DATE: April 7, 2025
TO: High School ADs & Track Coaches: B-W, Amery, Clear Lake, Ellsworth, Glenwood City, Osceola, SCC, Somerset, Spring Valley.

FROM: Jason Sell, Athletic Director, jsell@bwsd.k12.wi.us, 715-222-5172
SUBJECT: Track Meet at Baldwin-Woodville
WHEN: **Tuesday, April 15, 2025**
WHERE: Baldwin-Woodville High School Track, **Please send $150 payment to B-W HS**
TIME: Coaches Meeting 4:00 for Scratches, Field Events: 4:30pm, Track Events: 4:30pm

Entries: **8 entries per school per gender for 100m &200m. 2 Relay teams per school per gender. 5 Pole Vaulters per school per gender. Shot Put and Discus 8 entries per school per gender.**

Running Events will begin at 4:30. All races will be finals with girls first followed by boys.
3200 M Relay, Boys and Girls may be combined
100/110 M High Hurdles
100 M Dash
1600 M Run
800 M Relay, Exchange 1&3, Amery & Clear Lake
400 M Dash
400 M Relay, Exchanges 1-Osceola, 2-Ellsworth, 3-SCC
300 M Low/Int. Hurdles
800 M Run
200 M Dash
3200 M Run, Boys and Girls may be combined
1600 M Relay

Field events: All field events will be final. 3 Attempts will be the maximum.
Boys Shot Put and Girls Discus will run from 4:30-6:00. 1-1-1 Method with Scratch Line.
Boys Discus and Girls Shot Put will run from 6:00-7:30. 1-1-1 Method with Scratch Line.
Boys and Girls Long Jump will run from 4:30-6:00.
Boys and Girls Triple Jump will run from 6:00-7:30.
Girls Pole Vault and Boys High Jump from 4:30-6:00.
Boys Pole Vault and Girls High Jump from 6:00-7:30.

No camps inside the track. Spikes: Up to ¼". NO tape is allowed. Chalk will be provided.

This year Baldwin-Woodville will be using PT Timing Services for our track meets.
Entries will be done through the PT Timing Website **pttiming.com**. Online entries open at least 1 week prior to the event and must be completed 2 days prior to the event at NOON. To avoid confusion, the deadline is set at **11:59 am CST on Sunday, April 13th.** If a coach misses the deadline, he/she should inform the meet manager and email officemanager@pttiming.com. The violating team may incur a $50 Late Entry Fee to reopen the meet.

Pole Vault Heights:
Girls Start at 5', then go up by 1' until there are 8 or fewer competitors left, then up by 6".
Boys Start at 7', then go up by 1' until there are 8 or fewer competitors left, then up by 6".

High Jump Heights:
Girls Start at 3'8, then 4'0, then 4'4, then up 2 inches after that.
Boys Start at 4'8, then 5'0, then 5'4, then up 2 inches after that.

Shot Put
Girls Scratch Line TBD by entries
Boys Scratch Line TBD by entries

Discus
Girls Scratch Line TBD by entries
Boys Scratch Line TBD by entries

Athletes may check out of vertical jumps for races with a 10 minute period to return. If they have not returned within 10 minutes the competition will continue (bar will move up) and they may take any remaining attempts wherever the bar is currently at upon their return.