

2022 CARDINAL INVITATIONAL

DATE:	Tuesday, April 19, 2022
SITE:	Eleva Strum Central High School
TIME:	3:50P Coaches meeting 4:00P Pole Vault – girls/boys combined starting height TBD at coaches meeting 4:15P Remaining field events and 4x800 Relay 4:30P Track events (no trials)
ENTRIES:	Three athletes per RUNNING and FIELD events, one relay team. WIAA 4 event limit enforced (no more than 3 field or 3 running) Deadline to post entries NOON Sunday, April 17 on https://wi.milesplit.com/calendar
SCORING:	10 8 6 5 4 3 2 1 Medals for first, second and third place Trophies for first place, boys and girls teams
EQUIPMENT:	Blocks will be provided. ¼” spikes allowed on all-weather surface
FIELD EVENTS:	3 Vertical Jumps, 3 Throws, no finals Long/Triple Jump Cafeteria style (pit open from 4:15-6:15P) Boys – Discus first Girls – High Jump and Shot first
ADMISSION:	\$3 for Adults, \$1 for students
CONCESSIONS:	Available throughout the meet.
TEAMS:	Altoona, Augusta, Alma Center Lincoln, CV Lightening, EC Immanuel, Elk Mound, Fall Creek, Gilman, Granton, Independence-Gilmanton, Osseo/Fairchild, Regis and Eleva-Strum
QUESTIONS:	Nadine Rovang, Head Coach Day Phone: 715-833-6510 Cell Phone: 715-579-5691

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