



**WBHS LIONS INVITATIONAL
TRACK & FIELD MEET
WITTENBERG-BIRNAMWOOD HIGH SCHOOL
May 12, 2025**



Teams

Bonduel, Gresham/Bowler, Marion, Newman, Northland Lutheran, Port Edwards and Wittenberg-Birnamwood.

Time Schedule

Coaches Meeting 3:30 pm – In the pressbox. Enter from the back
Field Events Star 4:00 pm
Running Events Start 4:15 pm

General Info

Wittenberg-Birnamwood High School
400 West Grand Avenue, Wittenberg, WI 54499
Telephone # (715) 253-2211, Fax # (715) 253-3588

Meet Managers

Christine Nier (Athletic Director) cnier@wittbirn.k12.wi.us
Mike Balliett (Head Coach) mballiett@wittbirn.k12.wi.us

Entry Fee

There will be a \$150.00 entry fee per school. Schools may mail entry fee or bring along on race day.
Fees may be mailed to:

Wittenberg-Birnamwood High School
c/o Kim Moede
400 West Grand Ave
Wittenberg, WI 54499

Officials

Nancy Schoen and Mike Shefchik
We cut checks each Tuesday, and they will be mailed to the address supplied by rSchool.

Workers

Long Jump - Brenna Nillisen
Triple Jump - Madison Schwalbach
Shot Put - Logan Tuskowski
Discus - Dan Krolow
High Jump - Katie Stegeman

Clerk - Tammy Bushman
Announcing - Julie Clark

I will put in for your pay. School employees will be paid on the 15th of the month with extra-duty pay. Checks will be cut for non-school employees every Tuesday.

Track Info

The track is an eight lane rubberized track. 1/4" spikes will be allowed for all events. Starting blocks will be provided.

Awards

Trophies will be awarded to the first and second place boys' team and girls' team. Medals will be awarded to the top 3 winners in each event. School packets will be available as soon as possible after the conclusion of the meet and the awarding of the team trophies in the press box.

Entries/Runners

We will be using *PT Timing*. To register or enter your teams, go to (www.pttiming.com). You may need to create a "new account" with a username and password that can be used all season for any meet timed by *PT Timing*. Once you login you will need to enter your roster. Do not include athletes you know will not be able to run. If in doubt, enter them. After your roster is entered you will specify which race each athlete will compete in. **Registration opens on Monday, May 5th at noon and will close Saturday, May 10th at noon.** Schools that fail to meet the deadline will be **subject to a \$50 late fee.** Questions about entries can be directed to info@pttiming.com

Results

Live and final results can be found on the PT Timing website. Pttiming.com

Max Events

- Maximum of four events per person – no more than three running or three field events.
- 26 total individual entries
- Maximum of three individual entries per school.
- There will be no pole vault.

Meet Info

1. Coaches will be provided with lanyards to be authorized on the infield. All other spectators/parents will not be permitted. Please turn the lanyard in at the concession stand and receive a treat of your choice.
2. A competitor in the field events who is excused to compete in another event shall have a maximum of **15 minutes** before jump/throw. Make sure he/she is excused before leaving.
3. Substitutions can be made the day of the meet. You can drop or change a competitor (will not reseed), but you cannot add.
4. Please have runners report to the bullpen on the 2nd call and remain there.
5. All times will be FAT.
6. There will not be trails for the running events. Everything will be finals with the fast heat last.

7. We may be ahead of schedule with the running events.
8. High Jump will be determined at the coaches' meeting. Rule: Start at 8th place and drop two increments.
9. Shot Put & Discus will be done in flights – 4 throws total. Throwers must retrieve their own shot or disc.
10. Long Jump and Triple Jump will be done cafeteria style – 4 jumps total.
11. We cannot use athletic tape on the track. We can only use chalk.
12. Bus parking will be in the student parking lot or behind the football field on the hill.
13. Coaches - Please pick up your medals/trophies in the pressbox before you leave.
14. Lane assignments for all races of 400 m. or less will be 4-5-3-6-2-7-1-8

Games Committee

Meet Officials, Meet Manager, Gresham/Bowler Boys' Coach, Wittenberg-Biranmwood Girls' Coach

Exchange Zones

Coaches will also be requested to judge the following relay exchange zones:

Exchange Zones

800 M. Relay

1st and 3rd exchange zones – Northland Lutheran

2nd exchange zones - Marion

400 Relay

1st exchange zone – Bonduel

2nd exchange zone - Newman Catholic

3rd exchange zone – Port Edwards

Hurdle Crew - Wittenberg-Biranamwood Track Team

Field Events (start at 4:00 pm) **All flights MUST check. We will not announce reminders about individual flights.**

Shot Put Girls followed by the boys, Four Throws

Discus Boys followed by the girls, Four Throws

High Jump Girls followed by the boys Rule: Start at two increments lower than 8th.

Girls' Starting Height:

Boys' Starting Height:

Long Jump & Triple Jump - Piggy Back / Open Pit, Four Jumps

Girls - North Pit

4:00 - 5:30 Girls' Long Jump

5:30-5:45 Girls' Triple Jump Warm Ups

5:45 - 6:45 Girls' Triple Jump

Boys - South Pit

4:00 - 5:30 Boys' Triple Jump

5:30 - 5:45 Boys' Long Jump- Warm Ups

5:45 - 6:45 Boys' Long Jump

Running Events (start at 4:15 pm)

3200 M. Relay	Girls & Boys
100 M. High Hurdles	Girls
110 M. High Hurdles	Boys
100 M. Dash	Girls
100 M. Dash	Boys
1600 M. Run	Girls
1600 M. Run	Boys
800 M. Relay	Girls
800 M. Relay	Boys
400 M. Dash	Girls
400 M. Dash	Boys
400 M. Relay	Girls
400 M. Relay	Boys
300 M. Low Hurdles	Girls
300 M. Intermediate Hurdles	Boys
800 M. Run	Girls
800 M. Run	Boys
200 M. Dash	Girls
200 M. Dash	Boys
3200 M. Run	Girls
3200 M. Run	Boys
1600 M. Relay	Girls
1600 M. Relay	Boys

Any questions, please call Christine Nier at cell # 715-432-3765.