



# WAUNAKEE

## COMMUNITY HIGH SCHOOL

301 Community Drive  
Waunakee, Wisconsin 53597  
(608) 849-2100

**Athletics Office**

### Coaches and Athletic Directors,

We are excited to host the 2026 Badger Large Varsity Conference Track & Field Championships and look forward to a great day of competition and sportsmanship. Below you will find important information regarding meet logistics, event order, and entry procedures. Please note that the facility will open at **2:15 PM**. The coaches' meeting is scheduled for **3:00 PM** in the west endzone near the finish line.. Pole vault competition begins at **3:30 PM**. Field events begin at **4:00 PM**. The 3200 meter relay begins at **4:25 PM**. Coaches are advised to follow the [Badger Conference Track and Field Bylaws](#).

### Meet Date & Location

**Date:** May 19, 2026

**Location:**  Warrior Stadium

**Cost:** \$6 on [GoFan only](#). No cash will be accepted at the gate.

**Livestream:** [LINK](#)

### Entry Information

- **Entry Deadline:** Entries are due by 12:00 PM (Noon) the day before the meet (5/18/26).
- **Entries submitted via:** [PrimeTime Timing \(PT Timing\)](#)

### Event Regulations

- **Athlete Participation Limits:**
  - Each team is allowed 30 individual event entries with a maximum of three (3) entries per individual event.
  - No athlete may compete in the same event at both meets.
- **Hip Numbers:**
  - Athletes in the 800, 1600, and 3200 meter runs will be given hip numbers upon checking in with the clerk.
  - Numbers must be placed on the athlete's left hip.

- **Relay Events:**
  - Each team is allowed one relay team per event. Please list up to six (6) athletes, the four (4) competing athletes plus two (2) alternates per event.
  - Runners are allowed to mark the track with chalk. **DO NOT USE TAPE.**
  
- **Field Events:**
  - If an athlete has been called to participate in another event, the athlete must personally check out with the field event judge. Excused competitors have a maximum of 15 minutes from the time they are called up in order until they must make themselves available for their next trial.
  
- **High Jump & Pole Vault**
  - Starting heights will be determined by seeds and included in the heat sheets. High jump and pole vault will be run in a 5-Active 1-1-1 Format.
  - Meet management sets the pole vault standards.
  
- **Long Jump & Triple Jump**
  - Preliminaries will be run as a 60-minute open pit. Each athlete gets three jumps. A jumper may not take two jumps in a row. They must return to the end of the line.
  - After a 15-minute break, the nine finalists will compete in reverse order taking their jumps in a 1-1-1 format.
  - Jumpers should put their marks down for their starting spot on the side of the runway. No tape or chalk may be marked on the runway.
  
- **Shot Put & Discus**
  - The shot put and discus are run in flights. Each thrower gets three attempts taken in a 1-1-1 format. There will be 10-15 minutes of warm-up time between flights. After a ten-minute break, the nine finalists will compete in reverse order taking their throws in a 1-1-1 format.
  - Weigh-ins will take place from 3:00 - 3:45 p.m. in the small concession stand at the northwest side of Warrior Stadium..

## Equipment

Spikes of ¼ inch length are allowed on the track. The shot and discus pads are cement.

## Restricted Area

The field inside the track is restricted. Once an athlete has completed the event, he/she must move to an area outside the track. A detailed map is linked [here](#) and below.

## Athletic Training Services

Provided by Matt Uftring, UW-Health and located in the west end zone near the finish line.

## **Clerk**

The Clerk of Course will be located near the starting line for the 100 meters for each event except the 200 meter dash and 300 meter hurdles which will be clerked near the starting lines of those events. Please have all of your runners report to the Clerk for their races. The events will be verbally called.

## **Scoring**

Scoring for boys events is 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1.

## **Officials**

Jon Hegge, Loren Homb, James Sekel

## **Jury of Appeals**

- 2 WIAA Starters
- Jen Grabarski - Meet Manager
- Joe Parker - DeForest Boys Coach
- Sharon Fritz - Monona Grove Girls Coach
- Alternate - Chris Mertens - Watertown Boys Coach
- Alternate - Hayley Daniels - Beaver Dam Girls Coach

## **Food**

Milio's Sandwiches will be provided and available in the pressbox, starting at 3:40pm. Please bring your own beverages.

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# MEET TIME SCHEDULE

TIME	EVENT	GENDER/NOTES
2:15 PM	Stadium Opens	
3:00 PM	Coaches' Meeting	
3:30 PM	 Pole Vault	Boys / Girls
<b>4:00 PM - FIELD EVENTS BEGIN</b>		
	 Discus	Boys / Girls
	 High Jump	Girls / Boys
	 Long Jump	Girls / Boys
	 Shot Put	Girls / Boys
	 Triple Jump	Boys / Girls
<b>4:25 PM - RUNNING EVENTS BEGIN</b>		Girls / Boys unless noted
	 3200 Meter Relay	
	 100 Meter Dash Trials (Heat Winners + Fastest Times Advance to Finals)	
	 100 / 110 Meter Hurdles Trials (Heat Winners + Fastest Times Advance to Finals)	
<b>*** 25-MINUTE BREAK ***</b>		
	 110 / 100 Meter Hurdles Finals	Boys / Girls
	 100 Meter Dash Finals	
	 1600 Meter Run	
	 800 Meter Relay	
	 400 Meter Dash	
	 400 Meter Relay	
	 300 Meter Hurdles	
	 800 Meter Run	
	 200 Meter Dash	
	 3200 Meter Run	
	 1600 Meter Relay	

# WAUNAKEE TRACK MAP

