UW-Eau Claire Dick & Mary Johnson Invite
Saturday, April 26th, 2025

Site: UW-Eau Claire – Simpson Field Sports Complex
Teams: St. Olaf, UW-Eau Claire, UW-La Crosse, UW-Stout, Winona State (W)

Online Entries: Unlimited entries. Only performances achieved during the 2025 (indoor or outdoor) season will be accepted. All other entries should be left blank or given NM/NT. Mile times from indoor will be converted to 1,500m times by subtracting 17 seconds for men and 20 seconds for women. If you have a special circumstance for an athlete, please email rational for an adjusted mark prior to entry deadline to Dan Schwamberger (schwamdj@uwec.edu).

All entries will be done at: www.directathletics.com
Entries Open: Sunday, April 20th at 1 pm
Entries Close: Wednesday, April 23rd at 11:59 pm

Unattached Athletes: Unattached athletes (post high school only) must request entry from meet director via email.

Entry Fee: $250.00 per team / per gender ($25 for unattached/individual entrants). Only online payments accepted. Entries need to be paid in full by entry deadline to be accepted into the meet.

Track: The Simpson Field Sports Complex outdoor track has 9 lanes. All jumps and running events will be contested on a rubberized track surface. ¼ inch pyramid or tree spikes will be allowed on all rubberized surfaces, including the javelin runway. The throwing rings are cement. Sprint events (100m, 200m, High Hurdles) can be reversed to run with wind.

Timing: PrimeTime Timing will provide FinishLynx timing.

Scoring: This meet will NOT be scored.

Heat Sheets: Heat sheets/flights will be posted online prior to the meet at https://pttiming.com/

Results: Final results will be loaded into TFRRS and will be posted on our website shortly after the conclusion of the meet at: https://www.blugolds.com/landing/index

Advancement: In the 100, 100H & 110H, we will advance 9 to finals. In the horizontal jumps and throws the top 9 from the preliminary rounds will advance to finals. All other running events will be timed finals. Unattached athletes will be allowed to advance/compete in finals in events with prelims.

Clerking/Hip #'s: Athletes will check-in and get hip numbers at the shed on the backstretch (west side of track).

Locker Rooms: General use locker rooms and showers are located on the lower level of the McPhee athletic building across from the weight room. Please provide your own locks and towels.

Training Room: UW-Eau Claire will provide Certified Athletic Trainers for the meet. The main athletic training room is located on the lower level of the indoor track on the south end. There will also be a satellite athletic training tent on the north end of the outdoor track on the infield turf. If your team will not be traveling with an athletic trainer, please send any medical alerts and/or treatment requests to Allison Boltjes, BOLTJEAR@uwec.edu, at least 24 hours prior to the meet. Please bring your own athletic training supplies for taping/bracing. Modalities will be limited and only provided to those with instructions sent from the athlete's athletic trainer prior to the meet. Athletic trainers will be located around the competition fields for ease of access.

Team Areas: Team areas will be available on the lower level of the indoor track. The upper indoor track area will be available for warm-ups.

Restrooms: Portable units will be available on the northeast corner of the outdoor track, along the fence on the backstretch of the outdoor track, and at the entrance to the throws area. Restrooms are located inside the McPhee building adjacent to the indoor track.

Parking: Buses should load and unload on the west side of the McPhee/Olson (Indoor Track) complex on University Drive. PLEASE DO NOT UNLOAD in the parking lot nearest the outdoor track on the east side of the McPhee complex because there is not room to turn a bus around when the lot is full. Buses should park across Clairemont Ave. on the far east end of the large CVTC parking lot (C-lot). Spectators may also park in C-lot across Clairmont Ave or in UWEC lots for free as posted. The CVTC pay lot across from McPhee is open all day.

Hammer: Hammer will be contested in the North throw cage.

Discus: Cage will be determined based on wind conditions and time to complete throws.

Shot Put: Two shot circles are located between the discus and hammer cages on the far east end of the throws area.

Javelin: The javelin will be contested outside the southeast corner of the track. Track surface runway.

Throws Entrance: For safety reasons all athletes and spectators will need to take path on north side of track through wooded area to enter back gates for discus, hammer and shot put. The throws fields will be fenced off and this will be the only entrance for these events. Javelin competitors will enter the competition area via the gate on the southeast side of the outdoor track. This gate will be locked during discus competition. Link to map of throws area / outdoor track facility.

Weigh-in: Weigh-ins will take place in the tent between the discus cage and shot put circles from 11:15am-12:30pm

Long/Triple Jump: The long jump runway is located outside of the track along the home stretch (east side of the track). Two sand pits in each direction allow both the TJ and LJ to be contended in a north or south direction depending on wind conditions. The distance to pit from long jump wood takeoff board is 8 feet with unlimited runway distance. Distance to pit from triple jump track surface takeoff boards are 28, 32, 36 and 40 feet.

Pole Vault: The pole vault will be contested in the center of the track (turf field) on an elevated wood runway, with rubberized rollout track surface. Location of the pole vault pit will be determined based on wind conditions. In the case of inclement weather, competition will be contested on the indoor track.

High Jump: The high jump will be contested on the north D end of the infield. In case of inclement weather, competition will be contested on the indoor track.

5K Information: The 5Ks are scheduled to start after the 4x400. However, we will move to the beginning of the meet (no earlier than 1 pm) or wait until dusk (~8 pm) if weather conditions are drastically better at either of these times. This decision will be posted by Noon on Friday, April 25th.

Contact: Any questions contact:
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Meet Director
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