

USATF Club Cross Country Championships - 12/11/2021**Apalachee Regional Park****Results****Event 3 Men 10k CC 40-59 Masters**

Name	Age Team	Finals	Age-Grading Points
Results - Men			
1 Mark Yuen	M51 West Valley	34:07.6	30:20.93 88.05%
2 Peter Hammer	M55 Boston Athle	35:46.0	30:28.13 87.70%
3 Jaime Heilpern	M51 Hoka Aggie R	34:34.7	30:44.98 86.91%
4 David White	M56 West Valley	36:40.2	31:14.30 85.54%
5 Todd Rose	M48 West Valley	34:13.6	31:43.05 84.24%
6 Ivan Lieben	M52 West Valley	35:40.7	31:43.74 84.22%
7 Jesse Davis	M40 IndianaELIT	32:55.1	31:44.00 84.20%
8 Dean Thompson	M56 Chattanooga	37:17.4	31:46.02 84.12%
9 Jacques Sallberg	M47 Cal Coast Tr	34:22.8	31:51.54 83.87%
10 Gregory Putnam	M52 Central Mass	35:56.8	31:58.02 83.60%
11 Peter Gilmore	M44 West Valley	33:12.4	32:00.61 83.47%
12 Eric Blake	M42 Central Mass	33:14.2	32:02.40 83.39%
13 Gregory Mitchell	M48 Bowerman Track Club	34:42.5	32:09.85 83.07%
14 David Wertz	M46 Pacers/GRC NB	34:42.6	32:09.94 83.07%
15 Emmet Hogan	M52 Club Northwest	36:11.5	32:11.04 83.03%
16 Tim Meigs	M55 Bull City Tr	37:50.3	32:14.01 82.90%
17 Craig Godwin	M54 Bowerman Track Club	36:16.9	32:15.88 82.83%
18 Roosevelt Cook	M42 Cal Coast Tr	33:35.2	32:22.62 82.52%
19 Joshua McAdams	M41 Boise Bettie	33:38.1	32:25.38 82.41%
20 John Van Danacker	M59 TC Running Company	38:06.1	32:27.51 82.32%
21 Alexander Taylor	M41 Boston Athle	33:41.2	32:28.40 82.28%
22 Orin Schumacher	M48 Bowerman Track Club	35:05.9	32:31.51 82.15%
23 Blair Cossey	M56 Club Northwest	38:18.7	32:38.25 81.87%
24 Mark Hixson	M56 Greater Spri	38:21.5	32:40.64 81.77%
25 Konrad Knutsen	M45 West Valley	35:17.9	32:42.63 81.69%
26 Charles Mullane	M52 West Valley	36:48.4	32:43.93 81.64%
27 Nat Larson	M59 Greater Spri	38:25.6	32:44.08 81.63%
28 Kelly Mortenson	M50 TC Running Company	36:54.2	32:49.08 81.43%
29 Michael Nahom	M54 Greater Spri	36:57.0	32:51.54 81.33%
30 Richard Falcone	M51 Garden State	36:58.4	32:52.79 81.28%
31 Paul Smith	M57 Bowerman Track Club	38:36.3	32:53.20 81.25%
32 Kevin Shirk	M42 Garden State	34:06.9	32:53.23 81.24%
33 Steven Short	M45 Team Red Lizard	35:34.3	32:57.81 81.06%
34 Peter Bromka	M40 Bowerman Track Club	34:12.3	32:58.42 81.03%
35 Elliott Frieder	M51 Garden State	37:05.2	32:58.81 81.03%
36 Todd Wiley	M51 Garden State	37:06.3	32:59.84 80.99%
37 Mark Callon	M53 West Valley	37:07.7	33:01.03 80.94%
38 Aaron Price	M45 Boston Athle	35:38.1	33:01.31 80.92%
39 Jonathan Frieder	M51 Garden State	37:09.9	33:02.98 80.86%
40 Mike Nier	M57 Genesee Vall	38:56.0	33:10.04 80.57%
41 John McMahon	M55 Checkers AC	38:58.2	33:11.86 80.49%
42 John Poray	M40 IndianaELIT	34:28.5	33:13.97 80.40%
43 Jasen Ritter	M47 IndianaELIT	35:52.4	33:14.62 80.38%
44 Tim Harte	M53 Greater Phil	37:23.7	33:15.28 80.36%
45 Mike Cole	M46 IndianaELIT	35:55.0	33:16.99 80.28%
46 Kristian Blaich	M55 Atlanta Track Club	39:06.5	33:18.98 80.20%
47 Jason Holroyd	M45 Boston Athle	36:00.3	33:21.92 80.08%
48 Chris Garvin	M40 Hfc Striders	34:38.2	33:23.33 80.02%
49 David Angell	M45 Roanoke Vall	36:02.8	33:24.22 79.99%
50 Benjamin Koss	M41 West Valley	34:40.7	33:25.72 79.93%
51 Joseph Hegge	M52 Garden State	37:38.5	33:28.41 79.83%
52 Brock Butler	M44 Greater Phil	34:44.1	33:29.04 79.80%

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53	Brantley Lutz	M46	Dukes Track Club	36:08.1	33:29.17	79.79%
54	Ahrlin Bauman	M48	Bowerman Track Club	36:09.1	33:30.10	79.76%
55	Bryan Lindsay	M41	Indiana Elit	34:48.5	33:33.26	79.63%
56	Joseph Shairs	M53	Central Mass	37:44.9	33:34.15	79.61%
57	Christopher Naimoli	M42	Greater Phil	34:49.7	33:34.49	79.58%
58	Aaron Totten-Lancaster	M46	Atlanta Track Club	36:14.5	33:35.08	79.56%
59	Steve Brightman	M53	Central Mass	37:47.6	33:36.54	79.51%
60	Fabian Eduardo Daza	M40	Garden State	34:52.6	33:37.24	79.47%
61	Christian Cushing-murray	M54	Cal Coast Tr	37:49.7	33:38.46	79.44%
62	Matthew Farley	M53	Bowerman Track Club	37:50.3	33:38.96	79.42%
63	Tim Schuler	M58	F and M Track Club	39:35.1	33:43.34	79.24%
64	John Howell	M48	Bowerman Track Club	36:24.7	33:44.55	79.19%
65	Flavio De Simone	M51	Boulder Road	37:57.0	33:44.88	79.19%
66	Carl Winter	M55	Club Northwest	39:37.2	33:45.12	79.17%
67	Michael Strickland	M55	Atlanta Track Club	39:37.3	33:45.24	79.17%
68	Eric Hartmann	M53	Bowerman Track Club	37:58.4	33:46.12	79.14%
69	Julian Marsh	M48	West Valley	36:30.2	33:49.65	78.99%
70	Allan Severude	M56	TC Running Company	39:43.1	33:50.17	78.97%
71	Matthew Waite	M53	TC Running Company	38:05.8	33:52.70	78.88%
72	Tim Van Orden	M53	Central Mass	38:09.1	33:55.70	78.76%
73	Kenny Miller	M44	Run MN	35:14.0	33:57.87	78.67%
74	David Simmons	M43	Club Northwest	35:14.7	33:58.50	78.64%
75	Dale Flanders	M56	Genesee Vall	39:53.8	33:59.23	78.62%
76	Ben Sauvage	M52	Club Northwest	38:13.6	33:59.68	78.61%
77	Steve Gourley	M43	Philadelphia	35:16.2	33:59.95	78.59%
78	Matthew Wagoner	M44	Greater Phil	35:19.2	34:02.91	78.47%
79	Thomas Burns	M40	Indiana Elit	35:22.3	34:05.89	78.36%
80	John Probst	M54	Boulder Road	38:20.9	34:06.18	78.36%
81	TJ Unger	M43	Hfc Striders	35:23.3	34:06.84	78.32%
82	John Foster	M48	Boise Bettie	36:51.1	34:09.00	78.24%
83	Brendan Prindiville	M44	Boston Athle	35:27.3	34:10.66	78.18%
84	Wayne Levy	M56	Boston Athle	40:08.4	34:11.65	78.15%
85	Edward Randolph	M52	West Valley	38:27.5	34:12.04	78.14%
86	Joe Borg	M40	Pacers/GRC NB	35:28.8	34:12.15	78.12%
87	Brent Fields	M49	Atlanta Track Club	36:56.1	34:13.59	78.07%
88	Harold Porcher	M57	Garden State	40:12.2	34:14.91	78.02%
89	Jeff Hashimoto	M50	Club Northwest	38:32.2	34:16.25	77.98%
90	Dan Smith	M43	Boston Athle	35:34.3	34:17.40	77.92%
91	Robert Murray	M52	Greater Spri	38:33.6	34:17.48	77.93%
92	Todd Callaghan	M52	Central Mass	38:34.7	34:18.46	77.89%
93	Timothy Meyer	M40	Lrc Nebraska	35:37.3	34:20.29	77.81%
94	Glen Weissman	M52	Club Northwest	38:37.5	34:20.96	77.80%
95	John Montgomery	M46	West Valley	37:04.5	34:21.45	77.77%
96	Paul Jones	M46	Bull City Tr	37:05.4	34:22.29	77.74%
97	Fred Weir	M55	Atlanta Track Club	40:23.0	34:24.12	77.67%
98	Timothy Gavin	M46	Hfc Striders	37:08.1	34:24.78	77.64%
99	Philip Keller	M41	Dukes Track Club	35:43.1	34:25.88	77.60%
100	Steve Bell	M50	Atlanta Track Club	38:43.8	34:26.51	77.59%
101	Jason Cakouros	M56	Hfc Striders	40:26.6	34:27.23	77.56%
102	Matthew Carter	M43	Boston Athle	35:44.5	34:27.31	77.55%
103	Mark Carroll	M49	Boston Athle	37:13.7	34:29.98	77.45%
104	Jason Page	M47	Bull City Tr	37:15.8	34:31.89	77.38%
105	Todd Straka	M54	Boulder Road	38:50.4	34:32.38	77.37%
106	Jim Larranaga	M56	TC Running Company	40:33.3	34:32.90	77.34%
107	Robert Economy	M57	TC Running Company	40:35.3	34:34.64	77.28%

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108	Ian Fraser	M47	Club Northwest	37:19.1	34:34.96	77.26%
109	Torrey Lindbo	M49	Team Red Lizard	37:20.2	34:35.93	77.23%
110	Dickson Mercer	M40	Pacers/GRC NB	35:55.6	34:37.93	77.15%
111	Roger Dix	M54	Hoka Aggie R	38:58.4	34:39.54	77.10%
112	Paul Thiels	M58	Power Miler	40:42.6	34:40.86	77.05%
113	Steven Wilcox	M51	Unattached	39:00.6	34:41.43	77.03%
114	Matthew Yacoub	M47	Cal Coast Tr	37:30.1	34:45.10	76.89%
115	John Hogan	M56	Garden State	40:48.4	34:45.78	76.87%
116	Ben Turman	M51	West Valley	39:06.8	34:47.01	76.83%
117	Jake Stout	M40	Team Red Lizard	36:07.5	34:49.46	76.73%
118	Phillip Gonzalez	M44	Cal Coast Tr	36:08.5	34:50.40	76.69%
119	Ben Brauer	M51	Club Northwest	39:12.7	34:52.20	76.64%
120	Frederick Dolan	M49	Atlanta Track Club	37:42.1	34:56.28	76.48%
121	Kevin Konczak	M52	Boulder Road	39:18.3	34:57.21	76.45%
122	Eric Johnson	M47	Run MN	37:43.6	34:57.67	76.43%
123	Francis Burdett	M56	Greater Spri	41:04.3	34:59.33	76.37%
124	John Markell	M48	West Valley	37:48.3	35:01.97	76.27%
125	Ian Berman	M51	Bowerman Track Club	39:25.1	35:03.24	76.24%
126	Michael McGrane	M51	Boston Athle	39:26.2	35:04.20	76.20%
127	Jeff Soares	M58	Santa Cruz T	41:13.0	35:06.74	76.10%
128	Ryan Shrum	M54	Chattanooga	39:29.6	35:07.29	76.09%
129	Scott Burns	M41	Greater Phil	36:27.6	35:08.84	76.02%
130	Ahmet Gokcek	M54	West Valley	39:33.6	35:10.78	75.96%
131	Bryce Lighthall	M40	Unattached	36:32.0	35:13.08	75.87%
132	Lucas Agricola	M40	Cal Coast Tr	36:42.1	35:22.82	75.52%
133	Charles Trujillo	M55	Boulder Road	41:32.5	35:23.32	75.51%
134	Jesus Muniz	M50	Philadelphia	39:48.2	35:23.76	75.50%
135	Nick Martin	M42	Bowerman Track Club	36:46.7	35:27.21	75.36%
136	Daniel Franek	M56	Bowerman Track Club	41:38.0	35:28.04	75.34%
137	Harsha Thirumurthy	M44	Philadelphia	36:49.7	35:30.12	75.26%
138	Jamey Gifford	M43	West Valley	36:52.5	35:32.86	75.16%
139	Daniel Bartosz	M45	Team Red Lizard	38:22.1	35:33.34	75.15%
140	Tom Kutter	M41	Atlanta Track Club	37:01.2	35:41.17	74.87%
141	Tim Willcox	M43	Movin' Shoes	37:06.0	35:45.85	74.71%
142	Gregory Coughlan	M52	Bowerman Track Club	40:14.3	35:47.02	74.68%
143	James McDonald	M52	Boulder Road	40:16.2	35:48.69	74.62%
144	Jeff Zeha	M40	Indiana Elit	37:10.7	35:50.32	74.55%
145	Duane Rorie	M52	Boulder Road	40:18.3	35:50.56	74.56%
146	Tim Ensign	M59	Chattanooga	42:10.7	35:55.86	74.37%
147	Benjamin Flaata	M42	Team Red Lizard	37:17.0	35:56.46	74.34%
148	Robb Awe	M47	Indiana Elit	38:49.7	35:58.88	74.26%
149	Bill Boben	M58	F and M Track Club	42:14.8	35:59.41	74.25%
150	Robert Arsenault	M56	Cal Coast Tr	42:15.3	35:59.79	74.23%
151	Jose Anguiano	M49	West Valley	38:52.3	36:01.32	74.18%
152	Frederick Herr	M55	Cal Coast Tr	42:17.6	36:01.77	74.17%
153	Todd Witzleben	M41	Checkers AC	37:26.8	36:05.86	74.02%
154	Mark Donahue	M50	Club Northwest	40:38.8	36:08.76	73.93%
155	Sean Abeyta	M40	Dukes Track Club	37:31.3	36:10.25	73.87%
156	Marc Jeuland	M42	Bull City Tr	37:32.1	36:11.02	73.84%
157	John Leo	M57	Club Northwest	42:31.0	36:13.21	73.77%
158	Richard Jennings	M45	Cal Coast Tr	39:07.0	36:14.91	73.71%
159	Jay Oligmueller	M40	Lrc Nebraska	37:41.5	36:20.05	73.54%
160	Michael Scholtz	M56	Unattached	42:43.3	36:23.63	73.42%
161	Wynn Davis	M40	Run MN	37:47.9	36:26.22	73.33%
162	Thomas Schumann	M57	Cal Coast Tr	42:47.6	36:27.31	73.30%

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163 Douglas Cross	M53 Chattanooga	41:04.8	36:31.89	73.15%
164 Jacob Kaemmer	M44 Unattached	37:57.6	36:35.55	73.02%
165 Jon Erskine	M50 West Valley	41:08.9	36:35.56	73.03%
166 Donald Gallogly	M54 Bowerman Track Club	41:11.1	36:37.52	72.96%
167 Paul Mannino	M48 Club Northwest	39:33.2	36:39.24	72.90%
168 Shawn Donley	M52 Bowerman Track Club	41:15.9	36:41.81	72.82%
169 Theodor Schnauffer	M57 Genesee Vall	43:06.6	36:43.48	72.76%
170 Brian Sydow	M48 Atlanta Track Club	39:40.9	36:46.32	72.66%
171 Jim Holovnia	M57 TC Running Company	43:25.7	36:59.75	72.23%
172 David Bedoya	M44 Boston Athle	38:29.8	37:06.66	72.00%
173 Glenn Mohler	M60 F and M Track Club	45:34.1	37:06.90	71.98%
174 Jeff Haushalter	M54 Atlanta Track Club	41:50.1	37:12.23	71.83%
175 Steven Segaloff	M51 Garden State	42:00.9	37:21.83	71.52%
176 Chip Hawkins	M52 Atlanta Track Club	42:07.3	37:27.48	71.34%
177 Kevan Chu	M53 Santa Cruz T	42:10.7	37:30.52	71.25%
178 Paul Miller	M57 Movin' Shoes	44:02.8	37:31.42	71.21%
179 Christopher Bain	M44 Pacers/GRC NB	38:58.2	37:34.03	71.12%
180 Geoffrey Njonjo	M40 Club Northwest	38:59.5	37:35.25	71.08%
181 Christopher Benestad	M44 Boston Athle	38:59.8	37:35.56	71.07%
182 Michael Anis	M40 Garden State	39:02.4	37:38.00	71.00%
183 Garland Days	M51 Team Red Lizard	42:19.7	37:38.57	70.99%
184 Marco Cardoso	M49 Garden State	40:38.3	37:39.51	70.95%
185 Van Merceron	M60 Power Miler	46:14.9	37:40.11	70.92%
186 Kelly Halverson	M41 Lrc Nebraska	39:08.7	37:44.12	70.81%
187 Frank Nelson	M50 Hfc Striders	42:26.3	37:44.39	70.81%
188 Michael Daniels	M42 Hfc Striders	39:09.5	37:44.91	70.78%
189 Bob Ring	M41 Checkers AC	39:13.1	37:48.33	70.67%
190 Ryan Regnier	M45 Lrc Nebraska	40:48.9	37:49.37	70.64%
191 Ryan Davenport	M47 Boston Athle	40:54.5	37:54.52	70.49%
192 Mike Engelhardt	M51 Dukes Track Club	42:41.5	37:57.91	70.39%
193 Reza Manavi	M43 Greater Phil	39:25.0	37:59.79	70.32%
194 Tripp McCallie	M52 Chattanooga	42:53.2	38:08.29	70.07%
195 Jeff Gennusa	M43 Power Miler	39:36.0	38:10.42	69.99%
196 Mario Cadete	M49 West Valley	41:23.7	38:21.65	69.65%
197 Ryan Hatt	M40 Lrc Nebraska	39:49.2	38:23.13	69.61%
198 William Fife	M52 F and M Track Club	43:11.7	38:24.76	69.57%
199 Charles Smith	M47 Lrc Nebraska	41:27.3	38:24.93	69.56%
200 Kevin Barda	M54 Cal Coast Tr	43:17.4	38:29.85	69.42%
201 Tom Drummond	M55 Philadelphia	45:21.9	38:38.78	69.14%
202 Matthew Cutrona	M51 Unattached	43:29.8	38:40.91	69.09%
203 Venelin Tchamov	M55 Genesee Vall	45:39.3	38:53.56	68.71%
204 Zachary Staniszewski	M42 Movin' Shoes	40:21.9	38:54.67	68.67%
205 Nate Bowen	M45 West Valley	42:03.4	38:58.38	68.56%
206 Brett Winegar	M42 Club Northwest	40:35.9	39:08.13	68.27%
207 David Michael Wege	M59 F and M Track Club	46:07.9	39:17.94	68.00%
208 Aaron Hale	M44 Bull City Tr	40:47.9	39:19.74	67.94%
209 Sal LaMartina	M41 Power Miler	40:59.0	39:30.40	67.63%
210 Martin Bett	M44 Atlanta Track Club	41:01.6	39:32.91	67.56%
211 Todd Dinkelman	M46 Boise Bettie	42:49.4	39:41.05	67.33%
212 Zachary Redding	M43 Movin' Shoes	41:25.6	39:56.08	66.91%
213 Chris Georgules	M48 Boston Athle	43:05.8	39:56.24	66.90%
214 Jason Allard	M45 Checkers AC	43:27.6	40:16.43	66.35%
215 Kevin Gibson	M43 Atlanta Track Club	41:52.0	40:21.56	66.20%
216 Jason Hudson	M40 Boise Bettie	41:57.7	40:27.00	66.05%
217 Mathieu DesJardins	M51 West Valley	45:41.5	40:37.99	65.77%

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218 Wayne Pertuit	M49 Power Miler	43:57.1	40:43.78	65.60%
219 Thomas Hicks	M50 Tidewater Striders	45:49.9	40:45.48	65.57%
220 Mark Holmes	M49 Lrc Nebraska	44:08.8	40:54.62	65.31%
221 Shawn Williams	M44 Garden State	42:29.2	40:57.37	65.24%
222 Brian Young	M43 Pacers/GRC NB	42:33.3	41:01.35	65.13%
223 Steve Morrison	M50 Chattanooga	46:11.0	41:04.18	65.07%
224 Phillip Payne	M58 Unattached	48:15.2	41:06.38	65.01%
225 Rob Hewitt	M41 Philadelphia	42:42.0	41:09.71	64.91%
226 Kirk Jackson	M44 Boise Bettie	43:00.5	41:27.53	64.45%
227 Matthew Dore	M46 Checkers AC	44:49.5	41:32.30	64.33%
228 Christopher Kartschoke	M53 TC Running Company	46:58.7	41:46.68	63.97%
229 Daniel Arsenaault	M59 Cal Coast Tr	49:03.5	41:47.51	63.94%
230 Ben Jones	M47 Movin' Shoes	46:25.0	43:00.79	62.12%
231 Felipe Contreras	M40 Run MN	44:52.1	43:15.15	61.77%
232 Mark Russell	M49 Boise Bettie	47:54.8	44:24.08	60.18%
233 Josephe Hickox	M40 Atlanta Track Club	46:56.3	45:14.87	59.05%
234 David Sroka	M41 Bull City Tr	47:21.7	45:39.37	58.52%
235 Nico Wienders	M51 Gulf Winds T	54:55.9	48:50.99	54.71%
-- Donal O'Sullivan	M48 Boston Athle	DNF		
-- Nathan Deeter	M42 Atlanta Track Club	DNF		
-- John Gardiner	M49 Cal Coast Tr	DNF		
-- Allan Bohlke	M58 TC Running Company	DNF		
-- Eric Thompson	M54 Bowerman Track Club	DNF		
-- Harry Stants	M48 Boston Athle	DNF		
-- Jason Timochko	M45 Garden State	DNF		