rit	9.37 Q	2
4	Brown, Kara	JR	Messiah	9.34 q	3
5	Trench, Samantha	SO	Lock Haven	9.40 q	2
6	Sabri, Rania	JR	Rit	9.40 q	3
7	Shafnisky, Emma	FR	Moravian	9.42 q	1
8	Simmonds, Renee	JR	Indiana (Pa.)	9.54 q	2
9	LaBure, Lillian	JR	Millersville	9.57	2
10	Massoom, Victoria	FR	Millersville	9.71	3
11	Mohanraj, Iniya	JR	Carnegie Mellon	9.89	1
12	Weber, Makayla	JR	Lock Haven	10.13	3
13	Carle, Kelci	FR	Lock Haven	10.31	2
14	DeMassa, Isabella	SR	Moravian	10.40	1
15	Mersch, Makenna	JR	Moravian	10.51	1
16	Dougher, Marissa	JR	Arcadia	10.78	2
17	Price, Anna	FR	Millersville	11.00	3
---	Folkhage, Hedda	SO	Indiana (Pa.)	DNF	1

Women 60 Meter Hurdles

	Name	Yr	School	Finals
Finals				
1	Cress, Olivia	SO	West Virginia	8.84
2	Kelly, Bryna	JR	Indiana (Pa.)	8.97
3	Trench, Samantha	SO	Lock Haven	9.26
4	Shafnisky, Emma	FR	Moravian	9.32
5	Sabri, Rania	JR	Rit	9.34
6	Simmonds, Renee	JR	Indiana (Pa.)	9.38
7	Brown, Kara	JR	Messiah	9.41
8	Regnante, Allison	SR	Rit	9.43

Women 4x400 Meter Relay

	Team	Relay	Finals	H#
Finals				
1	Unattached		3:53.96	1
2	Penn State Club		3:59.02	2
3	Indiana (Pa.)		4:03.88	2
4	Lock Haven		4:04.21	2
5	California (Pa.)		4:04.67	1
6	Ursuline (Ohio)		4:10.79	1
7	Lock Haven	B	4:25.27	2
8	Indiana (Pa.)	B	4:36.40	2

Women High Jump

	Name	Yr	School	Finals
Finals				
1	Riolo, Hannah	FR	Penn State	1.76m 5-09.25
2	Cudmore, Gwen	JR	Penn State	1.76m 5-09.25
3	McDonald, Annishka	SO	West Virginia	1.70m 5-07.00
4	Cress, Olivia	SO	West Virginia	1.70m 5-07.00
5	Becker, Katie	FR	Penn State	1.70m 5-07.00

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Finals ... (Women High Jump)

	Name	Yr	School	Finals	
6	Young, Jenna	FR	Penn State	1.65m	5-05.00
7	Irons, Reagan	SO	Lock Haven	1.65m	5-05.00
8	Casey, Morgan	FR	Penn State	1.65m	5-05.00
9	Pitts, Maddie	JR	Penn State	1.60m	5-03.00
10	Williams, Eden	SR	West Virginia	1.55m	5-01.00
10	Evans, Ella	SO	Indiana (Pa.)	1.55m	5-01.00
12	Haefele, Ali	JR	Moravian	1.55m	5-01.00
12	Kephart, Kayla	SO	Ursuline (Ohio)	1.55m	5-01.00
14	Mullings, Abigale	SR	West Virginia	1.55m	5-01.00
15	Trench, Samantha	SO	Lock Haven	1.55m	5-01.00
16	Marston, Victoria	SO	West Virginia	1.55m	5-01.00
17	Gwinn, Amanda	SR	Indiana (Pa.)	1.50m	4-11.00
17	Lovell, Seasia	SO	Indiana (Pa.)	1.50m	4-11.00
---	Drewling, Liv	FR	Goldey-Beacom	NH	
---	Boyce, Savannah	SR	Goldey-Beacom	NH	
---	Melillo, Caroline	JR	Moravian	NH	
---	Brown, Kara	JR	Messiah	NH	

Women Pole Vault

	Name	Yr	School	Finals	
Finals					
1	Recce, Gabriella	SR	Penn State	4.05m	13-03.50
2	Malecki, Megan	SR	Millersville	3.75m	12-03.50
3	Wilt, Jenna	SO	Indiana (Pa.)	3.30m	10-10.00
---	Hopkins, Tessa	FR	Moravian	NH	
---	Hauf, Darian	SR	Millersville	NH	

Women Long Jump

	Name	Yr	School	Finals	
Finals					
1	Gyasi-Nimako, Savahnna	SO	Ursuline (Ohio)	5.64m	18-06.00
2	Robertson, Nataiah	SO	Indiana (Pa.)	5.54m	18-02.25
3	Jones, Sabria	FR	West Virginia	5.42m	17-09.50
4	Hercules, Chanel	SO	Millersville	5.25m	17-02.75
5	Regnante, Allison	SR	Rit	5.24m	17-02.25
6	Shafnisky, Emma	FR	Moravian	5.22m	17-01.50
7	Massoom, Victoria	FR	Millersville	4.76m	15-07.50
8	Mohanraj, Iniyaa	JR	Carnegie Mellon	4.74m	15-06.75
9	Yeykal, Hannah	JR	Indiana (Pa.)	4.70m	15-05.00

Women Triple Jump

	Name	Yr	School	Finals	
Finals					
1	Gyasi-Nimako, Savahnna	SO	Ursuline (Ohio)	11.99m	39-04.00
2	Kiefel, Jocelyn	SR	Carnegie Mellon	11.28m	37-00.25
3	Trotter-Wimberly, Jahnaya	FR	Indiana (Pa.)	10.86m	35-07.75
4	Mohanraj, Iniyaa	JR	Carnegie Mellon	10.59m	34-09.00
---	Fiore, Bella	FR	Moravian	FOUL	

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Women Shot Put

	Name	Yr	School	Finals	
Finals					
1	Cope, Gabby		Unattached	15.01m	49-03.00
2	Petrie-Cameron, Skye		Unattached	14.32m	46-11.75
3	Garnett, Sasha		Unattached	14.11m	46-03.50
4	Greene, Sunflower		Unattached	13.66m	44-09.75
5	DiMarco, Emily	SR	Rit	12.33m	40-05.50
6	Pitts, Maddie	JR	Penn State	12.31m	40-04.75
7	Downs, Maddy	SR	Millersville	11.70m	38-04.75
8	Soderqvist, Madeleine	JR	Penn State	11.63m	38-02.00
9	Rayne, Margie	JR	Moravian	11.63m	38-02.00
10	Trujillo, Seya	JR	Millersville	10.46m	34-04.00
11	Sheffe, Emily	FR	Millersville	10.44m	34-03.00
12	Henritz, Ella	FR	Arcadia	9.98m	32-09.00
13	Woodring, Mikayla	SR	Moravian	9.74m	31-11.50

Women Weight Throw 20 lb

	Name	Yr	School	Finals	
Finals					
1	Greene, Sunflower		Unattached	18.61m	61-00.75
2	Deglau, Gabrielle	FR	Penn State	17.76m	58-03.25
3	Cope, Gabby		Unattached	16.66m	54-08.00
4	Hessler, Sarah	JR	Millersville	16.28m	53-05.00
5	Ermold, Annika		Unattached	15.87m	52-01.00
6	Vashey, Kara	JR	Moravian	15.54m	51-00.00
7	Trujillo, Seya	JR	Millersville	14.58m	47-10.00
8	Miskovsky, Liz	SR	Moravian	13.57m	44-06.25
9	Fish, Caillie	SR	Moravian	13.42m	44-00.50
10	Sheffe, Emily	FR	Millersville	11.07m	36-04.00
11	Robinson, Seanna	FR	Arcadia	10.08m	33-01.00
12	Kujawa, Karissa	JR	Arcadia	9.44m	30-11.75
---	Pancoast, Alex	SO	Penn State	FOUL	

Men 60 Meter Dash

	Name	Yr	School	Prelims	H#
Preliminaries					
1	Davis, Marlin	JR	California (Pa.)	6.81 Q	3
2	Napier, Devon	SR	Goldey-Beacom	6.86 Q	1
3	Greenwood, Ni'Male	SO	Eastern	6.98 Q	4
4	Pines Elliott, Masai	SR	Arcadia	7.03 Q	2
5	Chang, Devin	FR	Carnegie Mellon	7.08 q	3
6	Jubin, Trenton		Unattached	7.11 q	2
7	Wong, Bennett	JR	Carnegie Mellon	7.11 q	3
8	Maku, Toju		Penn State Club	7.12 q	4
9	Yu, Matthew	SO	Carnegie Mellon	7.13	1
10	Nasrawi, Zaid		Penn State Club	7.14	4
11	Lucas, Garrison	SO	Lock Haven	7.15	1
12	Lawrence, Michael	JR	Lock Haven	7.23	4
12	Cassetori, Dylan	SO	Lock Haven	7.23	2

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	Name	Yr	School	Prelims	H#
14	Daniels, Miles	FR	Arcadia	7.23	1
15	Ruhland, Victor	FR	Carnegie Mellon	7.24	3
16	Carter, Demitrius	SO	Indiana (Pa.)	7.32	4
17	Gartner, Jason	SR	Moravian	7.35	1
18	Hinman, Jacob	FR	Indiana (Pa.)	7.36	3
19	Capparelli, Lucca	SR	Lock Haven	7.42	4
20	Kendrick, Jadon	SO	Indiana (Pa.)	7.43	2
21	Moore, Chris	FR	Moravian	7.49	1
22	Brown, Rymeer	SR	Indiana (Pa.)	7.50	3
23	Marcus, Morales	FR	Moravian	7.53	3

Men 60 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Davis, Marlin	JR	California (Pa.)	6.74
2	Napier, Devon	SR	Goldey-Beacom	6.85
3	Greenwood, Ni'Male	SO	Eastern	6.96
4	Chang, Devin	FR	Carnegie Mellon	7.02
5	Pines Elliott, Masai	SR	Arcadia	7.07
6	Maku, Toju		Penn State Club	7.08
7	Jubin, Trenton		Unattached	7.10

Men 200 Meter Dash

	Name	Yr	School	Finals	H#
Finals					
1	Allen, Damoy	SR	Penn State	21.18	1
2	Davis, Marlin	JR	California (Pa.)	21.46	1
3	Onwuka, James	SR	Penn State	21.68	2
4	Tucker, Xach	JR	Goldey-Beacom	21.81	2
5	Wong, Bennett	JR	Carnegie Mellon	22.33	3
6	Bullock, Micah	FR	Arcadia	22.35	3
7	Nasrawi, Zaid		Penn State Club	22.38	4
8	Lawrence, Michael	JR	Lock Haven	22.51	4
9	Lewis, Cam	SO	Lock Haven	22.67	1
10	Jubin, Trenton		Unattached	22.68	4
11	Yu, Matthew	SO	Carnegie Mellon	22.76	3
12	Gray, Trevor	SR	Moravian	22.87	5
13	Chang, Devin	FR	Carnegie Mellon	22.89	2
14	Capparelli, Lucca	SR	Lock Haven	23.09	2
15	Cassetori, Dylan	SO	Lock Haven	23.10	5
16	Castelli, Wesley	JR	Arcadia	23.13	3
17	Ruhland, Victor	FR	Carnegie Mellon	23.23	4
18	Stouffer, Seth	SO	Indiana (Pa.)	23.32	1
19	Kendrick, Jadon	SO	Indiana (Pa.)	23.58	2
20	Gartner, Jason	SR	Moravian	23.65	3
21	Carter, Demitrius	SO	Indiana (Pa.)	23.85	5
22	De Los Santos Suriel, Damian	SO	Moravian	24.01	5
23	Moore, Chris	FR	Moravian	24.60	4

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Men 400 Meter Dash

	Name	Yr	School	Finals	H#
Finals					
1	Palermo, Jake	FR	Penn State	45.65	1
2	Gallant, Austin	JR	Penn State	47.24	1
3	Onwuka, James	SR	Penn State	47.24	2
4	Martino, Korbin	SR	Penn State	47.72	2
5	Miller, Ryan	SR	Lock Haven	48.06	3
6	Stolarski, Joshua		Unattached	48.19	3
7	Defeo, Jack	SO	Rit	48.52	4
8	DeMatteo, Matt		Unattached	48.60	4
9	Stein, Max	SR	Rit	49.13	6
10	Wright, Jalen	SO	Goldey-Beacom	49.50	5
11	Robinson, Chris	SO	Goldey-Beacom	50.33	5
12	Summers, Aydan	SR	Lock Haven	50.34	5
13	Smith, Owen	FR	Moravian	50.42	3
14	Griggs, Abdul	SR	California (Pa.)	51.11	1
15	Miller, Brennan	SR	Lock Haven	51.23	4
16	Thompson, Lorenzo	SO	Lock Haven	51.29	6
17	Love-Brown, Lathan	FR	Goldey-Beacom	51.35	4
18	Resnick, Matthew	SR	Rit	51.59	6
19	Gavitt, Morgan	SO	Lock Haven	52.00	2
20	Contreras, Delferson	FR	Moravian	52.34	3
21	Nonez, Redjee	FR	Arcadia	52.35	3
22	Weiss, Kyle	SR	Moravian	52.52	6
23	De Los Santos Suriel, Damian	SO	Moravian	52.77	6
24	Valera, Ramses	SO	Arcadia	52.89	2
25	Anderson, Ryan	FR	Arcadia	53.41	4
26	Carroll, Bryan	SO	Arcadia	54.04	5
27	Jennings, George	FR	Indiana (Pa.)	54.33	5
28	Phy, Zach	SO	Goldey-Beacom	59.06	1

Men 800 Meter Run INVITE

	Name	Yr	School	Finals	H#
Finals					
1	Ishii, Yukichi	JR	Penn State	1:46.41	2
2	Desmeules, Olivier	SR	Penn State	1:46.52	1
3	Miawad, Hazem		Empire Elite/Team Egypt	1:46.90	1
4	Locke, David	SR	Penn State	1:47.59	1
5	Ibadin, Edose		Under Armor	1:47.71	1
6	Clay, Allon	JR	Penn State	1:48.65	2
7	Fitzgerald, Carter		Unattached	1:48.67	2
8	Haas, Kevin	SR	Penn State	1:48.86	2
9	Seymour, Luke	JR	Penn State	1:49.68	2
10	Richwine, Trevor	JR	Dickinson	1:52.48	3
11	Ruggles, Brendan		Unattached	1:53.46	3
12	Bernarding, Noah	SR	California (Pa.)	1:53.47	3
13	Smith, Jackson		Unattached	1:54.05	3
14	Dunkley, Kosani	SR	Goldey-Beacom	1:55.57	2
---	Roban, Handal		Unattached	DNF	2

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Finals ... (Men 800 Meter Run INVITE)

Name	Yr	School	Finals	H#
--- Martino, Korbin	SR	Penn State	DNF	3
--- Smallwood, Darius	SR	Penn State	DNF	1

Men 800 Meter Run

Name	Yr	School	Finals	H#
Finals				
1 Condon, John	JR	Messiah	1:54.38	1
2 Formica, Mike	JR	Indiana (Pa.)	1:55.07	1
3 Elliot, John	FR	Rit	1:55.09	1
4 Flanders, Noah	SR	Rit	1:55.24	1
5 Gagner, Jordan	SO	Moravian	1:55.85	1
6 Pacyna, Gabe	SO	Indiana (Pa.)	1:56.83	2
7 Williams, Ryan	FR	Lock Haven	1:57.18	1
8 Furey, Gavin	JR	Lock Haven	1:57.61	1
9 Seletskiy, Aleksei	SR	Carnegie Mellon	1:57.63	1
10 Berzonsky, Jon	SO	California (Pa.)	1:57.68	2
11 Aitkins, Anden	FR	Lock Haven	1:58.79	1
12 Amador, Alex	FR	Indiana (Pa.)	1:59.13	2
13 Royds, Jackson	JR	Moravian	1:59.14	2
14 Blyth, Brendan	SO	Arcadia	2:00.21	2
15 Sarkett, Evan	SO	Messiah	2:00.40	1
16 Kimmel, Nathan	SR	Messiah	2:02.38	2
17 Eberly, Nathan	JR	Indiana (Pa.)	2:06.29	2
18 Kleinberg, Geoffrey	SR	Moravian	2:07.36	2
19 Allegro, Joseph	JR	Moravian	2:07.52	2
20 Chauhan, Dylan	FR	Arcadia	2:09.60	2

Men 1 Mile Run

Name	Yr	School	Finals	H#
Finals				
1 Leen, Caiden	SO	Penn State	4:07.37	1
2 Strawser, Logan		Unattached	4:08.18	1
3 Short, Matthew	SO	Carnegie Mellon	4:13.71	1
4 Fetter, Louka	JR	Messiah	4:14.37	1
5 Kerchner, Bryan	JR	Moravian	4:15.88	1
6 Rager, Jakob	SO	Lock Haven	4:15.91	1
7 Patterson, Tim	SR	St. Vincent (Pa.)	4:16.58	1
8 Denton, Matthew	SR	Carnegie Mellon	4:16.99	1
9 Patil, Veyd	FR	Carnegie Mellon	4:20.35	1
10 Dressler, Owen	FR	Robert Morris	4:20.45	2
11 Horst, Logan		Unattached	4:21.96	2
12 Kabakjian, Kaleb	FR	Messiah	4:22.11	2
13 Brady, Tom	JR	Indiana (Pa.)	4:23.68	2
14 Jackson, Aiden	SR	St. Vincent (Pa.)	4:24.74	2
15 Domencic, Justin	SR	Robert Morris	4:25.41	2
16 Cardone, Marco	SR	Indiana (Pa.)	4:29.22	2
17 Domencic, Ryan	FR	Robert Morris	4:31.00	2
18 Ward, Brendon	SR	Indiana (Pa.)	4:31.50	2
19 Costello, Kyle	JR	Messiah	4:32.63	2

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Finals ... (Men 1 Mile Run)

	Name	Yr	School	Finals	H#
20	Kuntz, Nate	SR	Indiana (Pa.)	4:33.35	2
21	Sparks, Owen	FR	Indiana (Pa.)	4:34.86	2
22	Hibell, Owen	SO	Lock Haven	4:36.54	1
23	Plummer, Adam	SO	Moravian	4:38.37	2
24	Champagne, Charlie	FR	Moravian	4:39.01	2
25	Weinlein, William	SO	Moravian	4:47.10	2
---	Cicero, James		Unattached	DNF	1

Men 3000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Flynn, Brendan		Unattached	8:24.78
2	Nahf, Owen	SR	Moravian	8:31.50
3	Koen, Derick	JR	Rit	8:32.97
4	Healey, Justin	JR	Penn State	8:35.17
5	Galioto, Roman	SO	Robert Morris	8:36.54
6	Williams, Seth	SR	Carnegie Mellon	8:37.69
7	Paszowski, Tyler	JR	Robert Morris	8:40.34
8	Strawser, Logan		Unattached	8:43.33
9	Bayes, Jacob	FR	Robert Morris	8:46.77
10	Damiani, Thomas	JR	Carnegie Mellon	8:47.29
11	Fasanelli, Nicolo	FR	Carnegie Mellon	8:55.59
12	Ohlund, Kalle	FR	Goldey-Beacom	8:59.17
---	McLaughlin, Colin	SR	Carnegie Mellon	DNF
---	Borgesi, Jacob		Unattached	DNF
---	Leen, Caiden	SO	Penn State	DNF

Men 3000 Meter Run UNSEEDDED

	Name	Yr	School	Finals
Finals				
1	Boyd, Brayden	SR	Robert Morris	8:51.60
2	Kociela, Nathan	FR	Indiana (Pa.)	8:56.25
3	Moore, Nathan	SO	Moravian	8:58.60
4	Klinger, Evan	JR	Lock Haven	8:59.79
5	Simander, Colin	FR	Lock Haven	9:13.80
6	Rauber, Ian	SO	Indiana (Pa.)	9:14.32
7	Mascia, Nick	SO	Indiana (Pa.)	9:14.40
8	Betyman, Logan	SO	Moravian	9:14.47
9	Ferry, John	JR	Goldey-Beacom	9:15.22
10	Green, Dillon	SO	Indiana (Pa.)	9:21.48
---	Mangini, Josh	SR	Moravian	DQ

Men 60 Meter Hurdles

	Name	Yr	School	Prelims	H#
Preliminaries					
1	Schans, Josiah	SO	Lock Haven	8.22 Q	2
2	Band, Lucas		Penn State Club	8.26 Q	1
3	Mitchell, Jacen	SO	Rit	8.56 Q	1
4	Kravetz, Austin	SR	Lock Haven	8.65 Q	2

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Preliminaries ... (Men 60 Meter Hurdles)

	Name	Yr	School	Prelims	H#
5	Santana, Jorge	FR	Lock Haven	8.65 q	1
6	Tshiyonga, Mael	SO	Moravian	8.70 q	1
7	Combary, Steve	SO	Indiana (Pa.)	8.70 q	2
8	Muthler, Matthew	SR	Lock Haven	8.72 q	1
9	Lobban, Taimir	FR	Indiana (Pa.)	8.89	2
10	Maguire, Liam	JR	Moravian	9.06	2
---	Brown, Jey	FR	Arcadia	DNF	2

Men 60 Meter Hurdles

	Name	Yr	School	Finals
Finals				
1	Band, Lucas		Penn State Club	8.10
2	Schans, Josiah	SO	Lock Haven	8.32
3	Kravetz, Austin	SR	Lock Haven	8.63
4	Tshiyonga, Mael	SO	Moravian	8.70
5	Muthler, Matthew	SR	Lock Haven	8.73
6	Santana, Jorge	FR	Lock Haven	8.79
7	Combary, Steve	SO	Indiana (Pa.)	9.90
---	Mitchell, Jacen	SO	Rit	DNF

Men 4x400 Meter Relay

	Team	Relay	Finals	H#
Finals				
1	Rit		3:18.47	1
2	Lock Haven		3:18.62	1
3	Lock Haven	B	3:23.77	2
4	California (Pa.)		3:28.33	1
5	Arcadia		3:28.42	2
6	Indiana (Pa.)		3:29.94	2
7	Indiana (Pa.)	B	3:34.27	2

Men High Jump

	Name	Yr	School	Finals
Finals				
1	Osifo, Isaac	SR	Penn State	2.10m 6-10.75
2	Watson, Timothy	JR	Penn State	2.00m 6-06.75
3	Allen, Robert	FR	Penn State	2.00m 6-06.75
4	Wood, Adam	JR	Indiana (Pa.)	1.95m 6-04.75
5	Pfister, Logan	SR	California (Pa.)	1.95m 6-04.75
6	Sanso, Sebastian	SR	Carnegie Mellon	1.95m 6-04.75
7	Luckey, Jerome	JR	Moravian	1.90m 6-02.75
8	Laguerre, Jayvon	JR	Goldey-Beacom	1.90m 6-02.75
---	Lingenfelter, Elijah	FR	Indiana (Pa.)	NH

Men Pole Vault

	Name	Yr	School	Finals
Finals				
1	Petersen, Jonathan	SR	Penn State	5.10m 16-08.75
2	McGarrah, Tristan	JR	Penn State	5.00m 16-04.75
3	Swope, Breckin	FR	Penn State	4.75m 15-07.00

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Finals ... (Men Pole Vault)

Name	Yr	School	Finals	
4 Lutz, Nathan		Unattached	4.45m	14-07.25
5 Robinson, Quintin	SO	Indiana (Pa.)	4.15m	13-07.25
6 Bellomo, Nick	SO	Lock Haven	4.00m	13-01.50
7 Losoya, Louis	SO	Indiana (Pa.)	4.00m	13-01.50
--- Bucks, Mason	FR	Penn State	NH	
--- Henderson, Conner	FR	Indiana (Pa.)	NH	
--- Portales, Diego	FR	Moravian	NH	

Men Long Jump

Men Long Jump		Yr	School	Finals	
Finals					
1	White, Joe	FR	Penn State	6.88m	22-07.00
2	Kiefel, Justin		Unattached	6.74m	22-01.50
3	Muthler, Matthew	SR	Lock Haven	6.60m	21-08.00
4	Loro, Evan	SO	Indiana (Pa.)	6.59m	21-07.50
5	Mountain, Zack		Unattached	6.53m	21-05.25
6	Lawrence, Michael	JR	Lock Haven	6.47m	21-02.75
7	Bellomo, Nick	SO	Lock Haven	6.27m	20-07.00
8	Brown, Jey	FR	Arcadia	6.23m	20-05.25
9	Cusatis, Matthew	FR	Indiana (Pa.)	6.19m	20-03.75
10	Gwitira, Eddie	FR	Arcadia	5.83m	19-01.50
11	Luckey, Jerome	JR	Moravian	5.63m	18-05.75

Men Triple Jump

Men Triple Jump					
	Name	Yr	School	Finals	
Finals					
1	Kiefel, Justin		Unattached	14.35m	47-01.00
2	Sanso, Sebastian	SR	Carnegie Mellon	13.87m	45-06.25
3	Cusatis, Matthew	FR	Indiana (Pa.)	13.71m	44-11.75
4	Tahasan, Atai	SO	Carnegie Mellon	13.51m	44-04.00
5	Loro, Evan	SO	Indiana (Pa.)	13.37m	43-10.50
6	Warren, Steve	SR	Arcadia	12.97m	42-06.75

Men Shot Put

Name		Yr	School	Finals	
Finals					
1	Lambrecht, Dylan	JR	Penn State	17.81m	58-05.25
2	Henry, Ryan	JR	Penn State	17.54m	57-06.50
3	Goll, Jeremy	SR	Moravian	13.53m	44-04.75
4	Lacroix, Sebastien	JR	Goldey-Beacom	13.42m	44-00.50
5	Morillo, Anthony	SO	Moravian	13.36m	43-10.00
6	Kpodo, Yohermy	SR	Rit	12.44m	40-09.75
7	Muthler, Matthew	SR	Lock Haven	11.90m	39-00.50
8	Bellomo, Nick	SO	Lock Haven	10.99m	36-00.75
9	Cote, Keaghan	SO	Arcadia	10.70m	35-01.25
10	Rooney, Tyler	SO	Arcadia	6.78m	22-03.00

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Men Weight Throw 35 lb

Name		Yr	School	Finals	
Finals					
1	Burkhart, Collin	JR	Penn State	19.38m	63-07.00
2	Williams, Nathan	SR	Penn State	19.29m	63-03.50
3	Auler, Josh	SR	Rit	16.88m	55-04.75
4	Kpodo, Yohermy	SR	Rit	15.41m	50-06.75
5	Sarnowski, Matthew		Unattached	13.10m	42-11.75
6	Goll, Jeremy	SR	Moravian	12.82m	42-00.75
7	Lacroix, Sebastien	JR	Goldey-Beacom	12.73m	41-09.25
8	Morillo, Anthony	SO	Moravian	12.66m	41-06.50