



2026 BOYS 3A TRACK & FIELD SECTIONAL
HOST SCHOOL: ROSELLE (LAKE PARK)

2026 Boys 3A Track & Field Qualifying Standards All Time Class 3A State Records

| FIELD EVENT | QUALIFYING STANDARD | 3A RECORD |
|------------------------|---------------------|---------------------|
| Long Jump | 6.78M (22-3) | 7.4M/24-4 (1989) |
| Pole Vault | 4.19M (13-9) | 5.3M/17-6 (2018) |
| High Jump | 1.93M (6-4) | 2.2M/7-3 ¼ (1977) |
| Shot Put | 15.82M (51-11) | 20.9M/68-8 (2018) |
| Triple Jump | 13.53M (44-5) | 15.6M/51-1 (2017) |
| Discus | 47.57M (156-1) | 62.8M/205-11 (2016) |
| TRACK EVENT | QUALIFYING | 3A RECORD |
| 4 x 800 Meter Relay | 7:59.23 | 7:37.36 (2016) |
| 4 x 100 Meter Relay | :42.62 | :40.86 (2019) |
| 3200 Meter Run | 9.25.92 | 8:42.89 (2000) |
| 110 Meter High Hurdles | :15.06 | :13.79 (2002) |
| 100 Meter Dash | :10.93 | :10.31 (2018) |
| 800 Meter Run | 1:57.40 | 1:49.71 (1998) |
| 4 x 200 Meter Relay | 1:29.59 | 1:25.89 (2007) |
| 400 Meter Dash | :50.44 | :46.24 (2015) |
| 300 Meter Low Hurdles | :40.40 | :36.77 (1999) |
| 1600 Meter Run | 4:21.72 | 4:05.17 (2009) |
| 200 Meter Dash | :22.27 | :20.87 (2025) |
| 4 x 400 Meter Relay | 3:24.94 | 3:13.66 (2007) |

