

8th ANNUAL BRC INDOOR RELAYS March 30, 2026

UW Eau Claire Indoor Track

Coaches, welcome to the 2026 BRC Indoor Relays. The purpose of this meet is to get as many kids as possible to compete on a great indoor facility amidst appropriate competition. UWEC has been excellent in accommodating us and we hope we can keep this awesome meet going.

Meet Management for this meet is Adam Topper and Craig Olson of Menomonie High School. Chip Schneider, head coach at UWEC, is responsible for facilities and equipment.

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Entry Limits: 4 entries per team in the SP
3 entries per team in the LJ, TJ, HJ, PV, JV 55, JV 1600m, 55m Hurdles
2 entries per team in the 4x200m and 4x400m
1 entry per team in the DMR, 4x800m, Throwers 4x200m

Entry Deadline: Entries are due at PT Timing at NOON on the 28th of March (Saturday)

DIRECT LINK TO ENTRIES: [Click Here](#)

Spikes: 1/4" pyramid spikes only on blue/grey surfaces. Not in hallways or racquetball courts.
Teams will be charged if there is damage to their camp area.

Facility: 200m Mondo Super X surface. Throws circles are wood. Pole vault, throws and HJ are downstairs. PV will have an artificial surface runway. No food or drink on the track area, other than water.

Timing: FAT timing by PT Timing. The camera will be on the inside rail. Athletes in open events as well as relay anchors will be given a hip number to be placed on the left hip.

Throws: Four throws each - throwers 4x200m relay must be individuals who are throwers, but don't have to be throwing in this meet.

Jumps / Vault: Four jumps each, no finals, cafeteria style. PV and HJ will use five alive until six competitors remain. Opening height and progression TBD at coaches meeting.

Scoring: This meet will not be scored.

Scratches: Scratches will occur at the coaches meeting. No additions please.

Admission: We will charge a gate to recoup costs. \$5 general admission. Please tell your parents to pay and not sneak-in. If we are unable to recoup costs we won't be able to keep this meet going.

Parking: Buses may unload in front of the field house and proceed to the southeast corner of the CVTC lot across Claremont Ave. [Spectator Parking Information](#).



TRACK & FIELD



NEW RICHMOND
TIGERS





ORDER OF EVENTS AND ESTIMATED TIME SCHEDULE



3:30 - Coaches Meeting - in that room just off the fieldhouse

FIELD EVENTS

4:00 - Field Events	Long Jump - open pit	4 jumps, cafeteria style
	Shot Put - Boys first	4 throws, flights
	Pole Vault - Girls first	5 alive
	High Jump - Girls First	5 alive
	Triple Jump follows LJ	4 jumps, cafeteria style

RUNNING EVENTS - 4:30

4:30 - Running Events	DMR (1200, 400, 800, 1600)	2 heats (30 min) - waterfall
	4x200m	8 heats (40 min) - three turn stagger
	JV 55 Dash	8 heats (25 min)
	JV 1600m	3-4 heats (30 min)
	4x800m Relay	2 heats (25 min) - waterfall
	55m Hurdles	8 heats (25 min)
	4x400m Relay	8 heats (45 min) - two turn stagger
	Throwers 4x200m	2-3 heats (10 min)

NOTE: Athletes in the PV and HJ should check out on 2nd call, and return as soon as possible. 10 minute timer; we will press forward if those athletes have not returned and pass them to the next height.