

Mondovi Quad
Mondovi High School Track & Field Complex
Tuesday, April 26th, 2022

Teams:

Flambeau, Brookwood, EC Immanuel

Time:

3:30- Coaches meeting in the press box

4:00- Field Events

4:45- Running Events (run on a rolling schedule)

Jury of Appeals:

Randy Pongratz (Meet Manager), Jamie McGuire (Mondovi), and the Head Coach from Flambeau

Entries:

Entries will be done online at pttimg.com

Entries will open on Thursday, April 21st at 8:00 am and will close at 8:00 pm on Sunday, April 24th. Please visit the site well enough in advance so you have adequate time in case there are questions. **NO LATE ENTRIES ACCEPTED. ONLY SCRATCHES AFTER THE ENTRY DEADLINE.**

The entry fee for this meet is \$150.

Unlimited entries per event:

- 4 throws and 4 jumps allowed per athlete

Facility:

We have an 8 lane 400 meter polyurethane structural all weather track surface. The long jump, triple jump and pole vault runways and high jump area are of the same track surface (**all markings should be done in chalk-do not use tape**). The throwing circles are concrete. All running surfaces allow for up to ¼ inch pyramid spikes.

- Team camps will be located north of grandstand in roped off area
- No tape will be allowed on track surface-ONLY USE CHALK (provide your own)

Concessions:

Concessions will be available.

Spikes:

¼ inch or shorter pyramid spikes only.

Scoring:

6-4-3-2-1 Individual 6-4-2 Relay

PV/HJ:

Opening heights will be determined at the coaches meeting. Please make sure to have the appropriate PV verification form.

Admission:

There will be no admission cost for this meet.

Clerk of Course:

The clerk of course and bullpen area will be located at the start of the 100m dash starting line. Athletes need to be checked in by the second call of the event in which they are running. Field event athletes need to check in at their event area prior to the start of event competition.

Bus Parking

Bus parking is available in the parking lot around the track.

Relay Exchange Zone Judges: *(Relay flags will be located at starting line)*

4x200 M Relay

- Exchange 1 and 3: Mondovi and Greenwood

4x100 M Relay

- Exchange 1: Brookwood
- Exchange 2: Mondovi
- Exchange 3: EC Immanuel

Hurdle Judges: *(Observe hurdle races watching for infractions)*

- Mondovi and Flambeau

Contact:

Randy Pongratz – AD/Meet Manager

rpongratz@mondovi.k12.wi.us 715.926.3656 x1356

Matt Ebner or Jamie McGuire – Co-Head Track Coaches

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Schedule

- 3:30 Coaches Meeting (Press Box)
- 4:00 Boys HJ – followed by girls
Girls PV – followed by boys
Boys Shot – followed by girls (4 throws)
Girls Discus- followed by boys (4 throws)
Long Jump – Boys and girls open pit from 4:00-6:00 (4 jumps) (North Runway)
Triple Jump- Boys and girls open pit from 4:00-6:00 (4 jumps) (South Runway)
- 4:45 Running Events

Order of Events

We will operate on a rolling time schedule. Athletes need to listen for race calls and announced start times for field events.

4 x 800 M Relay (*will be run together*)
100/110 M High Hurdles
100 M Dash
1600 M Run
4x200 M Relay
400 M Dash
4x100 M Relay
300 M Hurdles
800 M Run
200 M Dash
3200 M Run (*will be run together*)
4 x 400 M Relay